



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Caffè Americano	Short	N/A	8	5	0	0	0	0	5	1	0	0	0	75
Espresso	Caffè Americano	Tall	N/A	12	10	0	0	0	0	10	2	0	0	1	150
Espresso	Caffè Americano	Grande	N/A	16	15	0	0	0	0	15	3	0	0	1	225
Espresso	Caffè Americano	Venti	N/A	20	25	0	0	0	0	15	4	0	0	1	300
Espresso	Caffè Latte	Short	0.02	8	100	30	3.5	2.5	0	75	9	0	8	6	75
Espresso	Caffè Latte	Short	Almond	8	50	30	3	0	0	85	5	1	3	1	75
Espresso	Caffè Latte	Short	Coconut	8	70	40	4	4	0	75	7	0	6	1	75
Espresso	Caffè Latte	Short	Nonfat	8	70	0	0	0	0	75	10	0	9	6	75
Espresso	Caffè Latte	Short	Soy	8	90	20	2.5	0	0	65	12	1	9	4	75
Espresso	Caffè Latte	Short	Whole	8	110	50	6	3.5	0	70	9	0	8	6	75
Espresso	Caffè Latte	Tall	0.02	12	150	50	6	3.5	0	115	14	0	13	10	75
Espresso	Caffè Latte	Tall	Almond	12	80	45	5	0	0	130	7	1	4	2	75
Espresso	Caffè Latte	Tall	Coconut	12	110	60	7	6	0	120	11	0	10	1	75
Espresso	Caffè Latte	Tall	Nonfat	12	100	0	0	0	0	120	15	0	14	10	75
Espresso	Caffè Latte	Tall	Soy	12	130	35	4	0.5	0	100	18	1	14	7	75
Espresso	Caffè Latte	Tall	Whole	12	180	80	9	5	0	115	14	0	13	10	75
Espresso	Caffè Latte	Grande	0.02	16	190	60	7	4.5	0	150	18	0	17	12	150
Espresso	Caffè Latte	Grande	Almond	16	100	60	6	0.5	0	160	10	2	5	3	150
Espresso	Caffè Latte	Grande	Coconut	16	140	70	8	8	0	150	15	0	12	2	150
Espresso	Caffè Latte	Grande	Nonfat	16	130	5	0	0	0	150	19	0	18	13	150
Espresso	Caffè Latte	Grande	Soy	16	170	40	4.5	0.5	0	125	23	1	17	9	150
Espresso	Caffè Latte	Grande	Whole	16	220	100	11	7	0	140	18	0	16	12	150
Espresso	Caffè Latte	Venti	0.02	20	240	80	9	6	0	190	24	0	22	16	150
Espresso	Caffè Latte	Venti	Almond	20	130	70	8	0.5	0	210	11	2	7	4	150
Espresso	Caffè Latte	Venti	Coconut	20	180	100	11	10	0	200	18	0	16	2	150
Espresso	Caffè Latte	Venti	Nonfat	20	170	5	0	0	0	190	25	0	23	16	150
Espresso	Caffè Latte	Venti	Soy	20	220	50	6	1	0	170	30	2	23	11	150
Espresso	Caffè Latte	Venti	Whole	20	290	140	15	9	0	190	23	0	21	16	150
Espresso	Caffè Latte Flavored	Short	0.02	8	130	30	3.5	1.5	0	80	18	0	17	6	75
Espresso	Caffè Latte Flavored	Short	Almond	8	90	25	3	0	0	80	14	1	12	1	75
Espresso	Caffè Latte Flavored	Short	Coconut	8	100	35	4	3.5	0	70	16	0	15	1	75
Espresso	Caffè Latte Flavored	Short	Nonfat	8	100	0	0	0	0	70	19	0	18	6	75
Espresso	Caffè Latte Flavored	Short	Soy	8	130	25	2.5	0	0	60	21	1	18	5	75
Espresso	Caffè Latte Flavored	Short	Whole	8	140	50	5	3	0	70	18	0	17	6	75
Espresso	Caffè Latte Flavored	Tall	0.02	12	200	45	5	2.5	0	125	28	0	27	9	75
Espresso	Caffè Latte Flavored	Tall	Almond	12	130	40	4.5	0	0	120	21	1	18	2	75
Espresso	Caffè Latte Flavored	Tall	Coconut	12	160	60	6	6	0	110	25	0	23	1	75
Espresso	Caffè Latte Flavored	Tall	Nonfat	12	150	0	0	0	0	110	28	0	27	9	75
Espresso	Caffè Latte Flavored	Tall	Soy	12	190	35	4	0.5	0	95	31	1	27	7	75
Espresso	Caffè Latte Flavored	Tall	Whole	12	220	80	9	5	0	115	28	0	27	9	75
Espresso	Caffè Latte Flavored	Grande	0.02	16	250	60	6	3.5	0	150	37	0	35	12	150
Espresso	Caffè Latte Flavored	Grande	Almond	16	170	50	6	0	0	150	28	2	24	3	150
Espresso	Caffè Latte Flavored	Grande	Coconut	16	210	70	8	7	0	140	33	0	30	2	150
Espresso	Caffè Latte Flavored	Grande	Nonfat	16	200	0	0	0	0	140	37	0	35	12	150
Espresso	Caffè Latte Flavored	Grande	Soy	16	250	45	5	0.5	0	120	41	1	35	9	150
Espresso	Caffè Latte Flavored	Grande	Whole	16	290	100	11	6	0	140	37	0	35	11	150
Espresso	Caffè Latte Flavored	Venti	0.02	20	320	80	9	4.5	0	200	46	0	44	15	150
Espresso	Caffè Latte Flavored	Venti	Almond	20	220	70	7	0.5	0	200	35	2	30	4	150
Espresso	Caffè Latte Flavored	Venti	Coconut	20	260	90	10	9	0	180	41	0	38	2	150
Espresso	Caffè Latte Flavored	Venti	Nonfat	20	250	5	0	0	0	180	47	0	45	15	150
Espresso	Caffè Latte Flavored	Venti	Soy	20	320	60	7	1	0	160	52	2	45	12	150
Espresso	Caffè Latte Flavored	Venti	Whole	20	370	130	14	8	0	190	46	0	44	14	150
Espresso	Caffè Misto	Short	0.02	8	50	20	2	1	0	50	5	0	5	4	75
Espresso	Caffè Misto	Short	Coconut	8	40	20	2.5	2.5	0	45	4	0	3	0	75
Espresso	Caffè Misto	Short	Nonfat	8	35	0	0	0	0	45	5	0	5	4	75
Espresso	Caffè Misto	Short	Soy	8	50	15	1.5	0	0	40	6	0	5	3	75
Espresso	Caffè Misto	Short	Whole	8	70	30	3.5	2	0	50	5	0	5	3	75
Espresso	Caffè Misto	Tall	0.02	12	80	30	3	1.5	0	80	8	0	8	5	115
Espresso	Caffè Misto	Tall	Coconut	12	60	35	3.5	3.5	0	70	6	0	5	1	115
Espresso	Caffè Misto	Tall	Nonfat	12	60	0	0	0	0	70	8	0	8	6	115
Espresso	Caffè Misto	Tall	Soy	12	80	20	2.5	0	0	60	10	1	8	4	115
Espresso	Caffè Misto	Tall	Whole	12	100	45	5	3	0	70	8	0	8	5	115
Espresso	Caffè Misto	Grande	0.02	16	110	35	4	2	0	100	10	0	10	7	150
Espresso	Caffè Misto	Grande	Coconut	16	70	40	4.5	4.5	0	90	7	0	7	1	150
Espresso	Caffè Misto	Grande	Nonfat	16	70	0	0	0	0	90	10	0	10	7	150
Espresso	Caffè Misto	Grande	Soy	16	100	30	3	0	0	80	13	1	10	6	150
Espresso	Caffè Misto	Grande	Whole	16	130	60	7	4	0	95	10	0	10	7	150
Espresso	Caffè Misto	Venti	0.02	20	130	45	5	2.5	0	130	13	0	13	9	195
Espresso	Caffè Misto	Venti	Coconut	20	80	45	5	4.5	0	90	7	0	7	1	195
Espresso	Caffè Misto	Venti	Nonfat	20	90	0	0	0	0	115	13	0	13	9	195
Espresso	Caffè Misto	Venti	Soy	20	130	35	4	0.5	0	100	16	1	13	7	195



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Espresso	Caffè Misto	Venti	Whole	20	160	80	9	5	0	120	13	0	13	9	195
Espresso	Caffè Mocha	Short	0.02	8	200	80	9	6	0	75	22	2	18	7	90
Espresso	Caffè Mocha	Short	Almond	8	160	80	9	4	0	75	19	3	14	3	90
Espresso	Caffè Mocha	Short	Coconut	8	180	90	10	7	0	70	21	2	16	2	90
Espresso	Caffè Mocha	Short	Nonfat	8	180	60	6	4	0	70	23	2	18	7	90
Espresso	Caffè Mocha	Short	Soy	8	200	80	9	4	0	60	24	3	18	6	90
Espresso	Caffè Mocha	Short	Whole	8	210	100	11	7	0	70	22	2	18	7	90
Espresso	Caffè Mocha	Tall	0.02	12	290	110	13	8	0	120	34	3	28	11	95
Espresso	Caffè Mocha	Tall	Almond	12	230	110	12	5	0	120	27	4	20	4	95
Espresso	Caffè Mocha	Tall	Coconut	12	250	120	13	10	0	110	31	3	25	3	95
Espresso	Caffè Mocha	Tall	Nonfat	12	250	70	8	5	0	110	34	3	28	11	95
Espresso	Caffè Mocha	Tall	Soy	12	290	100	11	5	0	95	37	4	28	9	95
Espresso	Caffè Mocha	Tall	Whole	12	310	140	16	9	0	110	34	3	28	10	95
Espresso	Caffè Mocha	Grande	0.02	16	360	140	15	9	0	150	44	4	35	13	175
Espresso	Caffè Mocha	Grande	Almond	16	300	130	15	6	0	150	36	5	26	6	175
Espresso	Caffè Mocha	Grande	Coconut	16	330	150	16	12	0	135	41	4	32	5	175
Espresso	Caffè Mocha	Grande	Nonfat	16	320	90	10	6	0	135	44	4	36	14	175
Espresso	Caffè Mocha	Grande	Soy	16	360	120	14	6	0	115	48	5	36	12	175
Espresso	Caffè Mocha	Grande	Whole	16	400	170	19	11	0	135	44	4	35	13	175
Espresso	Caffè Mocha	Venti	0.02	20	450	160	18	11	0	190	55	5	45	17	185
Espresso	Caffè Mocha	Venti	Almond	20	350	150	17	7	0	190	45	7	33	7	185
Espresso	Caffè Mocha	Venti	Coconut	20	390	170	19	15	0	180	50	5	40	5	185
Espresso	Caffè Mocha	Venti	Nonfat	20	390	90	10	6	0	170	56	5	45	18	185
Espresso	Caffè Mocha	Venti	Soy	20	450	140	16	7	0	150	60	6	45	15	185
Espresso	Caffè Mocha	Venti	Whole	20	490	200	23	13	0	180	55	5	45	17	185
Espresso	Cappuccino	Short	0.02	8	80	25	3	1.5	0	70	8	0	7	5	75
Espresso	Cappuccino	Short	Almond	8	50	25	3	0	0	80	5	1	3	1	75
Espresso	Cappuccino	Short	Coconut	8	70	35	4	4	0	75	7	0	6	1	75
Espresso	Cappuccino	Short	Nonfat	8	50	0	0	0	0	60	8	0	7	5	75
Espresso	Cappuccino	Short	Soy	8	60	15	1.5	0	0	40	8	0	6	3	75
Espresso	Cappuccino	Short	Whole	8	90	40	4.5	2.5	0	60	8	0	7	5	75
Espresso	Cappuccino	Tall	0.02	12	90	30	3.5	1.5	0	80	9	0	8	6	75
Espresso	Cappuccino	Tall	Almond	12	80	45	5	0	0	125	7	1	4	2	75
Espresso	Cappuccino	Tall	Coconut	12	100	60	6	6	0	115	11	0	9	1	75
Espresso	Cappuccino	Tall	Nonfat	12	60	0	0	0	0	70	9	0	8	6	75
Espresso	Cappuccino	Tall	Soy	12	100	25	3	0	0	65	12	1	9	5	75
Espresso	Cappuccino	Tall	Whole	12	110	50	6	3	0	75	9	0	8	6	75
Espresso	Cappuccino	Grande	0.02	16	120	35	4	2	0	100	12	0	10	8	150
Espresso	Cappuccino	Grande	Almond	16	100	50	6	0.5	0	160	9	2	5	3	150
Espresso	Cappuccino	Grande	Coconut	16	140	70	8	8	0	150	14	0	12	2	150
Espresso	Cappuccino	Grande	Nonfat	16	80	0	0	0	0	90	12	0	10	8	150
Espresso	Cappuccino	Grande	Soy	16	120	30	3.5	0	0	80	16	1	11	7	150
Espresso	Cappuccino	Grande	Whole	16	140	60	7	4	0	90	12	0	10	7	150
Espresso	Cappuccino	Venti	0.02	20	150	50	6	3	0	135	16	0	14	10	150
Espresso	Cappuccino	Venti	Almond	20	130	70	8	0.5	0	210	12	2	7	4	150
Espresso	Cappuccino	Venti	Coconut	20	170	90	10	10	0	190	18	0	15	2	150
Espresso	Cappuccino	Venti	Nonfat	20	110	0	0	0	0	120	16	0	14	10	150
Espresso	Cappuccino	Venti	Soy	20	160	40	4.5	0.5	0	110	20	1	15	9	150
Espresso	Cappuccino	Venti	Whole	20	190	80	9	5	0	125	16	0	14	10	150
Espresso	Caramel Macchiato	Short	0.02	8	124		3.8	2.4	0	78	17	0	16	5	75
Espresso	Caramel Macchiato	Short	0.02	8	120	35	4	2.5	0	80	16	0	15	5	75
Espresso	Caramel Macchiato	Short	Almond	8	80	30	3.5	0.5	0	75	12	1	10	1	75
Espresso	Caramel Macchiato	Short	Coconut	8	100		4.17	3.7	0	69	15	0	13	1	75
Espresso	Caramel Macchiato	Short	Coconut	8	100	40	4	3.5	0	70	14	0	13	1	75
Espresso	Caramel Macchiato	Short	Nonfat	8	99		0.92	0.58	0	71	17	0	16	6	75
Espresso	Caramel Macchiato	Short	Nonfat	8	100	10	1	0.5	0	70	16	0	15	5	75
Espresso	Caramel Macchiato	Short	Soy	8	122		3.09	0.8	0	62	19	1	16	4	75
Espresso	Caramel Macchiato	Short	Soy	8	120	30	3	1	0	60	18	1	15	4	75
Espresso	Caramel Macchiato	Short	Whole	8	140		5.72	3.32	0	72	17	0	16	5	75
Espresso	Caramel Macchiato	Short	Whole	8	140	50	6	3.5	0	70	16	0	15	5	75
Espresso	Caramel Macchiato	Tall	0.02	12	194		5.74	3.63	0	118	28	0	26	8	75
Espresso	Caramel Macchiato	Tall	0.02	12	190	50	6	3.5	0	120	26	0	25	8	75
Espresso	Caramel Macchiato	Tall	Almond	12	130	45	5	1	0	115	20	1	17	2	75
Espresso	Caramel Macchiato	Tall	Coconut	12	159		6.34	5.63	0	104	25	0	23	1	75
Espresso	Caramel Macchiato	Tall	Coconut	12	150	60	6	6	0	105	23	0	21	1	75
Espresso	Caramel Macchiato	Tall	Nonfat	12	158		1.4	0.89	0	106	28	0	26	8	75
Espresso	Caramel Macchiato	Tall	Nonfat	12	150	15	1.5	1	0	105	27	0	25	8	75
Espresso	Caramel Macchiato	Tall	Soy	12	194		4.7	1.21	0	94	31	1	26	7	75
Espresso	Caramel Macchiato	Tall	Soy	12	190	40	4.5	1	0	95	29	1	25	6	75
Espresso	Caramel Macchiato	Tall	Whole	12	219		8.63	5.01	0	109	28	0	26	8	75
Espresso	Caramel Macchiato	Tall	Whole	12	210	80	9	5	0	110	26	0	25	8	75



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Espresso	Caramel Macchiato	Grande	0.02	16	257		7.12	4.51	0	150	38	0	35	10	150
Espresso	Caramel Macchiato	Grande	0.02	16	250	60	7	4.5	0	150	35	0	33	10	150
Espresso	Caramel Macchiato	Grande	Almond	16	170	60	6	1	0	140	27	1	23	2	150
Espresso	Caramel Macchiato	Grande	Coconut	16	212		7.89	7.07	0	132	34	0	30	1	150
Espresso	Caramel Macchiato	Grande	Coconut	16	200	70	8	7	0	130	32	0	29	1	150
Espresso	Caramel Macchiato	Grande	Nonfat	16	210		1.54	0.98	0	135	38	0	35	11	150
Espresso	Caramel Macchiato	Grande	Nonfat	16	200	15	1.5	1	0	135	36	0	34	11	150
Espresso	Caramel Macchiato	Grande	Soy	16	256		5.78	1.4	0	118	42	1	35	9	150
Espresso	Caramel Macchiato	Grande	Soy	16	250	50	6	1.5	0	120	39	1	34	9	150
Espresso	Caramel Macchiato	Grande	Whole	16	289		10.85	6.29	0	138	38	0	35	10	150
Espresso	Caramel Macchiato	Grande	Whole	16	280	100	11	6	0	140	35	0	33	10	150
Espresso	Caramel Macchiato	Venti	0.02	20	319		8.72	5.52	0	188	47	0	44	13	150
Espresso	Caramel Macchiato	Venti	0.02	20	310	80	9	6	0	190	44	0	42	13	150
Espresso	Caramel Macchiato	Venti	Almond	20	210	70	8	1.5	0	180	34	2	29	3	150
Espresso	Caramel Macchiato	Venti	Coconut	20	261		9.65	8.74	0	164	42	0	38	2	150
Espresso	Caramel Macchiato	Venti	Coconut	20	250	90	10	9	0	170	39	0	36	1	150
Espresso	Caramel Macchiato	Venti	Nonfat	20	259		1.61	1.02	0	169	48	0	45	13	150
Espresso	Caramel Macchiato	Venti	Nonfat	20	250	15	1.5	1	0	170	45	0	42	13	150
Espresso	Caramel Macchiato	Venti	Soy	20	316		6.97	1.55	0	147	52	1	45	11	150
Espresso	Caramel Macchiato	Venti	Soy	20	310	60	7	1.5	0	150	49	1	43	11	150
Espresso	Caramel Macchiato	Venti	Whole	20	360		13.48	7.8	0	173	47	0	44	13	150
Espresso	Caramel Macchiato	Venti	Whole	20	350	120	13	8	0	170	44	0	42	12	150
Espresso	Espresso	Doppio	N/A	2	10	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso	Solo	N/A	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Con Panna	Doppio	N/A	2	35	20	2.5	1.5	0	0	3	0	1	1	150
Espresso	Espresso Con Panna	Solo	N/A	1	30	20	2.5	1.5	0	0	2	0	1	0	75
Espresso	Espresso Macchiato	Doppio	0.02	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Almond	2	10	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Coconut	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Nonfat	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Soy	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Whole	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Solo	0.02	1	10	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Almond	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Coconut	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Nonfat	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Soy	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Whole	1	10	0	0	0	0	0	1	0	0	0	75
Espresso	Flat White	Short	0.02	8	90	30	3.5	2	0	80	9	0	8	6	130
Espresso	Flat White	Short	Almond	8	50	25	3	0	0	75	5	1	2	1	130
Espresso	Flat White	Short	Coconut	8	60	35	4	3.5	0	70	7	0	5	1	130
Espresso	Flat White	Short	Nonfat	8	60	0	0	0	0	70	9	0	8	6	130
Espresso	Flat White	Short	Soy	8	90	25	2.5	0	0	65	12	1	9	5	130
Espresso	Flat White	Short	Whole	8	110	50	5	3	0	70	9	0	8	6	130
Espresso	Flat White	Tall	0.02	12	140	50	5	3.5	0	130	14	0	13	9	130
Espresso	Flat White	Tall	Almond	12	70	40	4.5	0	0	120	7	1	4	2	130
Espresso	Flat White	Tall	Coconut	12	100	60	6	6	0	110	11	0	9	1	130
Espresso	Flat White	Tall	Nonfat	12	100	0	0	0	0	115	15	0	13	10	130
Espresso	Flat White	Tall	Soy	12	140	40	4	0.5	0	100	18	1	14	8	130
Espresso	Flat White	Tall	Whole	12	170	80	9	5	0	115	14	0	13	9	130
Espresso	Flat White	Grande	0.02	16	180	60	7	4.5	0	160	18	0	17	12	195
Espresso	Flat White	Grande	Almond	16	100	50	6	0	0	160	9	2	5	3	195
Espresso	Flat White	Grande	Coconut	16	130	70	8	7	0	140	14	0	11	1	195
Espresso	Flat White	Grande	Nonfat	16	130	5	0	0	0	150	19	0	17	12	195
Espresso	Flat White	Grande	Soy	16	190	50	5	0.5	0	130	24	1	18	10	195
Espresso	Flat White	Grande	Whole	16	220	100	11	7	0	150	18	0	17	12	195
Espresso	Flat White	Venti	0.02	20	240	80	9	6	0	220	24	0	22	16	195
Espresso	Flat White	Venti	Almond	20	120	70	8	0.5	0	210	11	2	7	4	195
Espresso	Flat White	Venti	Coconut	20	170	90	10	10	0	190	18	0	15	2	195
Espresso	Flat White	Venti	Nonfat	20	170	5	0	0	0	190	24	0	23	16	195
Espresso	Flat White	Venti	Soy	20	240	60	7	1	0	170	30	2	23	13	195
Espresso	Flat White	Venti	Whole	20	290	130	15	9	0	200	24	0	22	15	195
Espresso	Iced Caffè Americano	Tall	N/A	12	10	0	0	0	0	10	2	0	0	1	150
Espresso	Iced Caffè Americano	Grande	N/A	16	15	0	0	0	0	15	3	0	0	1	225
Espresso	Iced Caffè Americano	Venti	N/A	20	25	0	0	0	0	20	4	0	0	1	300
Espresso	Iced Caffè Latte	Tall	0.02	12	100	35	3.5	2	0	90	10	0	9	6	75
Espresso	Iced Caffè Latte	Tall	Coconut	12	70	35	4	4	0	80	7	0	6	1	75
Espresso	Iced Caffè Latte	Tall	Nonfat	12	70	0	0	0	0	80	10	0	9	6	75
Espresso	Iced Caffè Latte	Tall	Soy	12	100	25	3	0	0	75	13	1	9	5	75
Espresso	Iced Caffè Latte	Tall	Whole	12	120	50	6	3.5	0	85	10	0	9	6	75
Espresso	Iced Caffè Latte	Grande	0.02	16	130	40	4.5	2.5	0	115	13	0	11	8	150



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Iced Caffè Latte	Grande	Coconut	16	90	50	5	5	0	105	10	0	8	1	150
Espresso	Iced Caffè Latte	Grande	Nonfat	16	90	0	0	0	0	105	13	0	11	8	150
Espresso	Iced Caffè Latte	Grande	Soy	16	130	35	3.5	0	0	95	17	1	12	7	150
Espresso	Iced Caffè Latte	Grande	Whole	16	150	70	7	4.5	0	105	13	0	11	8	150
Espresso	Iced Caffè Latte	Venti	0.02	20	180	60	6	3	0	160	18	0	15	12	225
Espresso	Iced Caffè Latte	Venti	Coconut	20	130	70	7	7	0	150	14	0	11	2	225
Espresso	Iced Caffè Latte	Venti	Nonfat	20	130	0	0	0	0	140	19	0	16	12	225
Espresso	Iced Caffè Latte	Venti	Soy	20	180	45	5	0.5	0	130	23	1	17	10	225
Espresso	Iced Caffè Latte	Venti	Whole	20	210	90	10	6	0	150	18	0	15	11	225
Espresso	Iced Caffè Mocha	Tall	0.02	12	260	110	12	8	0	80	29	3	23	7	95
Espresso	Iced Caffè Mocha	Tall	Almond	12	220	110	12	6	0	80	26	4	19	4	95
Espresso	Iced Caffè Mocha	Tall	Coconut	12	240	120	13	9	0	70	28	3	22	3	95
Espresso	Iced Caffè Mocha	Tall	Nonfat	12	240	90	10	6	0	75	30	3	23	7	95
Espresso	Iced Caffè Mocha	Tall	Soy	12	260	110	12	6	0	65	32	3	24	7	95
Espresso	Iced Caffè Mocha	Tall	Whole	12	270	130	14	9	0	75	29	3	23	7	95
Espresso	Iced Caffè Mocha	Grande	0.02	16	350	150	17	11	0	100	39	4	30	10	175
Espresso	Iced Caffè Mocha	Grande	Almond	16	310	150	17	9	0	100	35	5	26	5	175
Espresso	Iced Caffè Mocha	Grande	Coconut	16	320	160	18	12	0	95	37	4	29	4	175
Espresso	Iced Caffè Mocha	Grande	Nonfat	16	320	120	14	8	0	90	40	4	30	10	175
Espresso	Iced Caffè Mocha	Grande	Soy	16	350	150	16	9	0	85	42	5	31	9	175
Espresso	Iced Caffè Mocha	Grande	Whole	16	360	170	19	12	0	95	39	4	30	9	175
Espresso	Iced Caffè Mocha	Venti	0.02	20	450	170	19	12	0	130	56	6	43	13	265
Espresso	Iced Caffè Mocha	Venti	Almond	20	400	170	19	9	0	135	50	7	36	7	265
Espresso	Iced Caffè Mocha	Venti	Coconut	20	420	180	20	14	0	125	54	6	41	6	265
Espresso	Iced Caffè Mocha	Venti	Nonfat	20	410	130	15	9	0	120	57	6	43	14	265
Espresso	Iced Caffè Mocha	Venti	Soy	20	450	170	18	10	0	110	60	7	44	12	265
Espresso	Iced Caffè Mocha	Venti	Whole	20	470	200	22	13	0	125	56	6	43	13	265
Espresso	Iced Caramel Macchiato	Tall	0.02	12	183		5.28	3.34	0	110	27	0	25	7	75
Espresso	Iced Caramel Macchiato	Tall	0.02	12	180	50	5	3.5	0	110	26	0	24	7	75
Espresso	Iced Caramel Macchiato	Tall	Almond	12	130	40	4.5	1	0	100	20	1	17	2	75
Espresso	Iced Caramel Macchiato	Tall	Coconut	12	150		5.67	4.94	0	95	24	0	22	1	75
Espresso	Iced Caramel Macchiato	Tall	Coconut	12	140	50	6	5	0	95	23	0	21	1	75
Espresso	Iced Caramel Macchiato	Tall	Nonfat	12	151		1.53	0.96	0	100	27	0	25	7	75
Espresso	Iced Caramel Macchiato	Tall	Nonfat	12	140	15	1.5	1	0	100	26	0	24	7	75
Espresso	Iced Caramel Macchiato	Tall	Soy	12	187		4.52	1.26	0	92	30	1	26	6	75
Espresso	Iced Caramel Macchiato	Tall	Soy	12	180	40	4.5	1.5	0	90	29	1	25	6	75
Espresso	Iced Caramel Macchiato	Tall	Whole	12	205		7.8	5.45	0	102	27	0	25	7	75
Espresso	Iced Caramel Macchiato	Tall	Whole	12	200	70	8	4.5	0	100	26	0	24	7	75
Espresso	Iced Caramel Macchiato	Grande	0.02	16	260		7.23	4.56	0	149	39	0	36	10	150
Espresso	Iced Caramel Macchiato	Grande	0.02	16	250	70	7	4.5	0	150	37	0	34	10	150
Espresso	Iced Caramel Macchiato	Grande	Almond	16	180	60	6	1.5	0	140	29	1	25	2	150
Espresso	Iced Caramel Macchiato	Grande	Coconut	16	216		7.75	6.73	0	129	35	0	31	1	150
Espresso	Iced Caramel Macchiato	Grande	Coconut	16	210	70	8	7	0	130	33	0	30	1	150
Espresso	Iced Caramel Macchiato	Grande	Nonfat	16	217		2.14	1.34	0	136	40	0	36	10	150
Espresso	Iced Caramel Macchiato	Grande	Nonfat	16	210	20	2	1.5	0	135	37	0	35	10	150
Espresso	Iced Caramel Macchiato	Grande	Soy	16	265		6.2	1.75	0	125	43	1	37	8	150
Espresso	Iced Caramel Macchiato	Grande	Soy	16	250	60	6	2	0	125	41	1	35	8	150
Espresso	Iced Caramel Macchiato	Grande	Whole	16	289		10.64	6.19	0	138	39	0	36	9	150
Espresso	Iced Caramel Macchiato	Grande	Whole	16	280	100	11	6	0	140	37	0	34	9	150
Espresso	Iced Caramel Macchiato	Venti	0.02	20	293		7.7	4.86	0	162	46	0	42	10	150
Espresso	Iced Caramel Macchiato	Venti	0.02	20	350	80	9	6	0	200	53	0	49	13	225
Espresso	Iced Caramel Macchiato	Venti	Almond	20	250	70	8	2	0	190	42	2	36	3	225
Espresso	Iced Caramel Macchiato	Venti	Coconut	20	245		8.26	7.22	0	141	41	0	38	2	150
Espresso	Iced Caramel Macchiato	Venti	Coconut	20	290	90	10	9	0	170	47	0	43	2	225
Espresso	Iced Caramel Macchiato	Venti	Nonfat	20	246		2.15	1.35	0	147	46	0	43	11	150
Espresso	Iced Caramel Macchiato	Venti	Nonfat	20	290	20	2.5	1.5	0	180	53	0	50	14	225
Espresso	Iced Caramel Macchiato	Venti	Soy	20	299		6.57	1.8	0	136	50	1	44	9	150
Espresso	Iced Caramel Macchiato	Venti	Soy	20	350	70	8	2	0	170	59	1	51	11	225
Espresso	Iced Caramel Macchiato	Venti	Whole	20	325		11.4	6.63	0	150	46	0	42	10	150
Espresso	Iced Caramel Macchiato	Venti	Whole	20	390	130	14	8	0	190	53	0	49	13	225
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	0.02	12	106		2.7	1.7	0	51	16	2	12	5	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Almond	12	82		2.4	0.7	0	45	14	2	9	2	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Coconut	12	91		2.8	2.2	0	48	14	2	10	2	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Nonfat	12	91		1	0.6	0	47	16	2	12	5	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Oat	12	112		3.6	0.7	0	44	17	2	10	3	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Soy	12	108		2.4	0.7	0	43	17	2	12	4	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Whole	12	116		3.9	2.3	0	48	16	2	12	4	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	0.02	16	143		3.6	2.3	0	68	21	2	16	6	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Almond	16	111		3.2	0.9	0	60	18	3	12	3	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Coconut	16	122		3.8	3	0	64	20	2	14	2	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Nonfat	16	123		1.3	0.8	0	62	21	2	16	6	240



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Oat	16	150		4.7	1	0	59	23	3	13	4	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Soy	16	145		3.2	1	0	57	23	3	16	6	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Whole	16	157		5.2	3	0	63	21	2	16	6	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	0.02	20	186		4.8	3	0	91	27	3	20	8	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Almond	20	143		4.2	1.1	0	80	23	3	15	4	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Coconut	20	158		4.9	4	0	85	25	3	18	3	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Nonfat	20	159		1.6	1	0	82	28	3	21	8	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Oat	20	196		6.3	1.2	0	77	29	4	17	5	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Soy	20	189		4.1	1.2	0	76	30	3	21	8	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Whole	20	204		6.9	4	0	84	27	3	20	8	315
Espresso	Iced Flat White	Tall	0.02	12	100	30	3.5	2	0	90	10	0	8	6	130
Espresso	Iced Flat White	Tall	Almond	12	50	25	3	0	0	80	5	1	2	1	130
Espresso	Iced Flat White	Tall	Coconut	12	60	35	3.5	3.5	0	75	7	0	5	1	130
Espresso	Iced Flat White	Tall	Nonfat	12	70	0	0	0	0	80	10	0	9	6	130
Espresso	Iced Flat White	Tall	Soy	12	100	25	3	0	0	70	12	1	9	5	130
Espresso	Iced Flat White	Tall	Whole	12	110	50	6	3.5	0	80	10	0	8	6	130
Espresso	Iced Flat White	Grande	0.02	16	130	40	4.5	3	0	120	13	0	11	8	195
Espresso	Iced Flat White	Grande	Almond	16	70	35	3.5	0	0	105	6	1	3	2	195
Espresso	Iced Flat White	Grande	Coconut	16	90	45	5	4.5	0	95	9	0	7	1	195
Espresso	Iced Flat White	Grande	Nonfat	16	90	0	0	0	0	105	13	0	12	9	195
Espresso	Iced Flat White	Grande	Soy	16	130	35	4	0	0	95	17	1	12	7	195
Espresso	Iced Flat White	Grande	Whole	16	150	70	8	4.5	0	110	13	0	11	8	195
Espresso	Iced Flat White	Venti	0.02	20	180	60	7	4.5	0	170	19	0	16	12	260
Espresso	Iced Flat White	Venti	Almond	20	90	50	5	0	0	150	9	1	5	3	260
Espresso	Iced Flat White	Venti	Coconut	20	120	60	7	7	0	140	13	0	10	2	260
Espresso	Iced Flat White	Venti	Nonfat	20	130	0	0	0	0	150	19	0	17	12	260
Espresso	Iced Flat White	Venti	Soy	20	190	50	5	0.5	0	140	24	1	18	10	260
Espresso	Iced Flat White	Venti	Whole	20	220	100	11	6	0	160	19	0	16	12	260
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	0.02	12	89		2.1	1.3	0	55	14	0	12	4	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Almond	12	62		1.7	0.2	0	48	11	0	9	1	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Coconut	12	72		2.2	1.9	0	51	12	0	10	1	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Nonfat	12	73		0.1	0.1	0	50	14	0	12	4	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Oat	12	97		3.1	0.2	0	48	15	1	10	2	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Soy	12	91		1.7	0.2	0	46	15	1	13	3	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Whole	12	101		3.4	1.9	0	51	14	0	12	4	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	0.02	16	118		2.6	1.7	0	71	18	0	16	5	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Almond	16	83		2.2	0.2	0	62	15	1	12	2	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Coconut	16	96		2.8	2.5	0	66	16	0	14	1	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Nonfat	16	96		0.1	0.1	0	64	18	0	16	5	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Oat	16	127		3.9	0.3	0	62	20	1	13	2	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Soy	16	120		2.1	0.3	0	59	20	1	17	4	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Whole	16	132		4.3	2.5	0	66	18	0	16	5	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	0.02	20	159		3.7	2.4	0	98	24	0	21	7	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Almond	20	111		3.1	0.3	0	86	19	1	15	2	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Coconut	20	128		3.9	3.5	0	91	21	0	18	2	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Nonfat	20	129		0.2	0.1	0	89	24	0	21	7	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Oat	20	172		5.5	0.4	0	85	27	1	17	3	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Soy	20	162		3	0.4	0	81	27	1	22	6	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Whole	20	179		6.1	3.5	0	90	24	0	21	7	300
Espresso	Iced Skinny Vanilla Latte	Tall	Nonfat	12	60	0	0	0	0	85	9	0	8	6	75
Espresso	Iced Skinny Vanilla Latte	Grande	Nonfat	16	80	0	0	0	0	110	12	0	10	7	150
Espresso	Iced Skinny Vanilla Latte	Venti	Nonfat	20	110	0	0	0	0	150	17	0	14	10	225
Espresso	Iced Vanilla Latte	Tall	0.02	12	140	30	3	1.5	0	75	23	0	22	6	75
Espresso	Iced Vanilla Latte	Tall	Almond	12	100	25	2.5	0	0	75	19	1	17	1	75
Espresso	Iced Vanilla Latte	Tall	Coconut	12	120	35	3.5	3.5	0	70	21	0	19	1	75
Espresso	Iced Vanilla Latte	Tall	Nonfat	12	120	0	0	0	0	90	24	0	22	6	75
Espresso	Iced Vanilla Latte	Tall	Soy	12	150	25	2.5	0	0	65	25	1	22	5	75
Espresso	Iced Vanilla Latte	Tall	Whole	12	160	45	5	3	0	75	23	0	22	5	75
Espresso	Iced Vanilla Latte	Grande	0.02	16	190	35	4	2	0	100	30	0	28	7	150
Espresso	Iced Vanilla Latte	Grande	Almond	16	140	30	3.5	0	0	100	26	1	22	2	150
Espresso	Iced Vanilla Latte	Grande	Coconut	16	160	40	4.5	4.5	0	90	28	0	26	1	150
Espresso	Iced Vanilla Latte	Grande	Nonfat	16	160	0	0	0	0	90	31	0	29	7	150
Espresso	Iced Vanilla Latte	Grande	Soy	16	190	30	3	0	0	80	34	1	29	6	150
Espresso	Iced Vanilla Latte	Grande	Whole	16	210	60	6	3.5	0	90	30	0	28	7	150
Espresso	Iced Vanilla Latte	Venti	0.02	20	270	50	5	3	0	130	45	0	41	10	225
Espresso	Iced Vanilla Latte	Venti	Almond	20	200	45	5	0	0	140	38	1	33	3	225
Espresso	Iced Vanilla Latte	Venti	Coconut	20	230	60	6	6	0	130	41	0	38	2	225
Espresso	Iced Vanilla Latte	Venti	Nonfat	20	220	0	0	0	0	125	45	0	42	10	225
Espresso	Iced Vanilla Latte	Venti	Soy	20	270	40	4.5	0.5	0	115	49	1	43	9	225
Espresso	Iced Vanilla Latte	Venti	Whole	20	300	80	9	5	0	130	45	0	41	10	225
Espresso	Iced White Chocolate Mocha	Tall	0.02	12	330	130	15	10	0	150	43	0	41	8	75



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Iced White Chocolate Mocha	Tall	0.02	12	310	130	14	10	0	150	38	0	37	8	75
Espresso	Iced White Chocolate Mocha	Tall	Almond	12	300	130	14	9	0	150	39	1	37	5	75
Espresso	Iced White Chocolate Mocha	Tall	Coconut	12	310	140	15	11	0	140	41	0	39	4	75
Espresso	Iced White Chocolate Mocha	Tall	Coconut	12	280	130	15	11	0	140	35	0	34	3	75
Espresso	Iced White Chocolate Mocha	Tall	Nonfat	12	310	110	12	8	0	150	43	0	41	8	75
Espresso	Iced White Chocolate Mocha	Tall	Nonfat	12	280	100	12	8	0	150	38	0	37	8	75
Espresso	Iced White Chocolate Mocha	Tall	Soy	12	340	130	14	9	0	140	45	1	42	7	75
Espresso	Iced White Chocolate Mocha	Tall	Soy	12	310	120	14	8	0	140	40	1	37	7	75
Espresso	Iced White Chocolate Mocha	Tall	Whole	12	350	150	17	11	0	150	43	0	41	8	75
Espresso	Iced White Chocolate Mocha	Tall	Whole	12	330	150	16	11	0	150	38	0	37	8	75
Espresso	Iced White Chocolate Mocha	Grande	0.02	16	450	180	20	13	0	200	57	0	54	11	150
Espresso	Iced White Chocolate Mocha	Grande	0.02	16	420	180	20	13	0	200	50	0	49	11	150
Espresso	Iced White Chocolate Mocha	Grande	Almond	16	400	170	19	12	0	200	53	1	50	6	150
Espresso	Iced White Chocolate Mocha	Grande	Coconut	16	420	180	20	15	0	180	55	0	52	5	150
Espresso	Iced White Chocolate Mocha	Grande	Coconut	16	380	180	20	15	0	190	48	0	46	5	150
Espresso	Iced White Chocolate Mocha	Grande	Nonfat	16	420	150	17	12	0	190	58	0	55	11	150
Espresso	Iced White Chocolate Mocha	Grande	Nonfat	16	380	140	16	11	0	190	51	0	49	11	150
Espresso	Iced White Chocolate Mocha	Grande	Soy	16	450	180	19	12	0	180	60	1	55	10	150
Espresso	Iced White Chocolate Mocha	Grande	Soy	16	420	170	19	11	0	180	54	1	50	10	150
Espresso	Iced White Chocolate Mocha	Grande	Whole	16	470	200	22	15	0	190	57	0	54	10	150
Espresso	Iced White Chocolate Mocha	Grande	Whole	16	440	200	22	14	0	190	50	0	49	10	150
Espresso	Iced White Chocolate Mocha	Venti	0.02	20	600	220	24	16	0	280	84	0	79	15	225
Espresso	Iced White Chocolate Mocha	Venti	0.02	20	560	210	23	16	0	280	73	0	71	15	225
Espresso	Iced White Chocolate Mocha	Venti	Almond	20	540	210	23	14	0	290	77	1	73	9	225
Espresso	Iced White Chocolate Mocha	Venti	Coconut	20	570	220	25	19	0	260	80	0	76	8	225
Espresso	Iced White Chocolate Mocha	Venti	Coconut	20	510	210	24	18	0	260	69	0	66	7	225
Espresso	Iced White Chocolate Mocha	Venti	Nonfat	20	570	180	20	14	0	270	84	0	80	15	225
Espresso	Iced White Chocolate Mocha	Venti	Nonfat	20	510	160	18	13	0	270	73	0	71	15	225
Espresso	Iced White Chocolate Mocha	Venti	Soy	20	610	210	23	14	0	260	87	1	80	14	225
Espresso	Iced White Chocolate Mocha	Venti	Soy	20	560	200	22	13	0	260	77	1	72	14	225
Espresso	Iced White Chocolate Mocha	Venti	Whole	20	630	240	27	18	0	270	84	0	79	15	225
Espresso	Iced White Chocolate Mocha	Venti	Whole	20	580	240	27	17	0	270	73	0	71	15	225
Espresso	Latte Macchiato	Short	0.02	8	91		3.28	2.08	0	78	9	0	8	6	150
Espresso	Latte Macchiato	Short	0.02	8	90	30	3.5	2	0	80	9	0	8	6	150
Espresso	Latte Macchiato	Short	Almond	8	50	25	3	0	0	75	5	1	2	2	150
Espresso	Latte Macchiato	Short	Coconut	8	70	35	3.5	3.5	0	70	7	0	5	1	150
Espresso	Latte Macchiato	Short	Nonfat	8	65		0.13	0.09	0	70	10	0	8	6	150
Espresso	Latte Macchiato	Short	Nonfat	8	60	0	0	0	0	70	10	0	8	6	150
Espresso	Latte Macchiato	Short	Soy	8	72		2.52	0.33	0	61	7	1	4	5	150
Espresso	Latte Macchiato	Short	Soy	8	90	25	2.5	0	0	60	12	1	8	5	150
Espresso	Latte Macchiato	Short	Whole	8	110		5.39	3.09	0	72	9	0	8	6	150
Espresso	Latte Macchiato	Short	Whole	8	110	50	5	3	0	70	9	0	8	6	150
Espresso	Latte Macchiato	Tall	0.02	12	144		5.37	3.41	0	128	15	0	13	10	150
Espresso	Latte Macchiato	Tall	0.02	12	140	50	5	3.5	0	130	15	0	13	9	150
Espresso	Latte Macchiato	Tall	Almond	12	80	40	4.5	0	0	120	7	1	4	2	150
Espresso	Latte Macchiato	Tall	Coconut	12	100	50	6	6	0	110	11	0	9	1	150
Espresso	Latte Macchiato	Tall	Nonfat	12	101		0.22	0.15	0	115	15	0	13	10	150
Espresso	Latte Macchiato	Tall	Nonfat	12	100	0	0	0	0	115	15	0	13	10	150
Espresso	Latte Macchiato	Tall	Soy	12	112		4.12	0.54	0	99	10	1	6	8	150
Espresso	Latte Macchiato	Tall	Soy	12	140	35	4	0.5	0	100	18	1	13	8	150
Espresso	Latte Macchiato	Tall	Whole	12	174		8.82	5.06	0	117	15	0	13	9	150
Espresso	Latte Macchiato	Tall	Whole	12	170	80	9	5	0	115	15	0	13	9	150
Espresso	Latte Macchiato	Grande	0.02	16	186		6.86	4.35	0	164	19	0	17	12	225
Espresso	Latte Macchiato	Grande	0.02	16	190	60	7	4.5	0	160	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Almond	16	100	50	6	0	0	160	9	2	5	3	225
Espresso	Latte Macchiato	Grande	Coconut	16	130	70	8	7	0	140	14	0	11	2	225
Espresso	Latte Macchiato	Grande	Nonfat	16	131		0.28	0.19	0	146	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Nonfat	16	130	0	0	0	0	150	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Soy	16	144		5.25	0.69	0	126	13	1	8	10	225
Espresso	Latte Macchiato	Grande	Soy	16	180	45	5	0.5	0	125	23	1	17	10	225
Espresso	Latte Macchiato	Grande	Whole	16	224		11.26	6.46	0	150	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Whole	16	220	100	11	6	0	150	19	0	17	12	225
Espresso	Latte Macchiato	Venti	0.02	20	241		9.02	5.73	0	215	24	0	22	16	225
Espresso	Latte Macchiato	Venti	0.02	20	240	80	9	6	0	210	24	0	22	16	225
Espresso	Latte Macchiato	Venti	Almond	20	130	70	8	0.5	0	200	12	2	7	4	225
Espresso	Latte Macchiato	Venti	Coconut	20	170	90	10	10	0	190	18	0	15	2	225
Espresso	Latte Macchiato	Venti	Nonfat	20	168		0.36	0.25	0	192	25	0	23	16	225
Espresso	Latte Macchiato	Venti	Nonfat	20	170	5	0	0	0	190	25	0	23	16	225
Espresso	Latte Macchiato	Venti	Soy	20	186		6.92	0.9	0	165	16	2	10	13	225
Espresso	Latte Macchiato	Venti	Soy	20	240	60	7	1	0	170	30	2	23	13	225
Espresso	Latte Macchiato	Venti	Whole	20	291		14.8	8.5	0	197	24	0	22	15	225



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Latte Macchiato	Venti	Whole	20	290	130	15	8	0	200	24	0	22	15	225
Espresso	Skinny Vanilla Latte	Short	Nonfat	8	60	0	0	0	0	80	9	0	8	6	75
Espresso	Skinny Vanilla Latte	Tall	Nonfat	12	100	0	0	0	0	125	14	0	13	9	75
Espresso	Skinny Vanilla Latte	Grande	Nonfat	16	120	0	0	0	0	160	18	0	16	12	150
Espresso	Skinny Vanilla Latte	Venti	Nonfat	20	160	5	0	0	0	200	24	0	21	15	150
Espresso	Vanilla Latte	Short	0.02	8	130	30	3.5	1.5	0	80	18	0	17	6	75
Espresso	Vanilla Latte	Short	Almond	8	90	25	3	0	0	80	14	1	12	1	75
Espresso	Vanilla Latte	Short	Coconut	8	100	35	4	3.5	0	70	16	0	15	1	75
Espresso	Vanilla Latte	Short	Nonfat	8	100	0	0	0	0	70	19	0	18	6	75
Espresso	Vanilla Latte	Short	Soy	8	130	25	2.5	0	0	60	21	1	18	5	75
Espresso	Vanilla Latte	Short	Whole	8	140	50	5	3	0	70	18	0	17	6	75
Espresso	Vanilla Latte	Tall	0.02	12	200	45	5	2.5	0	125	28	0	27	9	75
Espresso	Vanilla Latte	Tall	Almond	12	130	40	4.5	0	0	120	21	1	18	2	75
Espresso	Vanilla Latte	Tall	Coconut	12	160	60	6	6	0	110	25	0	23	1	75
Espresso	Vanilla Latte	Tall	Nonfat	12	150	0	0	0	0	110	28	0	27	9	75
Espresso	Vanilla Latte	Tall	Soy	12	190	35	4	0.5	0	95	31	1	27	7	75
Espresso	Vanilla Latte	Tall	Whole	12	220	80	9	5	0	115	28	0	27	9	75
Espresso	Vanilla Latte	Grande	0.02	16	250	60	6	3.5	0	150	37	0	35	12	150
Espresso	Vanilla Latte	Grande	Almond	16	170	50	6	0	0	150	28	2	24	3	150
Espresso	Vanilla Latte	Grande	Coconut	16	210	70	8	7	0	140	33	0	30	2	150
Espresso	Vanilla Latte	Grande	Nonfat	16	200	0	0	0	0	140	37	0	35	12	150
Espresso	Vanilla Latte	Grande	Soy	16	250	45	5	0.5	0	120	41	1	35	9	150
Espresso	Vanilla Latte	Grande	Whole	16	290	100	11	6	0	140	37	0	35	11	150
Espresso	Vanilla Latte	Venti	0.02	20	320	80	9	4.5	0	200	46	0	44	15	150
Espresso	Vanilla Latte	Venti	Almond	20	220	70	7	0.5	0	200	35	2	30	4	150
Espresso	Vanilla Latte	Venti	Coconut	20	260	90	10	9	0	180	41	0	38	2	150
Espresso	Vanilla Latte	Venti	Nonfat	20	250	5	0	0	0	180	47	0	45	15	150
Espresso	Vanilla Latte	Venti	Soy	20	320	60	7	1	0	160	52	2	45	12	150
Espresso	Vanilla Latte	Venti	Whole	20	370	130	14	8	0	190	46	0	44	14	150
Espresso	White Chocolate Mocha	Short	0.02	8	250	100	11	7	0	125	32	0	30	7	75
Espresso	White Chocolate Mocha	Short	0.02	8	230	90	10	7	0	125	28	0	27	7	75
Espresso	White Chocolate Mocha	Short	Almond	8	210	90	10	6	0	125	28	1	26	4	75
Espresso	White Chocolate Mocha	Short	Coconut	8	230	100	11	9	0	120	30	0	28	3	75
Espresso	White Chocolate Mocha	Short	Coconut	8	210	100	11	8	0	115	26	0	25	3	75
Espresso	White Chocolate Mocha	Short	Nonfat	8	230	70	8	6	0	120	32	0	30	7	75
Espresso	White Chocolate Mocha	Short	Nonfat	8	210	70	8	5	0	115	28	0	27	7	75
Espresso	White Chocolate Mocha	Short	Soy	8	250	90	10	6	0	110	34	1	30	6	75
Espresso	White Chocolate Mocha	Short	Soy	8	230	90	10	5	0	110	30	1	27	6	75
Espresso	White Chocolate Mocha	Short	Whole	8	270	110	13	8	0	120	32	0	30	7	75
Espresso	White Chocolate Mocha	Short	Whole	8	250	110	12	8	0	120	28	0	27	7	75
Espresso	White Chocolate Mocha	Tall	0.02	12	370	140	15	10	0	200	47	0	46	11	75
Espresso	White Chocolate Mocha	Tall	0.02	12	340	130	14	10	0	190	42	0	41	11	75
Espresso	White Chocolate Mocha	Tall	Almond	12	310	130	14	7	0	200	41	1	38	5	75
Espresso	White Chocolate Mocha	Tall	Coconut	12	330	140	16	12	0	180	44	0	43	4	75
Espresso	White Chocolate Mocha	Tall	Coconut	12	300	140	15	12	0	180	39	0	37	4	75
Espresso	White Chocolate Mocha	Tall	Nonfat	12	330	90	10	7	0	190	48	0	46	12	75
Espresso	White Chocolate Mocha	Tall	Nonfat	12	300	90	10	7	0	180	42	0	41	11	75
Espresso	White Chocolate Mocha	Tall	Soy	12	370	130	14	8	0	170	50	1	46	10	75
Espresso	White Chocolate Mocha	Tall	Soy	12	340	120	13	7	0	170	45	1	41	10	75
Espresso	White Chocolate Mocha	Tall	Whole	12	390	160	18	12	0	190	47	0	46	11	75
Espresso	White Chocolate Mocha	Tall	Whole	12	370	160	18	11	0	180	42	0	41	11	75
Espresso	White Chocolate Mocha	Grande	0.02	16	470	170	18	12	0	250	62	0	59	14	150
Espresso	White Chocolate Mocha	Grande	0.02	16	430	160	18	12	0	250	55	0	53	14	150
Espresso	White Chocolate Mocha	Grande	Almond	16	390	160	17	9	0	250	54	1	50	7	150
Espresso	White Chocolate Mocha	Grande	Coconut	16	420	170	19	15	0	230	58	0	56	6	150
Espresso	White Chocolate Mocha	Grande	Coconut	16	390	170	19	15	0	230	51	0	49	5	150
Espresso	White Chocolate Mocha	Grande	Nonfat	16	420	120	13	9	0	240	63	0	60	15	150
Espresso	White Chocolate Mocha	Grande	Nonfat	16	380	110	12	8	0	230	55	0	54	15	150
Espresso	White Chocolate Mocha	Grande	Soy	16	470	150	17	10	0	220	66	1	60	13	150
Espresso	White Chocolate Mocha	Grande	Soy	16	430	150	16	9	0	210	59	1	54	12	150
Espresso	White Chocolate Mocha	Grande	Whole	16	500	200	22	14	0	240	62	0	59	14	150
Espresso	White Chocolate Mocha	Grande	Whole	16	470	200	22	14	0	230	55	0	53	14	150
Espresso	White Chocolate Mocha	Venti	0.02	20	580	200	22	14	0	320	78	0	75	19	150
Espresso	White Chocolate Mocha	Venti	0.02	20	530	190	21	14	0	320	69	0	67	19	150
Espresso	White Chocolate Mocha	Venti	Almond	20	480	180	20	11	0	320	67	2	63	8	150
Espresso	White Chocolate Mocha	Venti	Coconut	20	520	210	23	18	0	300	73	0	70	7	150
Espresso	White Chocolate Mocha	Venti	Coconut	20	470	200	22	18	0	290	63	0	61	6	150
Espresso	White Chocolate Mocha	Venti	Nonfat	20	510	130	14	10	0	300	79	0	76	19	150
Espresso	White Chocolate Mocha	Venti	Nonfat	20	470	120	13	9	0	290	69	0	68	19	150
Espresso	White Chocolate Mocha	Venti	Soy	20	580	180	20	11	0	280	83	1	76	16	150
Espresso	White Chocolate Mocha	Venti	Soy	20	530	170	19	10	0	270	74	2	68	16	150



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	White Chocolate Mocha	Venti	Whole	20	620	240	27	17	0	310	78	0	75	18	150
Espresso	White Chocolate Mocha	Venti	Whole	20	580	240	26	17	0	300	69	0	67	18	150
Blended	Blended Strawberry Lemonade	Tall	N/A	12	160	0	0	0	0	120	40	0	39	0	0
Blended	Blended Strawberry Lemonade	Grande	N/A	16	200	0	0	0	0	160	52	1	50	0	0
Blended	Blended Strawberry Lemonade	Venti	N/A	20	280	0	0	0	0	210	71	1	69	0	0
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	0.02	12	290	90	10	6	0	170	50	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Almond	12	270	80	9	5	0	160	48	1	46	1	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Coconut	12	280	90	10	7	0	160	49	0	47	1	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Nonfat	12	280	70	8	5	0	160	50	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Soy	12	300	80	9	5	0	160	51	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Whole	12	300	90	11	6	0	160	50	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	0.02	16	420	120	13	8	0	230	72	0	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Almond	16	390	110	13	7	0	230	69	1	67	1	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Coconut	16	400	120	13	9	0	220	71	0	69	1	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Nonfat	16	400	100	11	7	0	230	72	0	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Soy	16	420	120	13	7	0	220	73	1	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Whole	16	430	130	14	9	0	230	72	0	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	0.02	20	510	130	14	8	0	300	91	0	88	6	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Almond	20	470	120	14	7	0	300	88	1	85	2	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Coconut	20	490	130	14	10	0	290	90	0	87	1	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Nonfat	20	490	100	11	7	0	300	92	0	88	6	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Soy	20	510	120	14	7	0	290	94	1	89	5	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Whole	20	530	140	16	10	0	300	91	0	88	6	125
Blended	Caramel Frappuccino® Blended Beverage	Tall	0.02	12	290	90	10	6	0	180	47	0	46	3	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Almond	12	270	90	10	5	0	180	45	0	44	1	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Coconut	12	280	90	10	7	0	170	46	0	45	1	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Nonfat	12	280	80	9	5	0	180	47	0	47	3	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Soy	12	290	90	10	6	0	170	49	0	47	3	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Whole	12	300	100	11	7	0	180	47	0	46	3	70
Blended	Caramel Frappuccino® Blended Beverage	Grande	0.02	16	410	130	14	9	0	250	67	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Almond	16	380	120	14	8	0	250	64	1	62	2	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Coconut	16	390	130	14	10	0	240	65	0	64	1	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Nonfat	16	390	110	12	8	0	240	67	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Soy	16	410	120	14	8	0	240	68	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Whole	16	420	140	15	9	0	250	67	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Venti	0.02	20	500	140	15	9	0	330	85	0	84	6	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Almond	20	460	130	14	8	0	320	81	1	79	2	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Coconut	20	470	140	15	11	0	320	83	0	81	1	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Nonfat	20	470	110	12	8	0	320	85	0	84	6	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Soy	20	500	130	14	8	0	310	88	1	84	5	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Whole	20	510	150	17	10	0	320	85	0	84	6	130
Blended	Caramel Ribbon Crunch Frapp	Tall	0.02	12	323		14.5	9.2	0	200	45	0	42	4	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Almond	12	312		14.3	8.5	0	203	45	0	41	2	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Coconut	12	314		14.6	9.7	0	200	44	0	41	2	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Nonfat	12	312		13.2	8.4	0	197	45	0	42	4	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Oat	12	352		15.5	8.5	0	218	51	1	45	2	70
Blended	Caramel Ribbon Crunch Frapp	Tall	Soy	12	325		14.2	8.5	0	194	46	0	42	3	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Whole	12	331		15.4	9.6	0	197	45	0	42	4	60
Blended	Caramel Ribbon Crunch Frapp	Grande	0.02	16	461		20.5	13	1	287	65	0	60	5	85
Blended	Caramel Ribbon Crunch Frapp	Grande	Almond	16	442		20.2	12.1	1	284	63	0	58	3	90
Blended	Caramel Ribbon Crunch Frapp	Grande	Coconut	16	452		20.6	13.6	1	289	65	0	60	2	90
Blended	Caramel Ribbon Crunch Frapp	Grande	Nonfat	16	448		18.8	12	1	283	65	0	60	5	85
Blended	Caramel Ribbon Crunch Frapp	Grande	Oat	16	495		21.7	12.2	1	308	72	1	64	3	95
Blended	Caramel Ribbon Crunch Frapp	Grande	Soy	16	471		20.2	12.1	1	287	68	0	62	5	90
Blended	Caramel Ribbon Crunch Frapp	Grande	Whole	16	471		21.6	13.6	1	284	65	0	60	5	85
Blended	Caramel Ribbon Crunch Frapp	Venti	0.02	20	528		21	13.3	1	354	80	0	74	6	115
Blended	Caramel Ribbon Crunch Frapp	Venti	Almond	20	533		20.9	12.3	1	381	84	0	78	3	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Coconut	20	548		21.5	14.2	1	389	86	0	80	3	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Nonfat	20	513		19.1	12.2	1	349	80	0	75	6	115
Blended	Caramel Ribbon Crunch Frapp	Venti	Oat	20	570		22.4	12.4	1	381	89	1	79	4	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Soy	20	560		20.9	12.4	1	375	88	0	81	5	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Whole	20	539		22.3	13.9	1	350	80	0	74	6	115
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	0.02	12	240	90	10	6	0	170	35	0	34	4	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Almond	12	210	90	10	5	0	170	32	1	31	1	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Coconut	12	220	90	10	7	0	160	33	0	32	1	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	230	70	8	5	0	160	35	0	34	4	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Soy	12	240	90	10	5	0	160	36	1	34	3	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Whole	12	250	100	11	7	0	160	35	0	34	4	20
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	0.02	16	350	120	14	8	0	230	52	0	50	5	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Almond	16	310	120	13	7	0	230	49	1	47	2	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Coconut	16	330	130	14	10	0	220	50	0	49	1	40



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	330	100	11	7	0	220	53	0	50	5	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Soy	16	350	120	13	7	0	220	54	1	51	4	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Whole	16	360	140	15	9	0	220	52	0	51	5	40
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	0.02	20	440	140	15	9	0	330	69	0	67	8	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Almond	20	380	130	14	7	0	330	63	1	61	2	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Coconut	20	400	140	16	11	0	310	66	0	64	1	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	410	100	11	7	0	320	70	0	67	8	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Soy	20	440	130	14	7	0	310	72	1	68	7	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Whole	20	460	160	18	11	0	320	69	0	67	7	45
Blended	Coffee Frappuccino® Blended Beverage	Tall	0.02	12	170	15	1.5	1	0	160	36	0	36	3	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Almond	12	150	10	1.5	0	0	160	34	0	33	1	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Coconut	12	160	15	2	1.5	0	150	36	0	35	0	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Nonfat	12	160	0	0	0	0	160	36	0	36	3	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Soy	12	170	10	1.5	0	0	150	37	0	36	2	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Whole	12	180	25	2.5	1.5	0	160	36	0	36	3	70
Blended	Coffee Frappuccino® Blended Beverage	Grande	0.02	16	230	15	2	1	0	220	50	0	50	3	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Almond	16	210	15	1.5	0	0	220	48	1	47	1	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Coconut	16	220	20	2	2	0	210	50	0	49	0	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Nonfat	16	220	0	0	0	0	210	51	0	50	4	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Soy	16	230	15	1.5	0	0	210	52	0	50	3	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Whole	16	240	30	3	2	0	220	50	0	50	3	95
Blended	Coffee Frappuccino® Blended Beverage	Venti	0.02	20	330	30	3	1.5	0	310	70	0	69	5	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Almond	20	290	25	2.5	0	0	310	67	1	65	1	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Coconut	20	310	30	3.5	3	0	300	69	0	68	1	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Nonfat	20	310	0	0	0	0	300	70	0	69	6	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Soy	20	330	20	2.5	0	0	300	73	1	70	5	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Whole	20	350	45	5	3	0	300	70	0	69	5	130
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	0.02	12	333		14.8	10.12	0	231	47	1	45	5	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Coconut	12	316		15	10.95	0	223	45	1	43	2	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	316		12.85	8.88	0	226	47	1	45	6	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Soy	12	335		14.41	9.04	0	222	48	1	45	5	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Whole	12	344		16.11	10.74	0	227	47	1	45	5	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	0.02	16	457		20.1	13.74	0	307	65	1	62	7	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Coconut	16	437		20.34	14.73	0	298	63	1	60	3	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	438		17.78	12.28	0	300	65	1	62	7	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Soy	16	460		19.63	12.46	0	296	67	2	63	6	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Whole	16	471		21.65	14.49	0	302	65	1	62	7	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	0.02	20	514		20.63	14.26	0	377	77	2	74	8	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Coconut	20	490		20.91	15.44	0	366	75	2	72	4	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	490		17.84	12.49	0	370	78	2	74	8	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Soy	20	517		20.06	12.71	0	364	80	2	75	7	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Whole	20	530		22.49	15.15	0	371	77	2	74	8	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Tall	0.02	12	300	120	13	9	0	200	42	2	38	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Tall	Almond	12	270	110	13	7	0	200	39	2	35	2	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Tall	Coconut	12	280	120	13	9	0	190	41	2	37	2	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Tall	Nonfat	12	280	100	11	7	0	200	42	2	39	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Tall	Soy	12	300	110	13	7	0	190	44	2	39	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Tall	Whole	12	310	130	14	9	0	200	42	2	38	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Grande	0.02	16	410	160	18	12	0	270	57	2	52	7	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Grande	Almond	16	380	160	18	10	0	270	54	3	49	3	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Grande	Coconut	16	390	160	18	13	0	260	56	3	51	3	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Grande	Nonfat	16	390	140	15	10	0	270	58	2	52	7	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Grande	Soy	16	410	160	17	10	0	260	60	3	53	6	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Grande	Whole	16	420	180	20	13	0	270	57	2	52	7	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Venti	0.02	20	510	180	21	14	0	370	76	3	69	9	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Venti	Almond	20	460	180	20	11	0	360	70	4	63	4	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Venti	Coconut	20	480	190	21	15	0	350	73	3	67	3	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Venti	Nonfat	20	480	150	17	11	0	360	76	3	69	9	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Venti	Soy	20	520	180	20	12	0	350	79	4	70	8	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended	Venti	Whole	20	540	210	23	15	0	360	76	3	69	9	20
Blended	Espresso Frappuccino® Blended Beverage	Tall	0.02	12	150	10	1	0	0	140	34	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Almond	12	140	5	1	0	0	140	33	0	31	1	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Coconut	12	150	10	1	1	0	135	34	0	32	1	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Nonfat	12	150	0	0	0	0	135	34	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Soy	12	150	5	1	0	0	135	35	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Whole	12	160	15	1.5	1	0	140	34	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Grande	0.02	16	220	15	1.5	0.5	0	210	50	0	48	3	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Almond	16	210	10	1	0	0	210	48	0	47	1	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Coconut	16	220	15	1.5	1.5	0	200	50	0	48	1	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Nonfat	16	210	0	0	0	0	200	50	0	49	3	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Soy	16	230	10	1	0	0	200	51	0	49	3	165



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Blended	Espresso Frappuccino® Blended Beverage	Grande	Whole	16	230	20	2.5	1.5	0	200	50	0	48	3	165
Blended	Espresso Frappuccino® Blended Beverage	Venti	0.02	20	300	20	2.5	1	0	280	65	0	63	5	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Almond	20	270	15	2	0	0	280	62	1	60	1	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Coconut	20	280	25	2.5	2.5	0	270	64	0	62	1	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Nonfat	20	280	0	0	0	0	270	65	0	63	5	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Soy	20	300	15	2	0	0	270	67	1	64	4	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Whole	20	310	35	4	2	0	270	65	0	63	4	185
Blended	Java Chip Frappuccino® Blended Beverage	Tall	0.02	12	330	110	12	6	0	190	51	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Almond	12	310	110	12	7	0	190	49	2	45	2	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Coconut	12	320	110	13	9	0	180	50	2	46	2	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Nonfat	12	320	100	11	7	0	190	51	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Soy	12	330	110	12	7	0	180	52	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Whole	12	340	120	13	9	0	190	51	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Grande	0.02	16	460	160	17	11	0	270	72	2	66	6	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Almond	16	430	150	17	10	0	260	69	3	64	3	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Coconut	16	440	160	17	12	0	260	71	3	66	3	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Nonfat	16	440	140	15	10	0	260	72	2	67	6	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Soy	16	460	150	17	10	0	260	74	3	67	5	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Whole	16	470	170	18	12	0	260	72	2	66	6	110
Blended	Java Chip Frappuccino® Blended Beverage	Venti	0.02	20	580	180	20	13	0	360	96	3	88	8	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Almond	20	540	170	19	11	0	360	91	4	84	4	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Coconut	20	560	180	20	14	0	350	94	3	87	4	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Nonfat	20	560	150	17	11	0	350	96	3	89	8	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Soy	20	590	170	19	11	0	350	98	4	89	7	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Whole	20	600	190	22	14	0	360	96	3	88	8	145
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	0.02	12	310	90	10	6	0	180	50	1	48	5	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Almond	12	280	90	10	5	0	180	47	1	45	2	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Coconut	12	290	90	10	7	0	170	48	1	47	1	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Nonfat	12	290	70	8	5	0	170	50	1	48	5	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Soy	12	310	90	10	5	0	170	51	1	48	4	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Whole	12	320	100	12	7	0	180	50	1	48	5	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	0.02	16	420	130	14	9	0	240	68	1	65	6	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Almond	16	380	120	14	7	0	230	64	2	62	2	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Coconut	16	390	130	14	10	0	230	66	1	64	2	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Nonfat	16	400	100	11	7	0	230	68	1	65	5	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Soy	16	420	120	13	7	0	230	70	2	66	5	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Whole	16	430	140	16	9	0	230	68	1	65	6	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	0.02	20	530	140	15	10	0	330	91	2	88	8	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Almond	20	480	130	15	7	0	320	85	2	82	3	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Coconut	20	500	140	16	11	0	310	88	2	85	2	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Nonfat	20	500	100	12	7	0	320	91	2	88	9	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Soy	20	540	130	15	7	0	310	94	2	89	7	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Whole	20	550	160	18	11	0	320	91	2	88	8	95
Blended	Mocha Frappuccino® Blended Beverage	Tall	0.02	12	280	90	10	6	0	170	44	1	42	4	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Almond	12	260	90	10	5	0	170	42	1	40	2	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Coconut	12	270	90	10	7	0	160	43	1	41	1	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Nonfat	12	270	80	9	5	0	170	45	1	42	4	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Soy	12	280	90	10	5	0	160	46	1	42	3	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Whole	12	290	100	11	7	0	170	44	1	42	4	75
Blended	Mocha Frappuccino® Blended Beverage	Grande	0.02	16	400	130	14	9	0	240	65	1	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Almond	16	370	120	14	8	0	240	61	2	58	2	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Coconut	16	390	130	14	9	0	230	63	1	60	2	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Nonfat	16	390	110	12	8	0	240	65	1	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Soy	16	400	120	14	8	0	230	66	2	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Whole	16	410	140	15	9	0	240	65	1	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Venti	0.02	20	500	140	15	9	0	320	84	2	80	7	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Almond	20	460	130	15	8	0	310	80	2	75	3	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Coconut	20	470	140	15	11	0	310	82	2	78	2	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Nonfat	20	480	110	12	8	0	320	84	2	80	7	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Soy	20	500	130	15	8	0	310	87	2	80	6	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Whole	20	520	150	17	10	0	320	84	2	80	7	140
Blended	Mocha Frappuccino® Blended Beverage	Tall	0.02	12	260	90	10	6	0	160	40	0	39	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Almond	12	240	90	9	5	0	150	38	1	36	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Coconut	12	250	90	10	7	0	150	39	0	38	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	250	70	8	5	0	150	41	0	39	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Soy	12	260	90	9	5	0	150	42	1	39	3	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Whole	12	270	100	11	7	0	150	40	0	39	3	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	0.02	16	360	120	14	8	0	210	56	0	54	5	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Almond	16	330	120	13	7	0	210	53	1	51	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Coconut	16	340	120	14	9	0	200	54	0	53	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	340	100	11	7	0	210	56	0	54	5	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Soy	16	360	120	13	7	0	200	58	1	54	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Whole	16	370	130	15	9	0	210	56	0	54	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	0.02	20	450	130	15	9	0	290	73	0	70	7	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Almond	20	400	130	14	7	0	280	68	1	65	2	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Coconut	20	420	130	15	10	0	270	70	1	68	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	420	100	11	7	0	280	73	0	70	7	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Soy	20	450	130	14	7	0	270	75	1	71	6	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Whole	20	460	150	17	10	0	280	73	0	70	6	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	0.02	12	270	90	10	6	0	170	41	0	39	4	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Almond	12	240	90	10	5	0	170	38	1	36	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Coconut	12	250	90	10	7	0	160	39	0	38	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	250	70	8	5	0	170	41	0	40	4	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Soy	12	270	90	10	5	0	160	43	1	40	3	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Whole	12	280	100	11	7	0	170	41	0	39	4	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	0.02	16	380	130	14	8	0	250	59	0	57	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Almond	16	340	120	13	7	0	250	55	1	53	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Coconut	16	360	130	14	10	0	240	57	0	56	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	360	100	11	7	0	240	60	0	57	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Soy	16	380	120	13	7	0	230	62	1	58	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Whole	16	400	140	16	10	0	240	59	0	57	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	0.02	20	460	140	15	9	0	320	76	0	73	7	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Almond	20	410	130	14	7	0	320	70	1	67	2	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Coconut	20	430	140	15	11	0	300	73	0	70	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	430	100	11	7	0	310	76	0	73	7	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Soy	20	470	130	14	7	0	300	79	1	74	6	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Whole	20	490	160	18	11	0	310	76	0	73	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	0.02	12	270	100	11	7	0	200	39	0	38	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	0.02	12	260	100	11	7	0	200	37	0	37	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Almond	12	250	100	11	6	0	200	36	1	35	2	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Coconut	12	260	100	12	8	0	190	37	0	37	2	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Coconut	12	250	100	11	8	0	190	35	0	35	1	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Nonfat	12	260	80	9	6	0	190	39	0	38	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Nonfat	12	250	80	9	6	0	190	37	0	37	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Soy	12	280	100	11	6	0	190	40	0	38	4	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Soy	12	270	100	11	6	0	190	39	0	37	4	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Whole	12	290	110	13	8	0	190	39	0	38	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Tall	Whole	12	280	110	13	8	0	190	37	0	37	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	0.02	16	410	150	16	10	0	280	59	0	58	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	0.02	16	390	140	16	10	0	280	56	0	55	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Almond	16	370	140	16	9	0	280	55	1	54	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Coconut	16	380	150	17	12	0	270	57	0	56	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Coconut	16	370	150	16	11	0	270	54	0	53	2	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Nonfat	16	380	120	14	9	0	280	59	0	58	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Nonfat	16	370	120	13	9	0	280	56	0	56	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Soy	16	410	140	16	9	0	270	61	1	58	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Soy	16	390	140	15	9	0	270	58	1	56	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Whole	16	420	160	18	11	0	280	59	0	58	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Grande	Whole	16	400	160	18	11	0	280	56	0	55	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	0.02	20	490	160	18	11	0	380	74	0	72	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	0.02	20	460	160	17	11	0	370	70	0	69	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Almond	20	430	150	17	9	0	380	68	1	66	4	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Coconut	20	450	160	18	13	0	360	71	0	70	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Coconut	20	430	160	18	13	0	360	67	0	66	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Nonfat	20	450	130	14	9	0	370	74	0	73	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Nonfat	20	430	120	13	9	0	360	70	0	70	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Soy	20	490	150	17	9	0	360	77	1	73	8	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Soy	20	470	150	16	9	0	360	73	1	70	8	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Whole	20	510	180	20	13	0	370	74	0	72	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended	Venti	Whole	20	490	180	20	12	0	370	70	0	69	8	0
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	0.02	12	310	100	11	7	0	200	50	0	48	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	0.02	12	290	90	11	7	0	180	45	0	44	4	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Almond	12	290	100	11	6	0	200	48	0	47	2	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Coconut	12	300	100	11	8	0	190	49	0	48	2	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Coconut	12	270	100	11	7	0	180	44	0	43	1	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Nonfat	12	300	80	9	6	0	190	50	0	49	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Nonfat	12	270	80	9	6	0	180	45	0	45	4	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Soy	12	310	100	11	6	0	190	51	0	49	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Soy	12	290	90	10	6	0	180	46	0	45	3	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Whole	12	320	110	12	8	0	190	50	0	48	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Whole	12	300	100	11	7	0	180	45	0	44	4	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	0.02	16	430	140	15	10	0	260	68	0	67	5	90



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	0.02	16	410	130	15	10	0	250	65	0	64	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Almond	16	410	130	15	9	0	260	66	0	65	3	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Coconut	16	420	140	15	11	0	250	68	0	67	3	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Coconut	16	390	130	15	10	0	250	63	0	63	2	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Nonfat	16	410	120	14	9	0	250	68	0	67	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Nonfat	16	390	120	13	9	0	250	65	0	64	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Soy	16	430	130	15	9	0	250	70	0	67	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Soy	16	410	130	14	9	0	250	66	0	65	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Whole	16	440	150	16	11	0	260	68	0	67	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Whole	16	520	140	16	10	0	250	65	0	64	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	0.02	20	530	150	17	10	0	350	89	0	87	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	0.02	20	510	140	16	10	0	350	86	0	85	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Almond	20	490	140	16	9	0	350	85	1	84	3	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Coconut	20	510	150	17	12	0	340	88	0	86	3	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Coconut	20	490	150	16	12	0	340	84	0	83	3	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Nonfat	20	510	120	14	9	0	350	89	0	87	8	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Nonfat	20	490	120	13	9	0	340	86	0	86	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Soy	20	530	140	16	9	0	340	91	1	88	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Soy	20	520	140	16	9	0	340	88	1	86	6	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Whole	20	550	170	18	12	0	350	89	0	87	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Whole	20	530	160	18	11	0	350	86	0	85	7	125
Refreshers	Dragon Drink	Tall	Coconut	12	104		2.21	1.79	0	48	20	1	18	1	
Refreshers	Dragon Drink	Grande	Coconut	16	132		2.83	2.34	0	64	26	1	23	1	
Refreshers	Dragon Drink	Venti	Coconut	20	161		3.48	2.92	0	80	31	1	28	1	
Refreshers	Mango Dragonfruit Refresher	Tall	N/A	12	73		0.2	0.08	0	11	17	0	15	0	
Refreshers	Mango Dragonfruit Refresher	Grande	N/A	16	91		0.2	0.08	0	14	21	0	19	0	
Refreshers	Mango Dragonfruit Refresher	Venti	N/A	20	110		0.25	0.08	0	17	26	0	23	0	
Refreshers	Mango Dragonfruit Refresher Lemonade	Tall	N/A	12	110		0.2	0.08	0	10	26	0	23	0	
Refreshers	Mango Dragonfruit Refresher Lemonade	Grande	N/A	16	140		0.2	0.08	0	13	33	1	30	1	
Refreshers	Mango Dragonfruit Refresher Lemonade	Venti	N/A	20	171		0.25	0.08	0	16	41	1	37	1	
Refreshers	Pink Drink	Tall	Coconut	12	106		1.96	1.71	0	49	21	1	20	0	
Refreshers	Pink Drink	Grande	Coconut	16	136		2.59	2.26	0	64	27	1	24	1	
Refreshers	Pink Drink	Venti	Coconut	20	166		3.23	2.83	0	80	33	1	30	1	
Refreshers	Strawberry Acai Frozen Refresher	Tall	N/A	12	163		0.1	0	0	92	40	0	37	0	30
Refreshers	Strawberry Acai Frozen Refresher	Grande	N/A	16	208		0.1	0	0	134	51	0	48	0	40
Refreshers	Strawberry Acai Frozen Refresher	Venti	N/A	20	249		0.1	0	0	178	61	0	58	0	50
Refreshers	Strawberry Acai Refresher	Tall	N/A	12	75		0.04	0	0	11	18	1	16	0	
Refreshers	Strawberry Acai Refresher	Grande	N/A	16	95		0.04	0	0	15	23	1	20	0	
Refreshers	Strawberry Acai Refresher	Venti	N/A	20	115		0.04	0	0	20	28	1	25	0	
Refreshers	Strawberry Acai Refresher Lemonade	Tall	N/A	12	112		0.08	0.01	0	10	27	1	24	0	
Refreshers	Strawberry Acai Refresher Lemonade	Grande	N/A	16	143		0.1	0.01	0	13	35	1	32	0	
Refreshers	Strawberry Acai Refresher Lemonade	Venti	N/A	20	172		0.09	0.02	0	19	43	1	39	0	
Tea	Chai Tea Latte	Short	0.02	8	120	20	2	1	0	55	22	0	21	4	50
Tea	Chai Tea Latte	Short	Almond	8	90	15	2	0	0	55	19	1	17	1	50
Tea	Chai Tea Latte	Short	Coconut	8	100	20	2.5	2.5	0	50	21	0	19	1	50
Tea	Chai Tea Latte	Short	Nonfat	8	100	0	0	0	0	50	22	0	21	4	50
Tea	Chai Tea Latte	Short	Soy	8	120	15	1.5	0	0	45	24	0	21	3	50
Tea	Chai Tea Latte	Short	Whole	8	130	30	3.5	2	0	55	22	0	21	4	50
Tea	Chai Tea Latte	Tall	0.02	12	190	30	3.5	1.5	0	90	34	0	32	6	70
Tea	Chai Tea Latte	Tall	Almond	12	140	25	2.5	0	0	80	29	1	26	1	70
Tea	Chai Tea Latte	Tall	Coconut	12	160	35	3.5	3.5	0	75	31	0	29	1	70
Tea	Chai Tea Latte	Tall	Nonfat	12	160	0	0	0	0	80	34	0	32	6	70
Tea	Chai Tea Latte	Tall	Soy	12	180	25	2.5	0	0	70	36	1	32	5	70
Tea	Chai Tea Latte	Tall	Whole	12	200	50	6	3	0	80	34	0	32	6	70
Tea	Chai Tea Latte	Grande	0.02	16	240	40	4.5	2	0	115	45	0	42	8	95
Tea	Chai Tea Latte	Grande	Almond	16	190	30	3.5	0	0	105	38	1	35	2	95
Tea	Chai Tea Latte	Grande	Coconut	16	210	45	4.5	4.5	0	95	41	0	39	1	95
Tea	Chai Tea Latte	Grande	Nonfat	16	210	0	0	0	0	105	45	0	43	8	95
Tea	Chai Tea Latte	Grande	Soy	16	240	30	3.5	0	0	90	47	1	43	6	95
Tea	Chai Tea Latte	Grande	Whole	16	270	60	7	4	0	105	45	0	42	7	95
Tea	Chai Tea Latte	Venti	0.02	20	310	50	6	3	0	150	56	0	53	10	120
Tea	Chai Tea Latte	Venti	Almond	20	230	40	4.5	0	0	130	48	1	43	2	120
Tea	Chai Tea Latte	Venti	Coconut	20	260	50	6	6	0	120	52	0	48	1	120
Tea	Chai Tea Latte	Venti	Nonfat	20	260	5	0	0	0	135	57	0	54	10	120
Tea	Chai Tea Latte	Venti	Soy	20	310	40	4.5	0.5	0	115	60	1	54	8	120
Tea	Chai Tea Latte	Venti	Whole	20	340	80	9	5	0	135	56	0	53	10	120
Tea	Custom Tea Latte	Short	0.02	8	100	20	2	1.5	0	55	15	0	15	4	
Tea	Custom Tea Latte	Short	Almond	8	70	15	2	0	0	50	12	0	11	1	
Tea	Custom Tea Latte	Short	Coconut	8	80	20	2.5	2.5	0	45	14	0	13	0	
Tea	Custom Tea Latte	Short	Nonfat	8	80	0	0	0	0	50	15	0	15	4	
Tea	Custom Tea Latte	Short	Soy	8	90	15	1.5	0	0	40	16	0	15	3	



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Tea	Custom Tea Latte	Short	Whole	8	110	35	3.5	2	0	50	15	0	15	4	
Tea	Custom Tea Latte	Tall	0.02	12	140	30	3	2	0	80	23	0	23	5	
Tea	Custom Tea Latte	Tall	Almond	12	100	25	2.5	0	0	75	18	1	17	1	
Tea	Custom Tea Latte	Tall	Coconut	12	120	30	3.5	3.5	0	70	20	0	20	0	
Tea	Custom Tea Latte	Tall	Nonfat	12	110	0	0	0	0	70	23	0	23	5	
Tea	Custom Tea Latte	Tall	Soy	12	140	20	2.5	0	0	60	25	1	23	4	
Tea	Custom Tea Latte	Tall	Whole	12	160	45	5	3	0	75	23	0	23	5	
Tea	Custom Tea Latte	Grande	0.02	16	180	40	4	2.5	0	105	30	0	30	7	
Tea	Custom Tea Latte	Grande	Almond	16	130	30	3.5	0	0	100	24	1	23	1	
Tea	Custom Tea Latte	Grande	Coconut	16	150	40	4.5	4.5	0	90	27	0	26	0	
Tea	Custom Tea Latte	Grande	Nonfat	16	150	0	0	0	0	95	30	0	30	7	
Tea	Custom Tea Latte	Grande	Soy	16	180	30	3	0	0	80	33	1	30	6	
Tea	Custom Tea Latte	Grande	Whole	16	210	60	7	4	0	95	30	0	30	7	
Tea	Custom Tea Latte	Venti	0.02	20	230	50	5	3.5	0	135	38	0	38	9	
Tea	Custom Tea Latte	Venti	Almond	20	160	40	4.5	0	0	125	30	1	28	2	
Tea	Custom Tea Latte	Venti	Coconut	20	190	50	6	6	0	115	34	0	33	1	
Tea	Custom Tea Latte	Venti	Nonfat	20	190	0	0	0	0	120	38	0	38	9	
Tea	Custom Tea Latte	Venti	Soy	20	230	35	4	0.5	0	105	41	1	38	7	
Tea	Custom Tea Latte	Venti	Whole	20	260	80	9	5	0	125	38	0	38	8	
Tea	Iced Chai Tea Latte	Tall	0.02	12	180	25	3	1.5	0	80	33	0	31	5	70
Tea	Iced Chai Tea Latte	Tall	Almond	12	140	20	2.5	0	0	75	29	1	26	1	70
Tea	Iced Chai Tea Latte	Tall	Coconut	12	150	30	3.5	3	0	70	31	0	29	1	70
Tea	Iced Chai Tea Latte	Tall	Nonfat	12	150	0	0	0	0	75	33	0	31	6	70
Tea	Iced Chai Tea Latte	Tall	Soy	12	180	20	2.5	0	0	70	35	1	32	5	70
Tea	Iced Chai Tea Latte	Tall	Whole	12	190	45	5	3	0	75	33	0	31	5	70
Tea	Iced Chai Tea Latte	Grande	0.02	16	240	40	4	2	0	110	44	0	42	7	95
Tea	Iced Chai Tea Latte	Grande	Almond	16	180	30	3.5	0	0	105	38	1	35	2	95
Tea	Iced Chai Tea Latte	Grande	Coconut	16	200	40	4.5	4.5	0	95	41	0	38	1	95
Tea	Iced Chai Tea Latte	Grande	Nonfat	16	200	0	0	0	0	100	44	0	42	8	95
Tea	Iced Chai Tea Latte	Grande	Soy	16	240	30	3.5	0	0	90	47	1	43	6	95
Tea	Iced Chai Tea Latte	Grande	Whole	16	260	60	7	4	0	105	44	0	42	7	95
Tea	Iced Chai Tea Latte	Venti	0.02	20	350	50	6	3	0	160	65	0	61	10	145
Tea	Iced Chai Tea Latte	Venti	Almond	20	270	45	5	0	0	140	57	2	52	3	145
Tea	Iced Chai Tea Latte	Venti	Coconut	20	300	60	6	6	0	135	61	0	57	1	145
Tea	Iced Chai Tea Latte	Venti	Nonfat	20	300	5	0	0	0	140	65	0	62	11	145
Tea	Iced Chai Tea Latte	Venti	Soy	20	350	40	4.5	0.5	0	130	70	1	63	9	145
Tea	Iced Chai Tea Latte	Venti	Whole	20	380	90	9	5	0	140	65	0	61	10	145
Tea	Iced Matcha Green Tea Latte	Tall	0.02	12	93		2.23	1.39	0	59	14	1	13	4	50
Tea	Iced Matcha Green Tea Latte	Tall	0.02	12	160	40	4.5	2.5	0	105	22	1	21	8	55
Tea	Iced Matcha Green Tea Latte	Tall	Almond	12	65		1.85	0.17	0	52	12	1	10	1	50
Tea	Iced Matcha Green Tea Latte	Tall	Almond	12	100	30	3.5	0	0	95	16	2	14	2	55
Tea	Iced Matcha Green Tea Latte	Tall	Coconut	12	75		2.33	2.02	0	55	13	1	11	1	50
Tea	Iced Matcha Green Tea Latte	Tall	Coconut	12	120	45	4.5	4.5	0	90	19	1	18	1	55
Tea	Iced Matcha Green Tea Latte	Tall	Nonfat	12	75		0.16	0.08	0	54	14	1	13	4	50
Tea	Iced Matcha Green Tea Latte	Tall	Nonfat	12	120	5	0	0	0	95	22	1	21	8	55
Tea	Iced Matcha Green Tea Latte	Tall	Soy	12	95		1.81	0.24	0	49	16	1	14	4	50
Tea	Iced Matcha Green Tea Latte	Tall	Soy	12	160	30	3.5	0	0	85	25	2	22	7	55
Tea	Iced Matcha Green Tea Latte	Tall	Whole	12	105		3.62	2.05	0	55	14	1	13	4	50
Tea	Iced Matcha Green Tea Latte	Tall	Whole	12	180	60	7	4	0	95	22	1	21	7	55
Tea	Iced Matcha Green Tea Latte	Grande	0.02	16	144		3.77	2.35	0	97	21	1	20	7	75
Tea	Iced Matcha Green Tea Latte	Grande	0.02	16	220	50	6	3.5	0	140	31	1	30	11	80
Tea	Iced Matcha Green Tea Latte	Grande	Almond	16	97		3.13	0.29	0	85	17	2	14	2	75
Tea	Iced Matcha Green Tea Latte	Grande	Almond	16	150	45	5	0	0	130	23	3	20	3	80
Tea	Iced Matcha Green Tea Latte	Grande	Coconut	16	114		3.94	3.43	0	90	18	1	16	1	75
Tea	Iced Matcha Green Tea Latte	Grande	Coconut	16	170	60	7	6	0	120	27	1	25	2	80
Tea	Iced Matcha Green Tea Latte	Grande	Nonfat	16	115		0.25	0.12	0	88	21	1	20	7	75
Tea	Iced Matcha Green Tea Latte	Grande	Nonfat	16	170	5	0	0	0	130	32	1	31	11	80
Tea	Iced Matcha Green Tea Latte	Grande	Soy	16	148		3.05	0.41	0	80	24	2	20	6	75
Tea	Iced Matcha Green Tea Latte	Grande	Soy	16	230	45	5	0.5	0	115	36	2	31	9	80
Tea	Iced Matcha Green Tea Latte	Grande	Whole	16	165		6.12	3.47	0	90	21	1	20	7	75
Tea	Iced Matcha Green Tea Latte	Grande	Whole	16	250	90	10	5	0	130	31	1	30	10	80
Tea	Iced Matcha Green Tea Latte	Venti	0.02	20	169		4.23	2.63	0	109	25	1	23	8	95
Tea	Iced Matcha Green Tea Latte	Venti	0.02	20	310	80	8	5	0	200	43	2	41	15	110
Tea	Iced Matcha Green Tea Latte	Venti	Almond	20	116		3.52	0.33	0	96	20	2	17	2	95
Tea	Iced Matcha Green Tea Latte	Venti	Almond	20	200	60	7	0.5	0	190	32	4	27	4	110
Tea	Iced Matcha Green Tea Latte	Venti	Coconut	20	135		4.43	3.84	0	102	22	2	20	1	95
Tea	Iced Matcha Green Tea Latte	Venti	Coconut	20	240	80	9	9	0	170	37	2	35	2	110
Tea	Iced Matcha Green Tea Latte	Venti	Nonfat	20	136		0.3	0.14	0	99	25	1	24	8	95
Tea	Iced Matcha Green Tea Latte	Venti	Nonfat	20	240	5	0.5	0	0	180	44	2	42	15	110
Tea	Iced Matcha Green Tea Latte	Venti	Soy	20	173		3.44	0.46	0	90	28	2	24	7	95
Tea	Iced Matcha Green Tea Latte	Venti	Soy	20	320	60	7	1	0	170	50	3	43	13	110



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Tea	Iced Matcha Green Tea Latte	Venti	Whole	20	192		6.86	3.89	0	101	25	1	23	7	95
Tea	Iced Matcha Green Tea Latte	Venti	Whole	20	350	120	14	8	0	190	43	2	41	14	110
Tea	Matcha Green Tea Latte	Short	0.02	8	101		3.09	1.95	0	73	13	0	13	5	20
Tea	Matcha Green Tea Latte	Short	0.02	8	110	30	3.5	2	0	80	14	0	14	6	30
Tea	Matcha Green Tea Latte	Short	Almond	8	62		2.55	0.23	0	63	9	1	8	1	20
Tea	Matcha Green Tea Latte	Short	Almond	8	70	25	3	0	0	75	9	1	8	1	30
Tea	Matcha Green Tea Latte	Short	Coconut	8	76		3.23	2.85	0	67	11	1	10	1	20
Tea	Matcha Green Tea Latte	Short	Coconut	8	80	35	3.5	3.5	0	65	11	0	11	1	30
Tea	Matcha Green Tea Latte	Short	Nonfat	8	77		0.15	0.09	0	65	13	0	13	5	20
Tea	Matcha Green Tea Latte	Short	Nonfat	8	80	0	0	0	0	70	14	0	14	6	30
Tea	Matcha Green Tea Latte	Short	Soy	8	104		2.49	0.33	0	59	16	1	13	5	20
Tea	Matcha Green Tea Latte	Short	Soy	8	110	25	3	0	0	65	17	1	14	5	30
Tea	Matcha Green Tea Latte	Short	Whole	8	118		5.05	2.88	0	66	13	0	13	5	20
Tea	Matcha Green Tea Latte	Short	Whole	8	130	50	6	3	0	75	14	0	14	6	30
Tea	Matcha Green Tea Latte	Tall	0.02	12	162		4.98	3.14	0	117	21	1	20	8	45
Tea	Matcha Green Tea Latte	Tall	0.02	12	190	50	5	3.5	0	125	25	1	24	10	55
Tea	Matcha Green Tea Latte	Tall	Almond	12	98		4.12	0.38	0	101	15	2	13	2	45
Tea	Matcha Green Tea Latte	Tall	Almond	12	120	40	4.5	0	0	115	17	2	15	2	55
Tea	Matcha Green Tea Latte	Tall	Coconut	12	121		5.22	4.59	0	108	17	1	16	1	45
Tea	Matcha Green Tea Latte	Tall	Coconut	12	140	50	6	6	0	105	21	1	19	1	55
Tea	Matcha Green Tea Latte	Tall	Nonfat	12	122		0.26	0.15	0	104	21	1	20	9	45
Tea	Matcha Green Tea Latte	Tall	Nonfat	12	140	5	0	0	0	115	25	1	24	10	55
Tea	Matcha Green Tea Latte	Tall	Soy	12	167		4.02	0.53	0	94	25	2	21	7	45
Tea	Matcha Green Tea Latte	Tall	Soy	12	190	40	4.5	0.5	0	105	29	2	25	8	55
Tea	Matcha Green Tea Latte	Tall	Whole	12	189		8.14	4.65	0	107	21	1	20	8	45
Tea	Matcha Green Tea Latte	Tall	Whole	12	220	80	9	5	0	115	25	1	24	9	55
Tea	Matcha Green Tea Latte	Grande	0.02	16	218		6.69	4.21	0	157	28	1	27	12	70
Tea	Matcha Green Tea Latte	Grande	0.02	16	240	60	7	4.5	0	160	34	1	32	12	80
Tea	Matcha Green Tea Latte	Grande	Almond	16	133		5.54	0.51	0	135	20	2	17	3	70
Tea	Matcha Green Tea Latte	Grande	Almond	16	160	50	6	0	0	150	24	3	21	3	80
Tea	Matcha Green Tea Latte	Grande	Coconut	16	163		7.01	6.15	0	145	23	1	21	2	70
Tea	Matcha Green Tea Latte	Grande	Coconut	16	190	70	8	7	0	135	29	1	27	2	80
Tea	Matcha Green Tea Latte	Grande	Nonfat	16	165		0.37	0.21	0	140	29	1	27	12	70
Tea	Matcha Green Tea Latte	Grande	Nonfat	16	190	5	0	0	0	140	34	1	33	12	80
Tea	Matcha Green Tea Latte	Grande	Soy	16	225		5.41	0.71	0	126	33	3	28	10	70
Tea	Matcha Green Tea Latte	Grande	Soy	16	250	50	6	0.5	0	130	39	3	34	10	80
Tea	Matcha Green Tea Latte	Grande	Whole	16	255		10.92	6.23	0	143	28	1	27	11	70
Tea	Matcha Green Tea Latte	Grande	Whole	16	280	100	11	6	0	150	34	1	32	12	80
Tea	Matcha Green Tea Latte	Venti	0.02	20	285		8.82	5.54	0	206	36	1	35	15	95
Tea	Matcha Green Tea Latte	Venti	0.02	20	320	80	9	6	0	210	45	2	43	16	110
Tea	Matcha Green Tea Latte	Venti	Almond	20	172		7.31	0.67	0	178	26	3	21	4	95
Tea	Matcha Green Tea Latte	Venti	Almond	20	210	70	7	0.5	0	190	32	4	28	4	110
Tea	Matcha Green Tea Latte	Venti	Coconut	20	212		9.24	8.1	0	191	30	2	27	2	95
Tea	Matcha Green Tea Latte	Venti	Coconut	20	250	90	10	9	0	180	38	2	36	2	110
Tea	Matcha Green Tea Latte	Venti	Nonfat	20	215		0.49	0.27	0	184	37	1	35	16	95
Tea	Matcha Green Tea Latte	Venti	Nonfat	20	250	5	0.5	0	0	190	45	2	44	16	110
Tea	Matcha Green Tea Latte	Venti	Soy	20	293		7.13	0.94	0	166	43	3	36	13	95
Tea	Matcha Green Tea Latte	Venti	Soy	20	330	70	7	1	0	170	52	3	45	14	110
Tea	Matcha Green Tea Latte	Venti	Whole	20	333		14.39	8.21	0	189	36	1	35	15	95
Tea	Matcha Green Tea Latte	Venti	Whole	20	370	130	15	8	0	190	45	2	43	15	110
Tea	Shaken Iced Black Tea	Tall	N/A	12	32		0	0	0	7	8	0	8	0	0
Tea	Shaken Iced Black Tea Unsweetened	Tall	N/A	12	0	0	0	0	0	5	0	0	0	0	0
Tea	Shaken Iced Black Tea Sweetened	Tall	N/A	12	60	0	0	0	0	5	15	0	15	0	0
Tea	Shaken Iced Black Tea Sweetened	Tall	N/A	12	30	0	0	0	0	5	8	0	8	0	0
Tea	Shaken Iced Black Tea	Grande	N/A	16	43		0	0	0	10	11	0	11	0	0
Tea	Shaken Iced Black Tea Unsweetened	Grande	N/A	16	0	0	0	0	0	10	0	0	0	0	0
Tea	Shaken Iced Black Tea Sweetened	Grande	N/A	16	80	0	0	0	0	10	20	0	20	0	0
Tea	Shaken Iced Black Tea Sweetened	Grande	N/A	16	45	0	0	0	0	10	11	0	11	0	0
Tea	Shaken Iced Black Tea	Venti	N/A	20	53		0	0	0	14	13	0	13	0	0
Tea	Shaken Iced Black Tea Unsweetened	Venti	N/A	20	0	0	0	0	0	15	0	0	0	0	0
Tea	Shaken Iced Black Tea Sweetened	Venti	N/A	20	120	0	0	0	0	15	30	0	30	0	0
Tea	Shaken Iced Black Tea Sweetened	Venti	N/A	20	60	0	0	0	0	15	16	0	16	0	0
Tea	Shaken Iced Black Tea Lemonade	Tall	N/A	12	66		0.03	0.01	0	7	17	0	16	0	0
Tea	Shaken Iced Black Tea Lemonade Sweetened	Tall	N/A	12	90	0	0	0	0	0	24	0	24	0	0
Tea	Shaken Iced Black Tea Lemonade Sweetened	Tall	N/A	12	70	0	0	0	0	5	17	0	16	0	0
Tea	Shaken Iced Black Tea Lemonade Unsweetened	Tall	N/A	12	35	0	0	0	0	0	9	0	9	0	0
Tea	Shaken Iced Black Tea Lemonade	Grande	N/A	16	88		0.04	0.01	0	9	23	0	22	0	0
Tea	Shaken Iced Black Tea Lemonade Sweetened	Grande	N/A	16	120	0	0	0	0	5	32	0	32	0	0
Tea	Shaken Iced Black Tea Lemonade Sweetened	Grande	N/A	16	90	0	0	0	0	10	23	0	22	0	0
Tea	Shaken Iced Black Tea Lemonade Unsweetened	Grande	N/A	16	45	0	0	0	0	5	12	0	12	0	0
Tea	Shaken Iced Black Tea Lemonade	Venti	N/A	20	110		0.05	0.02	0	13	28	0	27	0	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Tea	Shaken Iced Black Tea Lemonade Sweetened	Venti	N/A	20	190	0	0	0	0	10	48	0	47	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Venti	N/A	20	130	0	0	0	0	15	34	0	33	0	
Tea	Shaken Iced Black Tea Lemonade Unsweetened	Venti	N/A	20	70	0	0	0	0	10	18	0	18	0	
Tea	Shaken Iced Green Tea	Tall	N/A	12	32	0	0	0	0	7	8	0	8	0	
Tea	Shaken Iced Green Tea Unsweetened	Tall	N/A	12	0	0	0	0	0	5	0	0	0	0	
Tea	Shaken Iced Green Tea Sweetened	Tall	N/A	12	60	0	0	0	0	5	15	0	15	0	
Tea	Shaken Iced Green Tea Sweetened	Tall	N/A	12	30	0	0	0	0	5	8	0	8	0	
Tea	Shaken Iced Green Tea	Grande	N/A	16	43	0	0	0	0	10	11	0	11	0	
Tea	Shaken Iced Green Tea Unsweetened	Grande	N/A	16	0	0	0	0	0	10	0	0	0	0	
Tea	Shaken Iced Green Tea Sweetened	Grande	N/A	16	80	0	0	0	0	10	20	0	20	0	
Tea	Shaken Iced Green Tea Sweetened	Grande	N/A	16	45	0	0	0	0	10	11	0	11	0	
Tea	Shaken Iced Green Tea	Venti	N/A	20	53	0	0	0	0	14	13	0	13	0	
Tea	Shaken Iced Green Tea Unsweetened	Venti	N/A	20	0	0	0	0	0	15	0	0	0	0	
Tea	Shaken Iced Green Tea Sweetened	Venti	N/A	20	120	0	0	0	0	15	30	0	30	0	
Tea	Shaken Iced Green Tea Sweetened	Venti	N/A	20	60	0	0	0	0	15	16	0	16	0	
Tea	Shaken Iced Green Tea Lemonade	Tall	N/A	12	66	0	0.03	0.01	0	7	17	0	16	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Tall	N/A	12	90	0	0	0	0	0	24	0	24	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Tall	N/A	12	70	0	0	0	0	5	17	0	16	0	
Tea	Shaken Iced Green Tea Lemonade Unsweetened	Tall	N/A	12	35	0	0	0	0	0	9	0	9	0	
Tea	Shaken Iced Green Tea Lemonade	Grande	N/A	16	88	0	0.04	0.01	0	9	23	0	22	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Grande	N/A	16	120	0	0	0	0	5	32	0	32	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Grande	N/A	16	90	0	0	0	0	10	23	0	22	0	
Tea	Shaken Iced Green Tea Lemonade Unsweetened	Grande	N/A	16	45	0	0	0	0	5	12	0	12	0	
Tea	Shaken Iced Green Tea Lemonade	Venti	N/A	20	110	0	0.05	0.02	0	13	28	0	27	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Venti	N/A	20	190	0	0	0	0	10	48	0	47	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Venti	N/A	20	130	0	0	0	0	15	34	0	33	0	
Tea	Shaken Iced Green Tea Lemonade Unsweetened	Venti	N/A	20	70	0	0	0	0	10	18	0	18	0	
Tea	Shaken Iced Passion Tea	Tall	N/A	12	32	0	0	0	0	7	8	0	8	0	0
Tea	Shaken Iced Passion Tea	Grande	N/A	16	43	0	0	0	0	10	11	0	11	0	0
Tea	Shaken Iced Passion Tea	Venti	N/A	20	53	0	0	0	0	14	13	0	13	0	0
Tea	Shaken Iced Passion Tea Lemonade	Tall	N/A	12	66	0	0.03	0.01	0	7	17	0	16	0	0
Tea	Shaken Iced Passion Tea Lemonade	Grande	N/A	16	88	0	0.04	0.01	0	9	23	0	22	0	0
Tea	Shaken Iced Passion Tea Lemonade	Venti	N/A	20	110	0	0.05	0.02	0	13	28	0	27	0	0
Tea	Shaken Iced Strawberry Green Tea	Tall	N/A	12	71	0	0	0	0	9	18	0	18	0	
Tea	Shaken Iced Strawberry Green Tea	Grande	N/A	16	106	0	0	0	0	13	27	0	27	0	
Tea	Shaken Iced Strawberry Green Tea	Venti	N/A	20	141	0	0	0	0	16	36	0	35	0	
Tea	Strawberry Green Tea Infusion	Tall	N/A	12	32	0	0	0	0	7	8	0	8	0	
Tea	Strawberry Green Tea Infusion	Grande	N/A	16	43	0	0	0	0	10	11	0	11	0	
Tea	Strawberry Green Tea Infusion	Venti	N/A	20	53	0	0	0	0	14	13	0	13	0	
Tea	Strawberry Green Tea Infusion Lemonade	Tall	N/A	12	49	0	0.01	0	0	7	13	0	12	0	
Tea	Strawberry Green Tea Infusion Lemonade	Grande	N/A	16	65	0	0.02	0.01	0	10	17	0	16	0	
Tea	Strawberry Green Tea Infusion Lemonade	Venti	N/A	20	82	0	0.02	0.01	0	13	21	0	20	0	
Brewed	Clover® Brewed Coffee - Dark Roast	Short	N/A	8	10	0	0	0	0	5	0	0	0	0	190
Brewed	Clover® Brewed Coffee - Dark Roast	Tall	N/A	12	10	0	0	0	0	10	0	0	0	0	280
Brewed	Clover® Brewed Coffee - Dark Roast	Grande	N/A	16	10	0	0	0	0	10	0	0	0	1	380
Brewed	Clover® Brewed Coffee - Dark Roast	Venti	N/A	20	10	0	0	0	0	10	0	0	0	1	470
Brewed	Clover® Brewed Coffee - Medium Roast	Short	N/A	8	10	0	0	0	0	5	0	0	0	0	170
Brewed	Clover® Brewed Coffee - Medium Roast	Tall	N/A	12	10	0	0	0	0	10	0	0	0	0	280
Brewed	Clover® Brewed Coffee - Medium Roast	Grande	N/A	16	10	0	0	0	0	10	0	0	0	1	375
Brewed	Clover® Brewed Coffee - Medium Roast	Venti	N/A	20	10	0	0	0	0	10	0	0	0	1	445
Brewed	Cold Brew	Tall	N/A	12	3	0	0.02	0	0	10	0	0	0	0	155
Brewed	Cold Brew	Grande	N/A	16	3	0	0.03	0	0	13	0	0	0	0	205
Brewed	Cold Brew	Venti	N/A	20	4	0	0.04	0	0	16	0	0	0	1	250
Brewed	Cold Brewed Coffee	Tall	N/A	12	0	0	0	0	0	10	0	0	0	0	150
Brewed	Cold Brewed Coffee	Grande	N/A	16	5	0	0	0	0	15	0	0	0	0	200
Brewed	Cold Brewed Coffee	Venti	N/A	20	5	0	0	0	0	20	0	0	0	0	300
Brewed	Cold Brewed Coffee + Classic Syrup	Tall	N/A	12	60	0	0	0	0	10	15	0	15	0	95
Brewed	Cold Brewed Coffee + Classic Syrup	Grande	N/A	16	80	0	0	0	0	15	20	0	20	0	165
Brewed	Cold Brewed Coffee + Classic Syrup	Venti	N/A	20	120	0	0	0	0	20	30	0	30	0	240
Brewed	Cold Brewed Coffee W/ Milk	Tall	0.02	12	25	10	1	0.5	0	30	2	0	2	2	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Almond	12	10	5	0.5	0	0	25	1	0	1	0	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Coconut	12	15	10	1	1	0	25	1	0	1	0	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Nonfat	12	15	0	0	0	0	25	2	0	2	2	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Soy	12	20	5	0.5	0	0	20	2	0	2	1	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Whole	12	30	10	1.5	1	0	25	2	0	2	1	150
Brewed	Cold Brewed Coffee W/ Milk	Grande	0.02	16	35	10	1	0.5	0	40	3	0	3	2	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Almond	16	15	10	1	0	0	35	1	0	1	1	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Coconut	16	25	10	1.5	1	0	35	2	0	2	0	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Nonfat	16	25	0	0	0	0	35	3	0	3	2	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Soy	16	30	10	1	0	0	30	3	0	3	2	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Whole	16	40	20	2	1	0	35	3	0	3	2	200



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Brewed	Cold Brewed Coffee W/ Milk	Venti	0.02	20	50	20	2	1.5	0	65	5	0	5	4	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Almond	20	30	15	1.5	0	0	55	2	0	1	1	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Coconut	20	35	20	2	2	0	55	3	0	3	0	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Nonfat	20	40	0	0	0	0	60	5	0	5	4	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Soy	20	50	15	1.5	0	0	50	6	0	5	3	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Whole	20	70	30	3.5	2	0	60	5	0	5	3	300
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	0.02	12	80	10	1	0.5	0	25	17	0	17	1	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Almond	12	70	5	0.5	0	0	25	16	0	15	0	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Coconut	12	70	10	1	1	0	25	16	0	16	0	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Nonfat	12	80	0	0	0	0	25	17	0	17	2	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Soy	12	80	5	0.5	0	0	20	17	0	17	1	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Whole	12	90	10	1.5	1	0	25	17	0	17	1	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	0.02	16	110	10	1	0.5	0	40	23	0	23	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Almond	16	100	10	1	0	0	35	21	0	20	0	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Coconut	16	100	10	1.5	1	0	35	22	0	21	0	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Nonfat	16	100	0	0	0	0	35	23	0	23	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Soy	16	110	10	1	0	0	30	23	0	22	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Whole	16	120	20	2	1	0	35	23	0	23	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	0.02	20	170	20	2	1.5	0	60	35	0	34	3	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Almond	20	150	15	1.5	0	0	55	32	0	31	1	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Coconut	20	160	20	2	2	0	55	33	0	33	0	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Nonfat	20	160	0	0	0	0	55	35	0	34	4	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Soy	20	170	15	1.5	0	0	50	35	0	34	3	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Whole	20	180	30	3.5	2	0	60	35	0	34	3	240
Brewed	Dark Roast Brewed Coffee Traveler	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	130
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	130
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Tall	N/A	12	5	0	0	0	0	10	0	0	0	0	195
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Grande	N/A	16	5	0	0	0	0	10	0	0	0	1	260
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Venti	N/A	20	5	0	0	0	0	10	0	0	0	1	340
Brewed	Decaf Clover® Brewed Coffee	Short	N/A	8	10	0	0	0	0	5	0	0	0	0	15
Brewed	Decaf Clover® Brewed Coffee	Tall	N/A	12	10	0	0	0	0	10	0	0	0	0	20
Brewed	Decaf Clover® Brewed Coffee	Grande	N/A	16	10	0	0	0	0	10	0	0	0	1	25
Brewed	Decaf Clover® Brewed Coffee	Venti	N/A	20	10	0	0	0	0	10	0	0	0	1	30
Brewed	Decaf Pike Place® Roast Brewed Coffee	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	15
Brewed	Decaf Pike Place® Roast Brewed Coffee	Tall	N/A	12	5	0	0	0	0	5	0	0	0	0	20
Brewed	Decaf Pike Place® Roast Brewed Coffee	Grande	N/A	16	5	0	0	0	0	10	0	0	0	1	25
Brewed	Decaf Pike Place® Roast Brewed Coffee	Venti	N/A	20	5	0	0	0	0	10	0	0	0	1	30
Brewed	Decaf Pike Place® Roast Brewed Coffee Traveler	Short	N/A	8	5	0	0	0	0	10	0	0	0	1	15
Brewed	Iced Coffee Sweetened	Tall	N/A	12	60	0	0	0	0	10	15	0	15	0	120
Brewed	Iced Coffee Unsweetened	Tall	N/A	12	0	0	0	0	0	0	0	0	0	0	140
Brewed	Iced Coffee Sweetened	Grande	N/A	16	80	0	0	0	0	10	20	0	20	0	165
Brewed	Iced Coffee Unsweetened	Grande	N/A	16	5	0	0	0	0	5	0	0	0	0	190
Brewed	Iced Coffee Sweetened	Venti	N/A	20	120	0	0	0	0	15	30	0	30	0	235
Brewed	Iced Coffee Unsweetened	Venti	N/A	20	5	0	0	0	0	10	0	0	0	0	275
Brewed	Iced Coffee With Milk Sweetened	Tall	0.02	12	80	10	1	0.5	0	30	17	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	0.02	12	25	10	1	0	0	25	2	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Almond	12	70	5	1	0	0	30	16	0	15	0	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Almond	12	15	5	1	0	0	30	1	0	1	0	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Coconut	12	80	10	1	1	0	25	17	0	16	0	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Coconut	12	20	10	1	1	0	20	2	0	2	0	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Nonfat	12	80	0	0	0	0	30	17	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Nonfat	12	20	0	0	0	0	25	2	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Soy	12	90	5	1	0	0	25	18	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Soy	12	25	5	1	0	0	20	3	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Whole	12	90	15	1.5	1	0	30	17	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Whole	12	30	15	1.5	1	0	25	2	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Grande	0.02	16	110	10	1.5	1	0	40	23	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	0.02	16	35	10	1.5	0.5	0	35	3	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Almond	16	100	10	1	0	0	35	21	0	21	1	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Almond	16	20	10	1	0	0	40	1	0	1	1	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Coconut	16	100	15	1.5	1.5	0	35	22	0	22	0	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Coconut	16	25	15	1.5	1.5	0	30	2	0	2	0	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Nonfat	16	100	0	0	0	0	35	23	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Nonfat	16	25	0	0	0	0	30	3	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Soy	16	110	10	1	0	0	35	24	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Soy	16	35	10	1	0	0	30	4	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Whole	16	120	20	2	1	0	35	23	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Whole	16	40	20	2	1	0	30	3	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Venti	0.02	20	170	20	2	1.5	0	65	35	0	35	4	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	0.02	20	60	20	2	1	0	55	5	0	5	4	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Almond	20	150	15	1.5	0	0	60	32	0	31	1	170



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Brewed	Iced Coffee With Milk Unsweetened	Venti	Almond	20	30	15	1.5	0	0	60	2	0	1	1	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Coconut	20	160	20	2.5	2	0	55	33	0	33	1	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Coconut	20	40	20	2.5	2	0	45	3	0	3	1	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Nonfat	20	160	0	0	0	0	60	35	0	35	4	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Nonfat	20	40	0	0	0	0	50	5	0	5	4	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Soy	20	180	15	1.5	0	0	55	36	0	35	3	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Soy	20	60	15	1.5	0	0	45	7	0	5	3	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Whole	20	190	30	3.5	2	0	60	35	0	35	4	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Whole	20	70	30	3.5	2	0	50	5	0	5	4	205
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	155
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed	Tall	N/A	12	5	0	0	0	0	10	0	0	0	0	235
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed	Grande	N/A	16	5	0	0	0	0	10	0	0	0	1	310
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed	Venti	N/A	20	5	0	0	0	0	10	0	0	0	1	410
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed	Short	N/A	8	5	0	0	0	0	10	0	0	0	1	155
Brewed	Nitro Cold Brewed Coffee	Tall	N/A	12	5	0	0	0	0	10	0	0	0	0	245
Brewed	Nitro Cold Brewed Coffee	Grande	N/A	16	5	0	0	0	0	10	0	0	0	0	335
Brewed	Nitro Cold Brewed Coffee	Venti	N/A	20	10	0	0	0	0	15	0	0	0	0	470
Brewed	Vanilla Sweet Cream Cold Brew	Tall	N/A	12	100		5.45	3.47	0	18	12	0	12	1	140
Brewed	Vanilla Sweet Cream Cold Brew	Tall	N/A	12	100	50	6	3.5	0	20	12	0	12	1	140
Brewed	Vanilla Sweet Cream Cold Brew	Grande	N/A	16	111		5.46	3.47	0	22	14	0	14	1	185
Brewed	Vanilla Sweet Cream Cold Brew	Grande	N/A	16	110	50	6	3.5	0	25	14	0	14	1	185
Brewed	Vanilla Sweet Cream Cold Brew	Venti	N/A	20	190		10.9	6.94	0	34	21	0	21	2	225
Brewed	Vanilla Sweet Cream Cold Brew	Venti	N/A	20	200	100	11	7	0	40	24	0	24	1	275
Other	Hot Chocolate	Short	0.02	8	230	90	10	6	0	85	28	2	24	7	15
Other	Hot Chocolate	Short	Almond	8	190	80	9	4	0	80	24	3	19	3	15
Other	Hot Chocolate	Short	Coconut	8	200	90	10	8	0	75	26	2	22	2	15
Other	Hot Chocolate	Short	Nonfat	8	200	60	6	4	0	95	29	2	24	8	15
Other	Hot Chocolate	Short	Soy	8	230	80	9	4.5	0	95	30	3	25	6	15
Other	Hot Chocolate	Short	Whole	8	250	110	12	7	0	80	28	2	24	7	15
Other	Hot Chocolate	Tall	0.02	12	320	120	13	8	0	130	39	3	34	11	20
Other	Hot Chocolate	Tall	Almond	12	250	110	12	5	0	125	33	4	26	4	20
Other	Hot Chocolate	Tall	Coconut	12	280	120	14	10	0	115	36	3	31	3	20
Other	Hot Chocolate	Tall	Nonfat	12	280	70	8	5	0	115	40	3	34	11	20
Other	Hot Chocolate	Tall	Soy	12	320	110	12	5	0	100	43	4	34	9	20
Other	Hot Chocolate	Tall	Whole	12	350	150	16	10	0	120	39	3	34	11	20
Other	Hot Chocolate	Grande	0.02	16	400	150	16	10	0	170	50	4	43	14	25
Other	Hot Chocolate	Grande	Almond	16	320	140	15	6	0	160	41	6	32	5	25
Other	Hot Chocolate	Grande	Coconut	16	350	150	17	13	0	150	46	4	38	4	25
Other	Hot Chocolate	Grande	Nonfat	16	350	90	10	6	0	150	51	4	43	15	25
Other	Hot Chocolate	Grande	Soy	16	400	130	15	7	0	130	54	5	44	12	25
Other	Hot Chocolate	Grande	Whole	16	440	180	20	12	0	150	50	4	43	14	25
Other	Hot Chocolate	Venti	0.02	20	500	170	19	12	0	210	66	5	57	18	35
Other	Hot Chocolate	Venti	Almond	20	390	160	17	7	0	200	54	7	43	7	35
Other	Hot Chocolate	Venti	Coconut	20	430	180	20	15	0	190	60	5	51	5	35
Other	Hot Chocolate	Venti	Nonfat	20	430	90	10	6	0	190	66	5	58	18	35
Other	Hot Chocolate	Venti	Soy	20	500	150	17	7	0	170	71	7	58	15	35
Other	Hot Chocolate	Venti	Whole	20	550	220	24	14	0	190	66	5	57	17	35
Other	Lemonade	Tall	N/A	12	80	0	0	0	0	0	21	0	21	0	0
Other	Lemonade	Grande	N/A	16	110	0	0	0	0	0	29	0	29	0	0
Other	Lemonade	Venti	N/A	20	150	0	0	0	0	0	41	0	41	0	0
Other	Milk	Tall	0.02	12	200	70	8	4	0	190	19	0	19	13	0
Other	Milk	Tall	Almond	12	100	60	7	0.5	0	170	8	2	6	2	0
Other	Milk	Tall	Coconut	12	130	80	9	8	0	160	13	0	13	1	0
Other	Milk	Tall	Nonfat	12	140	5	0	0	0	170	20	0	20	14	0
Other	Milk	Tall	Soy	12	210	60	6	1	0	150	26	2	21	11	0
Other	Milk	Tall	Whole	12	240	120	13	7	0	170	19	0	19	13	0
Other	Milk	Grande	0.02	16	260	90	10	5	0	250	25	0	25	17	0
Other	Milk	Grande	Almond	16	130	80	9	0.5	0	230	11	2	7	3	0
Other	Milk	Grande	Coconut	16	180	100	11	11	0	210	18	0	17	1	0
Other	Milk	Grande	Nonfat	16	180	5	0	0	0	220	26	0	26	18	0
Other	Milk	Grande	Soy	16	270	80	8	1	0	200	34	2	27	15	0
Other	Milk	Grande	Whole	16	320	150	17	10	0	230	25	0	25	17	0
Other	Milk	Venti	0.02	20	370	130	15	7	0	350	36	0	36	24	0
Other	Milk	Venti	Almond	20	180	110	12	1	0	320	15	3	10	5	0
Other	Milk	Venti	Coconut	20	250	140	16	15	0	290	25	0	23	2	0
Other	Milk	Venti	Nonfat	20	250	5	0.5	0	0	310	37	0	37	25	0
Other	Milk	Venti	Soy	20	380	110	12	1.5	0	280	47	3	38	21	0
Other	Milk	Venti	Whole	20	450	220	24	14	0	320	36	0	36	23	0
Other	Steamed Milk	Short	0.02	8	100	35	4	2	0	95	10	0	10	7	0
Other	Steamed Milk	Short	Almond	8	50	30	3.5	0%	0	95	4	1	3	1	0
Other	Steamed Milk	Short	Coconut	8	70	45	5	4.5	0	85	7	0	7	0	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Other	Steamed Milk	Short	Nonfat	8	70	0	0	0	0	85	10	0	10	7	0
Other	Steamed Milk	Short	Soy	8	100	30	3	0	0	75	12	1	10	5	0
Other	Steamed Milk	Short	Whole	8	120	60	7	4	0	90	10	0	10	6	0
Other	Steamed Milk	Tall	0.02	12	160	60	6	3	0	150	15	0	15	10	0
Other	Steamed Milk	Tall	Almond	12	80	50	5	0	0	140	7	1	5	2	0
Other	Steamed Milk	Tall	Coconut	12	110	60	7	7	0	130	11	0	11	1	0
Other	Steamed Milk	Tall	Nonfat	12	110	0	0	0	0	130	15	0	15	10	0
Other	Steamed Milk	Tall	Soy	12	150	40	4.5	0.5	0	110	19	1	15	8	0
Other	Steamed Milk	Tall	Whole	12	190	90	10	6	0	135	15	0	15	10	0
Other	Steamed Milk	Grande	0.02	16	200	70	8	4	0	190	19	0	19	13	0
Other	Steamed Milk	Grande	Almond	16	100	60	7	0.5	0	190	9	2	6	3	0
Other	Steamed Milk	Grande	Coconut	16	150	80	9	9	0	170	15	0	14	1	0
Other	Steamed Milk	Grande	Nonfat	16	140	5	0	0	0	170	20	0	20	14	0
Other	Steamed Milk	Grande	Soy	16	200	60	6	1	0	150	25	2	20	11	0
Other	Steamed Milk	Grande	Whole	16	250	120	13	8	0	170	19	0	19	13	0
Other	Steamed Milk	Venti	0.02	20	260	90	10	5	0	240	25	0	25	17	0
Other	Steamed Milk	Venti	Almond	20	130	80	9	0.5	0	240	11	2	8	3	0
Other	Steamed Milk	Venti	Coconut	20	180	110	12	11	0	220	18	0	17	1	0
Other	Steamed Milk	Venti	Nonfat	20	170	5	0	0	0	220	25	0	25	17	0
Other	Steamed Milk	Venti	Soy	20	250	70	8	1	0	190	31	2	25	14	0
Other	Steamed Milk	Venti	Whole	20	310	150	17	10	0	220	25	0	25	16	0
Other	Vanilla Steamer	Short	0.02	8	130	35	4	2	0	90	19	0	19	6	0
Other	Vanilla Steamer	Short	Almond	8	50	30	3.5	0	0	95	4	1	3	1	0
Other	Vanilla Steamer	Short	Coconut	8	110	40	4.5	4	0	80	16	0	16	0	0
Other	Vanilla Steamer	Short	Nonfat	8	100	0	0	0	0	80	19	0	19	6	0
Other	Vanilla Steamer	Short	Soy	8	130	25	3	0	0	70	21	1	19	5	0
Other	Vanilla Steamer	Short	Whole	8	150	60	6	3.5	0	80	19	0	19	6	0
Other	Vanilla Steamer	Tall	0.02	12	200	50	6	3	0	135	28	0	28	10	0
Other	Vanilla Steamer	Tall	Almond	12	80	50	5	0	0	140	7	1	5	2	0
Other	Vanilla Steamer	Tall	Coconut	12	160	60	7	6	0	125	25	0	24	1	0
Other	Vanilla Steamer	Tall	Nonfat	12	160	0	0	0	0	120	29	0	29	10	0
Other	Vanilla Steamer	Tall	Soy	12	200	40	4.5	0.5	0	105	32	1	29	8	0
Other	Vanilla Steamer	Tall	Whole	12	230	90	9	5	0	125	28	0	28	9	0
Other	Vanilla Steamer	Grande	0.02	16	270	70	7	4	0	180	37	0	37	12	0
Other	Vanilla Steamer	Grande	Almond	16	100	60	7	0.5	0	190	9	2	6	3	0
Other	Vanilla Steamer	Grande	Coconut	16	210	80	9	8	0	160	32	0	32	1	0
Other	Vanilla Steamer	Grande	Nonfat	16	200	5	0	0	0	160	38	0	38	13	0
Other	Vanilla Steamer	Grande	Soy	16	260	50	6	0.5	0	135	42	1	38	10	0
Other	Vanilla Steamer	Grande	Whole	16	310	110	12	7	0	160	37	0	37	12	0
Other	Vanilla Steamer	Venti	0.02	20	340	90	10	5	0	230	47	0	47	16	0
Other	Vanilla Steamer	Venti	Almond	20	130	80	9	0.5	0	240	11	2	8	3	0
Other	Vanilla Steamer	Venti	Coconut	20	270	100	11	11	0	200	41	0	40	1	0
Other	Vanilla Steamer	Venti	Nonfat	20	260	5	0	0	0	200	48	0	47	16	0
Other	Vanilla Steamer	Venti	Soy	20	330	70	7	1	0	170	53	2	47	13	0
Other	Vanilla Steamer	Venti	Whole	20	390	140	16	9	0	210	47	0	47	15	0
Other	White Hot Chocolate	Short	0.02	8	260	100	11	7	0	140	32	0	31	8	0
Other	White Hot Chocolate	Short	0.02	8	240	100	11	7	0	135	28	0	28	8	0
Other	White Hot Chocolate	Short	Almond	8	210	100	11	6	0	135	27	1	26	3	0
Other	White Hot Chocolate	Short	Coconut	8	230	110	12	9	0	130	30	0	29	3	0
Other	White Hot Chocolate	Short	Coconut	8	210	100	11	9	0	125	26	0	25	2	0
Other	White Hot Chocolate	Short	Nonfat	8	230	70	8	6	0	130	32	0	32	8	0
Other	White Hot Chocolate	Short	Nonfat	8	210	70	8	5	0	125	28	0	28	8	0
Other	White Hot Chocolate	Short	Soy	8	260	90	11	6	0	120	34	1	32	7	0
Other	White Hot Chocolate	Short	Soy	8	240	90	10	5	0	115	30	1	28	7	0
Other	White Hot Chocolate	Short	Whole	8	280	120	14	9	0	130	32	0	31	8	0
Other	White Hot Chocolate	Short	Whole	8	260	120	13	8	0	125	28	0	28	7	0
Other	White Hot Chocolate	Tall	0.02	12	370	140	16	10	0	210	48	0	47	12	0
Other	White Hot Chocolate	Tall	0.02	12	340	130	15	10	0	200	42	0	42	12	0
Other	White Hot Chocolate	Tall	Almond	12	310	130	15	8	0	210	40	1	39	5	0
Other	White Hot Chocolate	Tall	Coconut	12	330	150	16	13	0	190	44	0	43	4	0
Other	White Hot Chocolate	Tall	Coconut	12	300	140	16	12	0	190	38	0	38	3	0
Other	White Hot Chocolate	Tall	Nonfat	12	330	90	11	7	0	200	48	0	47	12	0
Other	White Hot Chocolate	Tall	Nonfat	12	300	90	10	7	0	190	42	0	42	12	0
Other	White Hot Chocolate	Tall	Soy	12	370	130	14	8	0	180	51	1	47	10	0
Other	White Hot Chocolate	Tall	Soy	12	340	120	14	7	0	170	46	1	42	10	0
Other	White Hot Chocolate	Tall	Whole	12	400	170	19	12	0	200	48	0	47	11	0
Other	White Hot Chocolate	Tall	Whole	12	370	160	18	12	0	190	42	0	42	11	0
Other	White Hot Chocolate	Grande	0.02	16	480	180	19	12	0	270	63	0	62	15	0
Other	White Hot Chocolate	Grande	0.02	16	440	170	19	12	0	260	55	0	55	15	0
Other	White Hot Chocolate	Grande	Almond	16	400	170	18	9	0	270	53	2	51	6	0
Other	White Hot Chocolate	Grande	Coconut	16	430	180	20	16	0	250	58	0	57	5	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Other	White Hot Chocolate	Grande	Coconut	16	390	180	20	16	0	240	51	0	50	4	0
Other	White Hot Chocolate	Grande	Nonfat	16	430	120	13	9	0	260	63	0	62	16	0
Other	White Hot Chocolate	Grande	Nonfat	16	390	110	12	8	0	250	56	0	56	15	0
Other	White Hot Chocolate	Grande	Soy	16	480	160	18	10	0	240	67	1	63	13	0
Other	White Hot Chocolate	Grande	Soy	16	440	150	17	9	0	230	60	1	56	13	0
Other	White Hot Chocolate	Grande	Whole	16	520	210	24	15	0	260	63	0	62	15	0
Other	White Hot Chocolate	Grande	Whole	16	480	210	23	15	0	250	55	0	55	15	0
Other	White Hot Chocolate	Venti	0.02	20	590	210	23	15	0	350	78	0	78	20	0
Other	White Hot Chocolate	Venti	0.02	20	540	190	22	15	0	330	69	0	69	19	0
Other	White Hot Chocolate	Venti	Almond	20	480	190	21	11	0	340	67	2	64	8	0
Other	White Hot Chocolate	Venti	Coconut	20	520	220	24	20	0	320	73	0	71	6	0
Other	White Hot Chocolate	Venti	Coconut	20	470	210	23	19	0	310	63	0	62	5	0
Other	White Hot Chocolate	Venti	Nonfat	20	520	130	14	10	0	320	79	0	78	20	0
Other	White Hot Chocolate	Venti	Nonfat	20	470	120	13	9	0	310	70	0	70	20	0
Other	White Hot Chocolate	Venti	Soy	20	590	190	21	11	0	300	84	2	78	17	0
Other	White Hot Chocolate	Venti	Soy	20	540	180	20	10	0	280	75	2	70	16	0
Other	White Hot Chocolate	Venti	Whole	20	640	260	28	18	0	330	78	0	78	19	0
Other	White Hot Chocolate	Venti	Whole	20	590	250	27	17	0	310	69	0	69	19	0
Other	Cookies & Creme Day Frapp	Tall	Nonfat	12	193	4	3	0	3	204	37	1	36	5	5
Other	Cookies & Creme Day Frapp	Tall	Nonfat	12	283	12.1	8.20	0.30	29	215	40	1	38	5	5
Other	Cookies & Creme Day Frapp	Tall	0.02	12	209	5	4	0.1	8	209	37	1	35	5	5
Other	Cookies & Creme Day Frapp	Tall	0.02	12	299	14	9.50	0.40	35	226	40	1	38	5	5
Other	Cookies & Creme Day Frapp	Tall	Whole	12	219	7	5	0	10	205	37	1	35	4	5
Other	Cookies & Creme Day Frapp	Tall	Whole	12	310	15.2	10.00	0.40	37	216	40	1	38	5	5
Other	Cookies & Creme Day Frapp	Tall	Soy	12	226	5	3	0	1	214	41	1	38	4	5
Other	Cookies & Creme Day Frapp	Tall	Soy	12	316	14	8.60	0.30	27	226	44	1	41	5	5
Other	Cookies & Creme Day Frapp	Tall	Coconut	12	213	6	5	0	1	227	39	1	37	2	5
Other	Cookies & Creme Day Frapp	Tall	Coconut	12	304	14.7	10.50	0.30	27	239	42	1	40	3	5
Other	Cookies & Creme Day Frapp	Tall	Almond	12	199	5	3	0.0	1	219	37	1	35	2	5
Other	Cookies & Creme Day Frapp	Tall	Almond	12	289	14.1	8.50	0.30	27	231	40	1	37	3	5
Other	Cookies & Creme Day Frapp	Tall	Oat	12	242	7	3	0	1	226	43	2	38	3	5
Other	Cookies & Creme Day Frapp	Tall	Oat	12	332	15.7	8.70	0.30	27	238	46	2	40	4	5
Other	Cookies & Creme Day Frapp	Grande	Nonfat	12	280	5	4	0	3	295	54	1	52	6	5
Other	Cookies & Creme Day Frapp	Grande	Nonfat	12	404	17.1	11.70	0.40	40	309	57	1	55	7	5
Other	Cookies & Creme Day Frapp	Grande	0.02	12	301	8	6	0.1	11	302	54	1	52	6	5
Other	Cookies & Creme Day Frapp	Grande	0.02	12	425	19.6	13.20	0.5	48	316	57	1	54	7	5
Other	Cookies & Creme Day Frapp	Grande	Whole	12	315	9	7	0	14	296	54	1	52	6	5
Other	Cookies & Creme Day Frapp	Grande	Whole	12	439	21.2	14.00	0.60	51	310	57	1	54	7	5
Other	Cookies & Creme Day Frapp	Grande	Soy	12	332	8	4.7	0	1	317	61	2	57	6	5
Other	Cookies & Creme Day Frapp	Grande	Soy	12	456	19.8	12.30	0.40	38	331	64	2	60	7	5
Other	Cookies & Creme Day Frapp	Grande	Coconut	12	314	9	7	0	1	333	58	1	55	3	5
Other	Cookies & Creme Day Frapp	Grande	Coconut	12	437	20.7	14.80	0.40	38	348	62	1	58	4	5
Other	Cookies & Creme Day Frapp	Grande	Almond	12	294	8	5	0	1	322	56	2	53	3	5
Other	Cookies & Creme Day Frapp	Grande	Almond	12	418	19.8	12	0	38	337	59	2	55	4	5
Other	Cookies & Creme Day Frapp	Grande	Oat	12	353	10	5	0	1	332	63	2	56	4	5
Other	Cookies & Creme Day Frapp	Grande	Oat	12	476	22	12	0	38	346	66	2	59	5	5
Other	Cookies & Creme Day Frapp	Venti	Nonfat	12	366	7	5	0	4	384	71	1	68	8	5
Other	Cookies & Creme Day Frapp	Venti	Nonfat	12	480	17.8	12	0	38	397	74	1	71	9	5
Other	Cookies & Creme Day Frapp	Venti	0.02	12	391	10	7	0	14	392	70	1	68	8	5
Other	Cookies & Creme Day Frapp	Venti	0.02	12	505	21	14	1	47	405	74	1	70	9	5
Other	Cookies & Creme Day Frapp	Venti	Whole	12	409	12	8	0	17	386	70	1	68	8	5
Other	Cookies & Creme Day Frapp	Venti	Whole	12	522	22.7	15	1	50	399	74	1	70	9	5
Other	Cookies & Creme Day Frapp	Venti	Soy	12	427	10	6	0	1	409	79	2	74	8	5
Other	Cookies & Creme Day Frapp	Venti	Soy	12	540	21	13	0	35	422	82	2	77	9	5
Other	Cookies & Creme Day Frapp	Venti	Coconut	12	414	11	9	0	1	437	77	2	74	3	5
Other	Cookies & Creme Day Frapp	Venti	Coconut	12	527	22.2	16.30	0.40	35	451	80	2	76	4	5
Other	Cookies & Creme Day Frapp	Venti	Almond	12	387	10	6	0	1	420	73	2	70	4	5
Other	Cookies & Creme Day Frapp	Venti	Almond	12	500	21	13	0	35	434	77	2	72	5	5
Other	Cookies & Creme Day Frapp	Venti	Oat	12	444	12	6	0	1	420	80	3	71	5	5
Other	Cookies & Creme Day Frapp	Venti	Oat	12	557	23.4	13.20	0.40	35	433	83	3	74	6	5
Other	Cookies & Creme Day Frapp N&A	Tall	Nonfat	12	203	4	3	0	3	197	40	1	38	5	5
Other	Cookies & Creme Day Frapp N&A	Tall	Nonfat	12	294	12	8	0	29	209	43	1	41	5	5
Other	Cookies & Creme Day Frapp N&A	Tall	0.02	12	219	5	4	0	8	202	40	1	38	5	5
Other	Cookies & Creme Day Frapp N&A	Tall	0.02	12	310	14	9.40	0.40	35	214	42	1	40	5	5
Other	Cookies & Creme Day Frapp N&A	Tall	Whole	12	230	7	5	0	10	198	40	1	38	4	5
Other	Cookies & Creme Day Frapp N&A	Tall	Whole	12	321	15	10	0	37	210	42	1	40	5	5
Other	Cookies & Creme Day Frapp N&A	Tall	Soy	12	237	5	3	0	1	208	44	1	41	4	5
Other	Cookies & Creme Day Frapp N&A	Tall	Soy	12	328	14	9	0	27	219	47	1	44	5	5
Other	Cookies & Creme Day Frapp N&A	Tall	Coconut	12	225	6	5	0	1	220	42	1	40	2	5
Other	Cookies & Creme Day Frapp N&A	Tall	Coconut	12	315	15	11	0	27	232	45	1	43	3	5
Other	Cookies & Creme Day Frapp N&A	Tall	Almond	12	210	5	3	0	1	212	40	1	38	2	5



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Other	Cookies & Creme Day Frapp N&A	Tall	Almond	12	301	14.1	9	0	27	224	43	1	40	3	5
Other	Cookies & Creme Day Frapp N&A	Tall	Oat	12	254	7	3	0	1	219	46	2	41	3	5
Other	Cookies & Creme Day Frapp N&A	Tall	Oat	12	344	16	9	0	27	231	49	2	43	4	5
Other	Cookies & Creme Day Frapp N&A	Grande	Nonfat	12	296	5	4	0	3	286	58	1	56	6	5
Other	Cookies & Creme Day Frapp N&A	Grande	Nonfat	12	420	17.1	12	0	40	300	61	1	59	7	5
Other	Cookies & Creme Day Frapp N&A	Grande	0.02	12	317	8	6	0	11	292	58	1	56	6	5
Other	Cookies & Creme Day Frapp N&A	Grande	0.02	12	440	20	13	1	48	306	61	1	59	7	5
Other	Cookies & Creme Day Frapp N&A	Grande	Whole	12	331	9	7	0	14	287	58	1	56	6	5
Other	Cookies & Creme Day Frapp N&A	Grande	Whole	12	455	21.2	14.00	0.60	51	301	61	1	59	7	5
Other	Cookies & Creme Day Frapp N&A	Grande	Soy	12	349	8	5	0	1	307	66	2	62	6	5
Other	Cookies & Creme Day Frapp N&A	Grande	Soy	12	473	20	12	0	38	321	69	2	64	7	5
Other	Cookies & Creme Day Frapp N&A	Grande	Coconut	12	331	9	7	0	1	323	63	1	60	3	5
Other	Cookies & Creme Day Frapp N&A	Grande	Coconut	12	455	20.7	14.80	0.40	38	337	66	1	63	4	5
Other	Cookies & Creme Day Frapp N&A	Grande	Almond	12	312	8	5	0	1	312	60	2	57	3	5
Other	Cookies & Creme Day Frapp N&A	Grande	Almond	12	435	20	12	0	38	326	64	2	60	4	5
Other	Cookies & Creme Day Frapp N&A	Grande	Oat	12	370	10	5	0	1	321	68	2	61	4	5
Other	Cookies & Creme Day Frapp N&A	Grande	Oat	12	494	22	12.40	0.40	38	335	71	2	63	5	5
Other	Cookies & Creme Day Frapp N&A	Venti	Nonfat	12	387	7	5	0	4	371	76	1	73	8	5
Other	Cookies & Creme Day Frapp N&A	Venti	Nonfat	12	501	18	12	0	38	385	79	1	76	9	5
Other	Cookies & Creme Day Frapp N&A	Venti	0.02	12	412	10	7	0	14	379	76	1	73	8	5
Other	Cookies & Creme Day Frapp N&A	Venti	0.02	12	526	20.7	14	1	47	393	79	1	76	9	5
Other	Cookies & Creme Day Frapp N&A	Venti	Whole	12	429	11.7	8	0	17	373	76	1	73	8	5
Other	Cookies & Creme Day Frapp N&A	Venti	Whole	12	543	22.7	15	1	50	386	79	1	76	9	5
Other	Cookies & Creme Day Frapp N&A	Venti	Soy	12	449	9.9	6.10	0.00	1	395	85	2	80	8	5
Other	Cookies & Creme Day Frapp N&A	Venti	Soy	12	563	20.9	13.10	0.40	35	409	88	2	83	9	5
Other	Cookies & Creme Day Frapp N&A	Venti	Coconut	12	437	11.2	9.30	0.00	1	423	84	2	80	3	5
Other	Cookies & Creme Day Frapp N&A	Venti	Coconut	12	551	22.2	16	0	35	437	87	2	82	4	5
Other	Cookies & Creme Day Frapp N&A	Venti	Almond	12	410	10.1	6	0	1	406	79	2	76	4	5
Other	Cookies & Creme Day Frapp N&A	Venti	Almond	12	523	21.1	13	0	35	420	83	2	78	5	5
Other	Cookies & Creme Day Frapp N&A	Venti	Oat	12	467	12.4	6	0	1	406	86	3	77	5	5
Other	Cookies & Creme Day Frapp N&A	Venti	Oat	12	580	23.4	13	0	35	419	89	3	80	6	5
Other	Cookies & Creme Night Frapp	Tall	Nonfat	12	170	2.8	2	0	2	181	33	2	30	4	10
Other	Cookies & Creme Night Frapp	Tall	Nonfat	12	261	11.4	7.50	0	28	192	36	2	32	5	10
Other	Cookies & Creme Night Frapp	Tall	0.02	12	186	4.6	3.30	0.10	8	186	33	2	30	4	10
Other	Cookies & Creme Night Frapp	Tall	0.02	12	277	13.3	8.70	0.40	34	197	36	2	32	5	10
Other	Cookies & Creme Night Frapp	Tall	Whole	12	197	6	4	0	10	182	33	2	30	4	10
Other	Cookies & Creme Night Frapp	Tall	Whole	12	288	15	9	0	36	193	36	2	32	5	10
Other	Cookies & Creme Night Frapp	Tall	Soy	12	202	5	2	0	0	189	37	2	33	4	10
Other	Cookies & Creme Night Frapp	Tall	Soy	12	293	13	8	0	26	201	40	2	35	5	10
Other	Cookies & Creme Night Frapp	Tall	Coconut	12	188	5	4	0	0	202	35	2	31	1	10
Other	Cookies & Creme Night Frapp	Tall	Coconut	12	279	14	10	0	26	213	38	2	34	2	10
Other	Cookies & Creme Night Frapp	Tall	Almond	12	174	5	2	0	0	194	33	2	29	2	10
Other	Cookies & Creme Night Frapp	Tall	Almond	12	265	13	8	0	26	206	36	2	32	3	10
Other	Cookies & Creme Night Frapp	Tall	Oat	12	217	6.3	2.50	0	0	200	38	3	32	3	10
Other	Cookies & Creme Night Frapp	Tall	Oat	12	307	14.9	8.00	0	26	212	41	3	34	3	10
Other	Cookies & Creme Night Frapp	Grande	Nonfat	12	247	4.1	3.10	0	3	261	48	2	44	6	15
Other	Cookies & Creme Night Frapp	Grande	Nonfat	12	371	16	11	0	39	275	51	2	47	7	15
Other	Cookies & Creme Night Frapp	Grande	0.02	12	268	7	5	0	11	267	48	2	44	6	15
Other	Cookies & Creme Night Frapp	Grande	0.02	12	392	19	12	1	47	281	51	2	47	7	15
Other	Cookies & Creme Night Frapp	Grande	Whole	12	282	8	6	0	13	262	48	2	44	6	15
Other	Cookies & Creme Night Frapp	Grande	Whole	12	406	20	13	1	50	276	51	2	47	7	15
Other	Cookies & Creme Night Frapp	Grande	Soy	12	296	7	4	0	0	279	54	3	48	6	15
Other	Cookies & Creme Night Frapp	Grande	Soy	12	420	19	11	0.4	37	294	58	3	51	7	15
Other	Cookies & Creme Night Frapp	Grande	Coconut	12	277	8	6.1	0	0	295	52	3	47	2	15
Other	Cookies & Creme Night Frapp	Grande	Coconut	12	400	20	14	0	37	309	55	3	49	3	15
Other	Cookies & Creme Night Frapp	Grande	Almond	12	258	7	4	0	0	284	49	3	44	3	15
Other	Cookies & Creme Night Frapp	Grande	Almond	12	382	19	11.1	0	37	299	52	3	47	4	15
Other	Cookies & Creme Night Frapp	Grande	Oat	12	315	9	3.8	0	0	293	56	4	47	4	15
Other	Cookies & Creme Night Frapp	Grande	Oat	12	439	21	11	0.4	37	307	60	4	50	5	15
Other	Cookies & Creme Night Frapp	Venti	Nonfat	12	322	5	4	0	3	338	63	3	58	7	20
Other	Cookies & Creme Night Frapp	Venti	Nonfat	12	436	16	11.1	0	37	352	66	3	60	8	20
Other	Cookies & Creme Night Frapp	Venti	0.02	12	347	8	6	0	13	346	62	3	57	7	20
Other	Cookies & Creme Night Frapp	Venti	0.02	12	461	19	13	1	46	359	66	3	60	8	20
Other	Cookies & Creme Night Frapp	Venti	Whole	12	365	10	7	0	16	340	62	3	57	7	20
Other	Cookies & Creme Night Frapp	Venti	Whole	12	478	21	14	0.6	49	353	66	3	60	8	20
Other	Cookies & Creme Night Frapp	Venti	Soy	12	379	8	4.7	0	0	359	70	4	63	7	20
Other	Cookies & Creme Night Frapp	Venti	Soy	12	493	19	12	0	34	373	74	4	65	8	20
Other	Cookies & Creme Night Frapp	Venti	Coconut	12	364	10	8	0	0	386	68	4	62	3	20
Other	Cookies & Creme Night Frapp	Venti	Coconut	12	478	21	14.8	0	34	399	72	4	64	4	20
Other	Cookies & Creme Night Frapp	Venti	Almond	12	338	9	4.7	0	0	370	65	4	58	3	20
Other	Cookies & Creme Night Frapp	Venti	Almond	12	452	20	12	0.4	34	383	68	4	61	4	20



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Other	Cookies & Creme Night Frapp	Venti	Oat	12	395	11	4.8	0	0	369	71	5	60	4	20
Other	Cookies & Creme Night Frapp	Venti	Oat	12	509	22	12	0	34	383	75	5	62	5	20
Other	Cookies & Creme Night Frapp N&A	Tall	Nonfat	12	181	3	2	0	2	174	36	2	33	4	10
Other	Cookies & Creme Night Frapp N&A	Tall	Nonfat	12	272	11	7.5	0	28	186	39	2	35	5	10
Other	Cookies & Creme Night Frapp N&A	Tall	0.02	12	197	5	3.3	0	8	179	36	2	33	4	10
Other	Cookies & Creme Night Frapp N&A	Tall	0.02	12	287	13	9	0.4	34	191	38	2	35	5	10
Other	Cookies & Creme Night Frapp N&A	Tall	Whole	12	208	6	4	0	10	175	36	2	33	4	10
Other	Cookies & Creme Night Frapp N&A	Tall	Whole	12	298	15	9.3	0	36	187	38	2	35	5	10
Other	Cookies & Creme Night Frapp N&A	Tall	Soy	12	213	5	2	0	0	183	40	2	36	4	10
Other	Cookies & Creme Night Frapp N&A	Tall	Soy	12	304	13	8	0	26	194	43	2	38	5	10
Other	Cookies & Creme Night Frapp N&A	Tall	Coconut	12	200	5	4	0	0	195	38	2	35	1	10
Other	Cookies & Creme Night Frapp N&A	Tall	Coconut	12	291	14	10	0.3	26	206	41	2	37	2	10
Other	Cookies & Creme Night Frapp N&A	Tall	Almond	12	186	5	2.4	0	0	187	36	2	32	2	10
Other	Cookies & Creme Night Frapp N&A	Tall	Almond	12	277	13	8	0	26	199	39	2	35	3	10
Other	Cookies & Creme Night Frapp N&A	Tall	Oat	12	229	6	3	0	0	193	41	3	35	3	10
Other	Cookies & Creme Night Frapp N&A	Tall	Oat	12	319	15	8.0	0	26	205	44	3	37	3	10
Other	Cookies & Creme Night Frapp N&A	Grande	Nonfat	16	263	4	3.1	0	3	251	52	2	48	6	15
Other	Cookies & Creme Night Frapp N&A	Grande	Nonfat	16	386	16	11	0	39	265	56	2	51	7	15
Other	Cookies & Creme Night Frapp N&A	Grande	0.02	16	284	7	5	0	11	258	52	2	48	6	15
Other	Cookies & Creme Night Frapp N&A	Grande	0.02	16	407	19	12	1	47	272	55	2	51	7	15
Other	Cookies & Creme Night Frapp N&A	Grande	Whole	16	298	8	6	0	13	252	52	2	48	6	15
Other	Cookies & Creme Night Frapp N&A	Grande	Whole	16	422	20	13	1	50	267	55	2	51	7	15
Other	Cookies & Creme Night Frapp N&A	Grande	Soy	16	313	7	4	0	0	269	59	3	53	6	15
Other	Cookies & Creme Night Frapp N&A	Grande	Soy	16	437	19	11	0	37	283	63	3	56	7	15
Other	Cookies & Creme Night Frapp N&A	Grande	Coconut	16	294	8	6	0	0	284	56	3	51	2	15
Other	Cookies & Creme Night Frapp N&A	Grande	Coconut	16	418	20	14	0	37	298	60	3	54	3	15
Other	Cookies & Creme Night Frapp N&A	Grande	Almond	16	275	7	4	0	0	274	54	3	48	3	15
Other	Cookies & Creme Night Frapp N&A	Grande	Almond	16	399	19	11	0	37	288	57	3	51	4	15
Other	Cookies & Creme Night Frapp N&A	Grande	Oat	16	333	9	4	0	0	282	61	4	52	4	15
Other	Cookies & Creme Night Frapp N&A	Grande	Oat	16	456	21	11	0	37	296	65	4	54	5	15
Other	Cookies & Creme Night Frapp N&A	Venti	Nonfat	20	343	5	4	0	3	326	68	3	63	7	20
Other	Cookies & Creme Night Frapp N&A	Venti	Nonfat	20	457	16	11	0	37	339	72	3	66	8	20
Other	Cookies & Creme Night Frapp N&A	Venti	0.02	20	368	8	6	0	13	334	68	3	63	7	20
Other	Cookies & Creme Night Frapp N&A	Venti	0.02	20	482	19	13	1	46	347	71	3	65	8	20
Other	Cookies & Creme Night Frapp N&A	Venti	Whole	20	385	10	7	0	16	327	68	3	63	7	20
Other	Cookies & Creme Night Frapp N&A	Venti	Whole	20	499	21	14	1	49	341	71	3	65	8	20
Other	Cookies & Creme Night Frapp N&A	Venti	Soy	20	402	8	5	0	0	346	76	4	69	7	20
Other	Cookies & Creme Night Frapp N&A	Venti	Soy	20	515	19	12	0.4	34	359	80	4	71	8	20
Other	Cookies & Creme Night Frapp N&A	Venti	Coconut	20	387	10	8	0	0	371	75	4	68	3	20
Other	Cookies & Creme Night Frapp N&A	Venti	Coconut	20	501	21	15	0	34	385	78	4	71	4	20
Other	Cookies & Creme Night Frapp N&A	Venti	Almond	20	361	9	5	0	0	356	71	4	64	3	20
Other	Cookies & Creme Night Frapp N&A	Venti	Almond	20	475	20	12	0	34	370	74	4	67	4	20
Other	Cookies & Creme Night Frapp N&A	Venti	Oat	20	418	11	5	0	0	356	78	5	66	4	20
Other	Cookies & Creme Night Frapp N&A	Venti	Oat	20	532	22	12	0	34	369	81	5	68	5	20
Other	Key Lime White Chocolate Mocha	Short	0.02	8	254	11	7	0	27	126	33	0	32	7	75
Other	Key Lime White Chocolate Mocha	Tall	0.02	12	363	15	10	0	37	191	48	0	47	10	75
Other	Key Lime White Chocolate Mocha	Grande	0.02	16	481	19	13	1	47	260	65	0	63	14	150
Other	Key Lime White Chocolate Mocha	Venti	0.02	20	584	22	15.1	1	55	328	80	0	78	18	150
Other	Iced Key Lime White Chocolate Mocha	Tall	0.02	12	358	16	10.7	0	39	174	46	0	45	9	75
Other	Iced Key Lime White Chocolate Mocha	Grande	0.02	16	478	21	14.5	1	54	225	61	0	59	11	150
Other	Iced Key Lime White Chocolate Mocha	Venti	0.02	20	535	22	15.2	0.6	52	262	73	0	70	13	150
Tea	Iced Matcha Latte with Lavender Cream Cold Foam	Tall	0.02	12	261	261	14.3	9	1	118	29	1	28	5	49
Tea	Iced Matcha Latte with Lavender Cream Cold Foam	Grande	0.02	16	281	281	14.7	9.3	1	125	33	1	32	5	73
Tea	Iced Matcha Latte with Lavender Cream Cold Foam	Venti®	0.02	20	315	315	15.9	10	1	139	38	1	36	6	97
Espresso	Iced Lavender Latte	Tall	0.02	12	157	157	3.8	2.4	0	217	25	0	24	7	75
Espresso	Iced Lavender Latte	Grande	0.02	16	208	208	4.9	3	0	284	34	0	32	9	150
Espresso	Iced Lavender Latte	Venti®	0.02	20	242	242	5.5	3.5	0	340	40	0	38	10	150
Espresso	Lavender Latte	Short	0.02	8	111	111	2.7	2	0	147	18	0	17	5	75
Espresso	Lavender Latte	Tall	0.02	12	175	175	4.5	2.8	0	229	27	0	26	8	75
Espresso	Lavender Latte	Grande	0.02	16	247	247	6.4	4	0	315	37	0	36	11	150
Espresso	Lavender Latte	Venti®	0.02	20	315	315	8.4	5.3	0	400	47	0	45	15	150
Blended	Doll Frappuccino® Blended Beverage	Tall	Whole	12	250	250	12.0	7	0	170	31	0	30	4	0
Blended	Doll Frappuccino® Blended Beverage	Grande	Whole	16	330	330	16.0	10.0	1	230	42	0	41	5	0
Blended	Doll Frappuccino® Blended Beverage	Venti®	Whole	20	380	380	16.0	10	1	300	53	0	52	6	0
Refreshers	Summer Berry Refresher (w/ water)	Tall	N/A	12	70	70	0.0	0.0	0	30	17	0	16	0	35
Refreshers	Summer Berry Refresher (w/ water)	Grande	N/A	16	110	110	0.0	0	0	55	27	0	25	0	50
Refreshers	Summer Berry Refresher (w/ water)	Venti®	N/A	20	120	120	0.0	0.0	0	60	30	0	29	0	60
Refreshers	Summer Berry Refresher (w/ Lemonade)	Tall	N/A	12	110	110	0.0	0	0	30	26	0	25	0	35
Refreshers	Summer Berry Refresher (w/ Lemonade)	Grande	N/A	16	160	160	0.0	0.0	0	55	39	0	37	0	50
Refreshers	Summer Berry Refresher (w/ Lemonade)	Venti®	N/A	20	190	190	0.0	0	0	60	46	0	43	0	60
Refreshers	Summer Berry Refresher (w/ Coconutmilk)	Tall	N/A	12	100	100	2.0	1.5	0	70	20	0	19	0	35



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Refreshers	Summer Berry Refresher (w/ Coconutmilk)	Grande	N/A	16	150	150	2.5	3	0	105	31	1	29	0	50
Refreshers	Summer Berry Refresher (w/ Coconutmilk)	Venti®	N/A	20	180	180	3.0	3.0	0	120	36	1	34	1	60
Blended	Lavender White Mocha Creme Frappuccino® Blended	Tall	Whole	12	300	300	13.0	8	0	270	43	0	42	5	0
Blended	Lavender White Mocha Creme Frappuccino® Blended	Grande	Whole	16	410	410	18.0	11.0	1	370	59	0	59	6	0
Blended	Lavender White Mocha Creme Frappuccino® Blended	Venti®	Whole	20	490	490	18.0	12	1	470	76	0	75	7	0
Lemonade	Iced Pink Berries Shaken Lemonade	Tall	N/A	12	100	100	0.0	0.0	0	10	23	0	20	1	0
Lemonade	Iced Pink Berries Shaken Lemonade	Grande	N/A	16	120	120	0.0	0	0	15	28	0	25	1	0
Lemonade	Iced Pink Berries Shaken Lemonade	Venti®	N/A	20	140	140	0.0	0.0	0	15	34	0	30	1	0
Lemonade	Iced Strawberry Shaken Lemonade	Tall	N/A	12	90	90	0.0	0	0	15	23	0	20	0	0
Lemonade	Iced Strawberry Shaken Lemonade	Grande	N/A	16	120	120	0.0	0.0	0	15	30	0	27	0	0
Lemonade	Iced Strawberry Shaken Lemonade	Venti®	N/A	20	150	150	0.0	0	0	20	38	0	34	0	0
Lemonade	Strawberry Frozen Lemonade	Tall	N/A	12	140	140	0.0	0.0	0	115	35	0	32	0	0
Lemonade	Strawberry Frozen Lemonade	Grande	N/A	16	190	190	0.0	0	0	170	48	0	44	0	0
Lemonade	Strawberry Frozen Lemonade	Venti®	N/A	20	230	230	0.0	0.0	0	210	58	0	54	0	0
Lemonade	Dragon Fruit Frozen Lemonade	Tall	N/A	12	140	140	0.0	0	0	115	35	0	33	0	0
Lemonade	Dragon Fruit Frozen Lemonade	Grande	N/A	16	190	190	0.0	0.0	0	170	48	0	45	0	0
Lemonade	Dragon Fruit Frozen Lemonade	Venti®	N/A	20	240	240	0.0	0	0	210	58	0	55	1	0
	Cranberry White Chocolate Mocha	Short	Nonfat	8 fl. oz.	175	175	2.9	2.3	0	119	30	0	30	7	75
	Cranberry White Chocolate Mocha	Short	Nonfat	8 fl. oz.	241	241	7.9	6	0	125	36	0	35	8	75
	Cranberry White Chocolate Mocha	Short	0.02	8 fl. oz.	200	200	5.8	4.2	0	127	30	0	29	7	75
	Cranberry White Chocolate Mocha	Short	0.02	8 fl. oz.	266	266	10.8	7	0	132	35	0	34	8	75
	Cranberry White Chocolate Mocha	Short	Whole	8 fl. oz.	216	216	7.7	5.1	0	121	30	0	29	7	75
	Cranberry White Chocolate Mocha	Short	Whole	8 fl. oz.	282	282	12.7	8	0	126	35	0	34	7	75
	Cranberry White Chocolate Mocha	Short	Soy	8 fl. oz.	199	199	5.1	2.5	0	111	32	1	30	6	75
	Cranberry White Chocolate Mocha	Short	Soy	8 fl. oz.	265	265	10.1	6	0	116	37	1	35	7	75
	Cranberry White Chocolate Mocha	Short	Coconut	8 fl. oz.	177	177	6.2	5.5	0	118	28	0	27	3	75
	Cranberry White Chocolate Mocha	Short	Coconut	8 fl. oz.	243	243	11.2	9	0	123	33	0	32	3	75
	Cranberry White Chocolate Mocha	Short	Almond	8 fl. oz.	162	162	5.3	2.5	0	124	26	1	24	3	75
	Cranberry White Chocolate Mocha	Short	Almond	8 fl. oz.	228	228	10.3	6	0	129	31	1	29	4	75
	Cranberry White Chocolate Mocha	Tall	Nonfat	12 fl. oz.	266	266	4.4	3.5	0	186	46	0	45	11	75
	Cranberry White Chocolate Mocha	Tall	Nonfat	12 fl. oz.	342	342	10.3	7	0	192	52	0	51	12	75
	Cranberry White Chocolate Mocha	Tall	0.02	12 fl. oz.	305	305	9.0	6.4	0	198	46	0	45	11	75
	Cranberry White Chocolate Mocha	Tall	0.02	12 fl. oz.	381	381	14.9	10	0	204	51	0	50	12	75
	Cranberry White Chocolate Mocha	Tall	Whole	12 fl. oz.	332	332	12.1	7.9	0	188	46	0	45	11	75
	Cranberry White Chocolate Mocha	Tall	Whole	12 fl. oz.	408	408	18.0	12	0	194	51	0	50	11	75
	Cranberry White Chocolate Mocha	Tall	Soy	12 fl. oz.	305	305	7.9	3.9	0	172	49	1	45	10	75
	Cranberry White Chocolate Mocha	Tall	Soy	12 fl. oz.	380	380	13.8	8	0	178	54	1	51	10	75
	Cranberry White Chocolate Mocha	Tall	Coconut	12 fl. oz.	268	268	9.7	8.6	0	184	42	0	41	4	75
	Cranberry White Chocolate Mocha	Tall	Coconut	12 fl. oz.	344	344	15.6	12	0	190	48	0	46	4	75
	Cranberry White Chocolate Mocha	Tall	Almond	12 fl. oz.	244	244	8.3	3.7	0	193	39	1	37	5	75
	Cranberry White Chocolate Mocha	Tall	Almond	12 fl. oz.	320	320	14.2	7	0	199	45	1	42	5	75
	Cranberry White Chocolate Mocha	Grande	Nonfat	16 fl. oz.	351	351	5.8	4.7	0	239	61	0	59	15	150
	Cranberry White Chocolate Mocha	Grande	Nonfat	16 fl. oz.	439	439	12.7	9	0	246	67	0	66	15	150
	Cranberry White Chocolate Mocha	Grande	0.02	16 fl. oz.	399	399	11.6	8.3	0	254	60	0	59	14	150
	Cranberry White Chocolate Mocha	Grande	0.02	16 fl. oz.	488	488	18.4	13	1	261	67	0	65	15	150
	Cranberry White Chocolate Mocha	Grande	Whole	16 fl. oz.	433	433	15.4	10.2	0	242	60	0	59	14	150
	Cranberry White Chocolate Mocha	Grande	Whole	16 fl. oz.	521	521	22.3	15	1	249	67	0	65	15	150
	Cranberry White Chocolate Mocha	Grande	Soy	16 fl. oz.	399	399	10.2	5.1	0	222	64	1	59	13	150
	Cranberry White Chocolate Mocha	Grande	Soy	16 fl. oz.	487	487	17.1	9	0	229	71	1	66	13	150
	Cranberry White Chocolate Mocha	Grande	Coconut	16 fl. oz.	353	353	12.4	11.0	0	236	56	0	54	5	150
	Cranberry White Chocolate Mocha	Grande	Coconut	16 fl. oz.	442	442	19.3	15	0	243	63	0	61	6	150
	Cranberry White Chocolate Mocha	Grande	Almond	16 fl. oz.	324	324	10.7	4.9	0	248	52	1	49	6	150
	Cranberry White Chocolate Mocha	Grande	Almond	16 fl. oz.	412	412	17.5	9	0	255	59	1	55	7	150
	Cranberry White Chocolate Mocha	Venti®	Nonfat	20 fl. oz.	443	443	7.3	5.8	0	307	77	0	75	19	150
	Cranberry White Chocolate Mocha	Venti®	Nonfat	20 fl. oz.	532	532	14.1	10	0	314	83	0	81	19	150
	Cranberry White Chocolate Mocha	Venti®	0.02	20 fl. oz.	507	507	14.9	10.6	0	327	76	0	74	19	150
	Cranberry White Chocolate Mocha	Venti®	0.02	20 fl. oz.	596	596	21.7	15	1	334	83	0	81	19	150
	Cranberry White Chocolate Mocha	Venti®	Whole	20 fl. oz.	551	551	20.0	13.1	0	311	76	0	74	18	150
	Cranberry White Chocolate Mocha	Venti®	Whole	20 fl. oz.	640	640	26.8	17	1	318	83	0	81	19	150
	Cranberry White Chocolate Mocha	Venti®	Soy	20 fl. oz.	506	506	13.1	6.4	0	284	81	2	75	16	150
	Cranberry White Chocolate Mocha	Venti®	Soy	20 fl. oz.	595	595	19.9	11	0	291	88	2	81	17	150
	Cranberry White Chocolate Mocha	Venti®	Coconut	20 fl. oz.	447	447	16.0	14.2	0	304	71	0	68	6	150
	Cranberry White Chocolate Mocha	Venti®	Coconut	20 fl. oz.	535	535	22.8	19	0	311	77	0	75	7	150
	Cranberry White Chocolate Mocha	Venti®	Almond	20 fl. oz.	407	407	13.7	6.2	0	319	65	2	61	8	150
	Cranberry White Chocolate Mocha	Venti®	Almond	20 fl. oz.	496	496	20.6	11	0	326	72	2	67	9	150
	Iced Cranberry White Chocolate Mocha	Tall	Nonfat	12 fl. oz.	232	232	4.3	3.4	0	149	41	0	40	8	75
	Iced Cranberry White Chocolate Mocha	Tall	Nonfat	12 fl. oz.	331	331	12.1	8	0	156	48	0	47	9	75
	Iced Cranberry White Chocolate Mocha	Tall	0.02	12 fl. oz.	255	255	7.0	5.2	0	156	41	0	40	8	75
	Iced Cranberry White Chocolate Mocha	Tall	0.02	12 fl. oz.	354	354	14.8	10	0	164	48	0	47	9	75
	Iced Cranberry White Chocolate Mocha	Tall	Whole	12 fl. oz.	271	271	8.8	6.1	0	150	41	0	40	8	75
	Iced Cranberry White Chocolate Mocha	Tall	Whole	12 fl. oz.	370	370	16.6	11	0	158	48	0	47	8	75



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Iced Cranberry White Chocolate Mocha	Tall	Soy	12 fl. oz.	258	258	6.5	3.7	0	143	43	1	41	7	75
	Iced Cranberry White Chocolate Mocha	Tall	Soy	12 fl. oz.	357	357	14.3	9	0	150	50	1	47	8	75
	Iced Cranberry White Chocolate Mocha	Tall	Coconut	12 fl. oz.	232	232	7.3	6.3	0	145	39	0	38	4	75
	Iced Cranberry White Chocolate Mocha	Tall	Coconut	12 fl. oz.	330	330	15.1	11	0	153	46	0	44	4	75
	Iced Cranberry White Chocolate Mocha	Tall	Almond	12 fl. oz.	218	218	6.5	3.6	0	150	37	1	35	4	75
	Iced Cranberry White Chocolate Mocha	Tall	Almond	12 fl. oz.	316	316	14.3	9	0	158	44	1	42	5	75
	Iced Cranberry White Chocolate Mocha	Grande	Nonfat	16 fl. oz.	310	310	5.7	4.6	0	194	55	0	53	11	150
	Iced Cranberry White Chocolate Mocha	Grande	Nonfat	16 fl. oz.	443	443	16.6	12	0	205	63	0	62	11	150
	Iced Cranberry White Chocolate Mocha	Grande	0.02	16 fl. oz.	339	339	9.2	6.8	0	203	55	0	53	10	150
	Iced Cranberry White Chocolate Mocha	Grande	0.02	16 fl. oz.	472	472	20.1	14	1	214	63	0	61	11	150
	Iced Cranberry White Chocolate Mocha	Grande	Whole	16 fl. oz.	359	359	11.5	7.9	0	196	55	0	53	10	150
	Iced Cranberry White Chocolate Mocha	Grande	Whole	16 fl. oz.	493	493	22.4	15	1	207	63	0	61	11	150
	Iced Cranberry White Chocolate Mocha	Grande	Soy	16 fl. oz.	343	343	8.5	4.9	0	187	58	1	54	10	150
	Iced Cranberry White Chocolate Mocha	Grande	Soy	16 fl. oz.	476	476	19.4	12	0	197	66	1	62	10	150
	Iced Cranberry White Chocolate Mocha	Grande	Coconut	16 fl. oz.	309	309	9.5	8.3	0	190	52	0	50	5	150
	Iced Cranberry White Chocolate Mocha	Grande	Coconut	16 fl. oz.	442	442	20.4	15	0	200	61	0	58	6	150
	Iced Cranberry White Chocolate Mocha	Grande	Almond	16 fl. oz.	291	291	8.5	4.7	0	196	49	1	47	6	150
	Iced Cranberry White Chocolate Mocha	Grande	Almond	16 fl. oz.	425	425	19.4	12	0	206	58	1	55	6	150
	Iced Cranberry White Chocolate Mocha	Venti®	Nonfat	20 fl. oz.	375	375	7.1	5.7	0	230	67	0	65	12	150
	Iced Cranberry White Chocolate Mocha	Venti®	Nonfat	20 fl. oz.	499	499	17.1	12	0	240	75	0	73	13	150
	Iced Cranberry White Chocolate Mocha	Venti®	0.02	20 fl. oz.	407	407	10.9	8.1	0	240	66	0	65	12	150
	Iced Cranberry White Chocolate Mocha	Venti®	0.02	20 fl. oz.	530	530	20.9	14	1	250	75	0	73	13	150
	Iced Cranberry White Chocolate Mocha	Venti®	Whole	20 fl. oz.	429	429	13.4	9.3	0	232	66	0	65	12	150
	Iced Cranberry White Chocolate Mocha	Venti®	Whole	20 fl. oz.	552	552	23.4	16	1	242	75	0	73	12	150
	Iced Cranberry White Chocolate Mocha	Venti®	Soy	20 fl. oz.	411	411	10.1	6.0	0	222	70	1	66	11	150
	Iced Cranberry White Chocolate Mocha	Venti®	Soy	20 fl. oz.	534	534	20.1	12	0	232	78	1	74	12	150
	Iced Cranberry White Chocolate Mocha	Venti®	Coconut	20 fl. oz.	374	374	11.3	9.7	0	226	64	0	62	6	150
	Iced Cranberry White Chocolate Mocha	Venti®	Coconut	20 fl. oz.	498	498	21.2	16	0	235	72	0	70	7	150
	Iced Cranberry White Chocolate Mocha	Venti®	Almond	20 fl. oz.	355	355	10.2	5.9	0	232	61	1	58	7	150
	Iced Cranberry White Chocolate Mocha	Venti®	Almond	20 fl. oz.	478	478	20.1	12	0	242	69	1	66	7	150
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Nonfat	8 fl. oz.	175	175	1.2	0.9	0	147	39	0	38	3	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Nonfat	8 fl. oz.	256	256	7.6	5	0	155	44	0	43	3	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	0.02	8 fl. oz.	184	184	2.2	1.4	0	150	39	0	38	3	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	0.02	8 fl. oz.	264	264	8.5	5	0	158	44	0	43	3	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Whole	8 fl. oz.	189	189	2.8	1.9	0	148	39	0	38	3	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Whole	8 fl. oz.	270	270	9.2	6	0	156	44	0	43	3	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Soy	8 fl. oz.	185	185	1.9	1.0	0	144	40	0	39	2	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Soy	8 fl. oz.	265	265	8.2	5	0	150	46	0	44	3	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Coconut	8 fl. oz.	176	176	2.2	2.0	0	145	38	0	38	1	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Coconut	8 fl. oz.	256	256	8.5	6	0	151	44	0	43	2	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Almond	8 fl. oz.	171	171	2.0	1.0	0	147	37	0	37	1	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Short	Almond	8 fl. oz.	251	251	8.2	5	0	153	43	0	42	2	60
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Nonfat	12 fl. oz.	218	218	1.4	1.1	0	185	48	0	47	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Nonfat	12 fl. oz.	317	317	9.4	6	0	196	54	0	53	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	0.02	12 fl. oz.	231	231	3.0	1.9	0	190	47	0	47	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	0.02	12 fl. oz.	330	330	11.0	7	0	200	54	0	53	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Whole	12 fl. oz.	240	240	4.0	2.6	0	186	47	0	47	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Whole	12 fl. oz.	339	339	12.0	8	0	196	54	0	53	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Soy	12 fl. oz.	233	233	2.6	1.2	0	181	49	0	48	3	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Soy	12 fl. oz.	332	332	10.4	6	0	189	56	0	54	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Coconut	12 fl. oz.	218	218	3.1	2.8	0	182	47	0	46	1	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Coconut	12 fl. oz.	317	317	10.9	8	0	190	54	0	53	2	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Almond	12 fl. oz.	210	210	2.7	1.2	0	185	45	0	45	2	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Almond	12 fl. oz.	309	309	10.4	6	0	193	52	0	51	2	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Nonfat	16 fl. oz.	301	301	2.4	1.9	0	245	65	0	64	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Nonfat	16 fl. oz.	436	436	13.6	9	0	259	74	0	72	6	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	0.02	16 fl. oz.	316	316	4.1	2.8	0	249	65	0	64	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	0.02	16 fl. oz.	450	450	15.3	10	0	263	74	0	72	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Whole	16 fl. oz.	325	325	5.3	3.6	0	246	65	0	64	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Whole	16 fl. oz.	460	460	16.4	11	0	260	74	0	72	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Soy	16 fl. oz.	318	318	3.7	2.0	0	240	67	0	65	4	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Soy	16 fl. oz.	452	452	14.7	9	0	250	76	1	74	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Coconut	16 fl. oz.	302	302	4.3	3.7	0	241	64	0	64	2	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Coconut	16 fl. oz.	435	435	15.2	11	0	252	73	0	72	3	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Almond	16 fl. oz.	293	293	3.8	2.0	0	244	63	0	62	2	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Almond	16 fl. oz.	426	426	14.7	9	0	255	72	1	70	3	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Nonfat	20 fl. oz.	370	370	2.5	2.0	0	310	82	0	81	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Nonfat	20 fl. oz.	495	495	12.7	8	0	323	90	0	88	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	0.02	20 fl. oz.	387	387	4.5	3.0	0	316	81	0	80	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	0.02	20 fl. oz.	512	512	14.7	9	0	329	90	0	88	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Whole	20 fl. oz.	399	399	5.8	3.9	0	312	81	0	80	5	120



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Whole	20 fl. oz.	524	524	16.1	10	0	324	90	0	88	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Soy	20 fl. oz.	391	391	4.0	2.1	0	304	84	1	82	5	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Soy	20 fl. oz.	514	514	14.0	8	0	314	92	1	90	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Coconut	20 fl. oz.	371	371	4.7	4.1	0	306	80	0	80	2	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Coconut	20 fl. oz.	495	495	14.6	10	0	315	89	0	88	3	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Almond	20 fl. oz.	361	361	4.1	2.0	0	309	79	1	78	3	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Almond	20 fl. oz.	484	484	14.0	8	0	319	87	1	86	3	120
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Nonfat	8 fl. oz.	146	146	1.2	1.0	0	152	31	0	31	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Nonfat	8 fl. oz.	227	227	7.6	5	0	160	37	0	36	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	0.02	8 fl. oz.	158	158	2.6	1.7	0	155	31	0	30	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	0.02	8 fl. oz.	239	239	9.0	6	0	163	36	0	36	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Whole	8 fl. oz.	167	167	3.6	2.3	0	152	31	0	30	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Whole	8 fl. oz.	247	247	10.0	6	0	160	36	0	36	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Soy	8 fl. oz.	159	159	2.3	1.1	0	148	32	0	31	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Soy	8 fl. oz.	239	239	8.6	5	0	155	38	0	36	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Coconut	8 fl. oz.	146	146	2.8	2.5	0	150	29	0	29	1	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Coconut	8 fl. oz.	225	225	9.0	6	0	156	35	0	35	1	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Almond	8 fl. oz.	138	138	2.3	1.0	0	152	28	0	28	1	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Short	Almond	8 fl. oz.	218	218	8.6	5	0	158	34	0	33	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Nonfat	12 fl. oz.	176	176	1.4	1.1	0	183	36	0	36	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Nonfat	12 fl. oz.	275	275	9.4	6	0	193	43	0	42	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	0.02	12 fl. oz.	193	193	3.4	2.1	0	189	36	0	36	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	0.02	12 fl. oz.	292	292	11.4	7	0	199	43	0	42	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Whole	12 fl. oz.	204	204	4.8	3.0	0	184	36	0	36	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Whole	12 fl. oz.	304	304	12.8	8	0	195	43	0	42	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Soy	12 fl. oz.	194	194	3.0	1.3	0	179	38	0	37	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Soy	12 fl. oz.	293	293	10.8	6	0	187	45	1	43	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Coconut	12 fl. oz.	175	175	3.6	3.2	0	181	35	0	34	1	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Coconut	12 fl. oz.	273	273	11.4	8	0	189	42	0	41	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Almond	12 fl. oz.	164	164	3.0	1.2	0	184	33	1	33	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Almond	12 fl. oz.	263	263	10.8	6	0	192	40	1	39	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Nonfat	16 fl. oz.	270	270	2.6	2.1	0	266	56	0	56	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Nonfat	16 fl. oz.	405	405	13.8	9	0	279	64	0	63	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	0.02	16 fl. oz.	292	292	5.1	3.4	0	272	56	0	55	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	0.02	16 fl. oz.	426	426	16.3	10	0	286	64	0	63	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Whole	16 fl. oz.	306	306	6.9	4.5	0	267	56	0	55	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Whole	16 fl. oz.	441	441	18.0	11	0	281	64	0	63	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Soy	16 fl. oz.	294	294	4.6	2.3	0	260	58	1	56	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Soy	16 fl. oz.	427	427	15.5	9	0	271	66	1	64	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Coconut	16 fl. oz.	269	269	5.4	4.8	0	262	54	0	53	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Coconut	16 fl. oz.	402	402	16.3	12	0	273	62	0	61	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Almond	16 fl. oz.	256	256	4.6	2.2	0	267	52	1	51	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Almond	16 fl. oz.	389	389	15.5	9	0	277	60	1	59	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Nonfat	20 fl. oz.	314	314	2.6	2.1	0	325	66	0	66	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Nonfat	20 fl. oz.	439	439	12.8	8	0	338	74	0	73	8	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	0.02	20 fl. oz.	339	339	5.6	3.6	0	333	66	0	65	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	0.02	20 fl. oz.	464	464	15.8	10	0	346	74	0	73	8	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Whole	20 fl. oz.	357	357	7.6	4.9	0	327	66	0	65	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Whole	20 fl. oz.	482	482	17.9	11	0	340	74	0	73	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Soy	20 fl. oz.	342	342	5.0	2.3	0	319	68	1	66	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Soy	20 fl. oz.	465	465	14.9	9	0	328	77	1	74	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Coconut	20 fl. oz.	312	312	5.9	5.2	0	321	63	0	63	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Coconut	20 fl. oz.	436	436	15.9	12	0	331	72	0	71	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Almond	20 fl. oz.	297	297	5.0	2.2	0	327	61	1	60	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Almond	20 fl. oz.	421	421	15.0	9	0	336	70	1	68	3	0
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Nonfat	12 fl. oz.	203	203	1.4	1.1	0	192	44	0	43	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Nonfat	12 fl. oz.	302	302	9.2	6	0	200	51	0	50	5	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	0.02	12 fl. oz.	216	216	3.0	2.1	0	196	44	0	43	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	0.02	12 fl. oz.	315	315	10.7	7	0	204	51	0	50	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Whole	12 fl. oz.	225	225	4.0	2.6	0	193	44	0	43	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Whole	12 fl. oz.	324	324	11.8	8	0	201	51	0	50	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Soy	12 fl. oz.	218	218	2.6	1.2	0	189	45	0	43	3	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Soy	12 fl. oz.	316	316	10.4	6	0	196	52	0	50	4	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Coconut	12 fl. oz.	203	203	3.0	2.6	0	193	43	0	42	1	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Coconut	12 fl. oz.	301	301	10.8	8	0	201	50	0	48	2	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Almond	12 fl. oz.	195	195	2.7	1.2	0	191	42	0	41	2	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Tall	Almond	12 fl. oz.	294	294	10.5	6	0	199	49	0	47	2	70
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Nonfat	16 fl. oz.	282	282	2.4	1.9	0	253	61	0	60	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Nonfat	16 fl. oz.	416	416	13.3	9	0	264	69	0	68	6	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	0.02	16 fl. oz.	297	297	4.1	3.0	0	258	60	0	60	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	0.02	16 fl. oz.	430	430	15.0	10	1	268	69	0	68	6	90



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Whole	16 fl.oz.	307	307	5.2	3.5	0	254	60	0	60	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Whole	16 fl.oz.	440	440	16.1	11	1	265	69	0	68	6	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Soy	16 fl.oz.	299	299	3.7	2.0	0	249	62	0	60	4	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Soy	16 fl.oz.	432	432	14.7	9	0	260	71	0	68	5	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Coconut	16 fl.oz.	282	282	4.2	3.5	0	254	59	0	58	2	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Coconut	16 fl.oz.	415	415	15.1	11	0	265	68	0	66	3	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Almond	16 fl.oz.	274	274	3.8	2.0	0	252	58	0	57	2	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Grande	Almond	16 fl.oz.	407	407	14.7	9	0	262	67	0	65	3	90
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Nonfat	20 fl.oz.	345	345	2.4	2.0	0	321	75	0	74	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Nonfat	20 fl.oz.	468	468	12.4	8	0	331	84	0	82	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	0.02	20 fl.oz.	362	362	4.5	3.2	0	326	75	0	74	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	0.02	20 fl.oz.	486	486	14.4	10	0	336	84	0	82	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Whole	20 fl.oz.	374	374	5.8	3.9	0	322	75	0	74	5	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Whole	20 fl.oz.	497	497	15.8	10	1	332	84	0	82	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Soy	20 fl.oz.	364	364	4.0	2.1	0	317	77	0	75	5	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Soy	20 fl.oz.	488	488	14.0	9	0	327	85	1	82	6	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Coconut	20 fl.oz.	344	344	4.6	3.9	0	323	74	0	72	2	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Coconut	20 fl.oz.	468	468	14.5	10	0	332	82	0	80	3	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Almond	20 fl.oz.	334	334	4.1	2.0	0	320	73	0	71	3	120
	Cranberry White Mocha Frappuccino® Blended Coffee	Venti®	Almond	20 fl.oz.	458	458	14.1	8	0	329	81	1	79	3	120
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Nonfat	12 fl.oz.	161	161	1.4	1.1	0	189	33	0	33	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Nonfat	12 fl.oz.	259	259	9.2	6	0	197	40	0	39	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	0.02	12 fl.oz.	177	177	3.4	2.4	0	195	32	0	32	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	0.02	12 fl.oz.	276	276	11.2	7	0	203	39	0	39	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Whole	12 fl.oz.	189	189	4.8	3.0	0	191	32	0	32	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Whole	12 fl.oz.	288	288	12.5	8	0	198	39	0	39	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Soy	12 fl.oz.	180	180	3.0	1.3	0	185	34	0	33	4	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Soy	12 fl.oz.	278	278	10.8	6	0	193	41	0	39	5	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Coconut	12 fl.oz.	160	160	3.5	3.0	0	191	31	0	31	1	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Coconut	12 fl.oz.	259	259	11.3	8	0	199	38	0	37	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Almond	12 fl.oz.	150	150	3.0	1.2	0	188	30	0	29	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Tall	Almond	12 fl.oz.	249	249	10.8	6	0	196	37	0	36	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Nonfat	16 fl.oz.	249	249	2.6	2.1	0	274	50	0	50	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Nonfat	16 fl.oz.	382	382	13.5	9	0	284	59	0	58	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	0.02	16 fl.oz.	270	270	5.1	3.7	0	281	50	0	50	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	0.02	16 fl.oz.	403	403	16.0	11	1	291	59	0	58	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Whole	16 fl.oz.	285	285	6.8	4.5	0	275	50	0	50	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Whole	16 fl.oz.	418	418	17.7	12	1	286	59	0	58	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Soy	16 fl.oz.	273	273	4.6	2.3	0	268	52	1	51	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Soy	16 fl.oz.	406	406	15.5	9	0	279	61	1	59	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Coconut	16 fl.oz.	248	248	5.2	4.5	0	276	48	0	48	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Coconut	16 fl.oz.	381	381	16.2	11	0	286	57	0	56	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Almond	16 fl.oz.	236	236	4.7	2.2	0	272	47	1	46	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Grande	Almond	16 fl.oz.	369	369	15.6	9	0	282	56	1	54	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Nonfat	20 fl.oz.	286	286	2.5	2.0	0	336	59	0	59	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Nonfat	20 fl.oz.	410	410	12.5	8	0	345	67	0	67	8	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	0.02	20 fl.oz.	311	311	5.6	4.0	0	344	59	0	58	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	0.02	20 fl.oz.	435	435	15.6	10	1	353	67	0	66	8	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Whole	20 fl.oz.	329	329	7.6	4.9	0	337	59	0	58	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Whole	20 fl.oz.	453	453	17.6	11	1	347	67	0	66	8	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Soy	20 fl.oz.	314	314	5.0	2.3	0	329	61	1	59	6	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Soy	20 fl.oz.	438	438	14.9	9	0	339	69	1	67	7	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Coconut	20 fl.oz.	285	285	5.7	4.9	0	338	56	0	56	2	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Coconut	20 fl.oz.	409	409	15.7	11	0	348	65	0	64	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Almond	20 fl.oz.	270	270	5.0	2.2	0	333	55	1	54	3	0
	Cranberry White Chocolate Frappuccino® Blended Crème	Venti®	Almond	20 fl.oz.	394	394	15.0	9	0	343	63	1	62	4	0
	Iced Red Velvet Latte	Tall	Nonfat	12 fl.oz.	136	136	0.2	0.1	0	77	28	0	26	6	75
	Iced Red Velvet Latte	Tall	Nonfat	12 fl.oz.	221	221	8.5	5	0	88	30	0	28	7	75
	Iced Red Velvet Latte	Tall	0.02	12 fl.oz.	163	163	3.3	2.1	0	85	27	0	26	6	75
	Iced Red Velvet Latte	Tall	0.02	12 fl.oz.	247	247	11.7	8	0	97	30	0	28	7	75
	Iced Red Velvet Latte	Tall	Whole	12 fl.oz.	181	181	5.5	3.1	0	79	27	0	26	6	75
	Iced Red Velvet Latte	Tall	Whole	12 fl.oz.	266	266	13.8	9	0	90	30	0	28	6	75
	Iced Red Velvet Latte	Tall	Soy	12 fl.oz.	166	166	2.7	0.4	0	70	30	1	27	5	75
	Iced Red Velvet Latte	Tall	Soy	12 fl.oz.	251	251	11.1	6	0	81	32	1	28	6	75
	Iced Red Velvet Latte	Tall	Coconut	12 fl.oz.	135	135	3.5	3.1	0	79	25	0	23	1	75
	Iced Red Velvet Latte	Tall	Coconut	12 fl.oz.	220	220	11.9	8	0	91	27	0	25	1	75
	Iced Red Velvet Latte	Tall	Almond	12 fl.oz.	120	120	2.8	0.3	0	74	23	1	21	1	75
	Iced Red Velvet Latte	Tall	Almond	12 fl.oz.	204	204	11.1	6	0	85	26	1	23	2	75
	Iced Red Velvet Latte	Grande	Nonfat	16 fl.oz.	182	182	0.2	0.1	0	99	37	0	34	8	150
	Iced Red Velvet Latte	Grande	Nonfat	16 fl.oz.	300	300	11.9	8	0	114	40	0	37	9	150
	Iced Red Velvet Latte	Grande	0.02	16 fl.oz.	216	216	4.3	2.7	0	109	37	0	34	8	150



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Iced Red Velvet Latte	Grande	0.02	16 fl.oz.	334	334	16.0	10	1	125	40	0	37	9	150
	Iced Red Velvet Latte	Grande	Whole	16 fl.oz.	239	239	7.0	4.0	0	101	37	0	34	7	150
	Iced Red Velvet Latte	Grande	Whole	16 fl.oz.	358	358	18.7	12	1	117	40	0	37	8	150
	Iced Red Velvet Latte	Grande	Soy	16 fl.oz.	220	220	3.5	0.5	0	90	40	1	35	7	150
	Iced Red Velvet Latte	Grande	Soy	16 fl.oz.	338	338	15.2	8	0	106	43	1	38	8	150
	Iced Red Velvet Latte	Grande	Coconut	16 fl.oz.	180	180	4.5	4.0	0	102	34	0	30	1	150
	Iced Red Velvet Latte	Grande	Coconut	16 fl.oz.	299	299	16.2	11	0	118	37	0	33	2	150
	Iced Red Velvet Latte	Grande	Almond	16 fl.oz.	161	161	3.5	0.3	0	95	32	1	28	2	150
	Iced Red Velvet Latte	Grande	Almond	16 fl.oz.	279	279	15.3	8	0	111	34	1	30	3	150
	Iced Red Velvet Latte	Venti®	Nonfat	20 fl.oz.	215	215	0.2	0.2	0	111	44	0	42	9	150
	Iced Red Velvet Latte	Venti®	Nonfat	20 fl.oz.	323	323	11.0	7	0	125	47	0	44	9	150
	Iced Red Velvet Latte	Venti®	0.02	20 fl.oz.	253	253	4.8	3.0	0	123	44	0	41	8	150
	Iced Red Velvet Latte	Venti®	0.02	20 fl.oz.	361	361	15.5	10	1	137	47	0	44	9	150
	Iced Red Velvet Latte	Venti®	Whole	20 fl.oz.	279	279	7.8	4.5	0	113	44	0	41	8	150
	Iced Red Velvet Latte	Venti®	Whole	20 fl.oz.	387	387	18.5	11	1	127	47	0	44	9	150
	Iced Red Velvet Latte	Venti®	Soy	20 fl.oz.	257	257	3.8	0.5	0	101	48	1	42	7	150
	Iced Red Velvet Latte	Venti®	Soy	20 fl.oz.	365	365	14.6	7	0	115	50	1	45	8	150
	Iced Red Velvet Latte	Venti®	Coconut	20 fl.oz.	213	213	5.0	4.4	0	114	41	0	37	1	150
	Iced Red Velvet Latte	Venti®	Coconut	20 fl.oz.	321	321	15.7	11	0	128	43	0	39	2	150
	Iced Red Velvet Latte	Venti®	Almond	20 fl.oz.	191	191	3.9	0.4	0	107	38	1	34	2	150
	Iced Red Velvet Latte	Venti®	Almond	20 fl.oz.	299	299	14.6	7	0	121	41	1	36	3	150
	Red Velvet Latte	Short	Nonfat	8 fl. oz.	97	97	0.1	0.1	0	54	19	0	18	5	75
	Red Velvet Latte	Short	Nonfat	8 fl. oz.	151	151	5.5	4	0	62	21	0	19	5	75
	Red Velvet Latte	Short	0.02	8 fl. oz.	117	117	2.5	1.6	0	60	19	0	18	4	75
	Red Velvet Latte	Short	0.02	8 fl. oz.	171	171	7.9	5	0	68	21	0	19	5	75
	Red Velvet Latte	Short	Whole	8 fl. oz.	131	131	4.1	2.3	0	55	19	0	18	4	75
	Red Velvet Latte	Short	Whole	8 fl. oz.	185	185	9.4	6	0	63	21	0	19	5	75
	Red Velvet Latte	Short	Soy	8 fl. oz.	123	123	2.1	0.3	0	51	22	1	19	4	75
	Red Velvet Latte	Short	Soy	8 fl. oz.	177	177	7.5	4	0	60	23	1	20	4	75
	Red Velvet Latte	Short	Coconut	8 fl. oz.	104	104	3.1	2.7	0	65	18	0	16	1	75
	Red Velvet Latte	Short	Coconut	8 fl. oz.	158	158	8.4	6	0	74	20	0	18	1	75
	Red Velvet Latte	Short	Almond	8 fl. oz.	87	87	2.2	0.2	0	55	16	1	14	1	75
	Red Velvet Latte	Short	Almond	8 fl. oz.	141	141	7.5	4	0	63	18	1	16	2	75
	Red Velvet Latte	Tall	Nonfat	12 fl.oz.	131	131	0.2	0.1	0	90	25	0	24	7	75
	Red Velvet Latte	Tall	Nonfat	12 fl.oz.	196	196	6.6	4	0	99	27	0	25	8	75
	Red Velvet Latte	Tall	0.02	12 fl.oz.	164	164	4.2	2.6	0	100	25	0	23	7	75
	Red Velvet Latte	Tall	0.02	12 fl.oz.	229	229	10.5	7	0	110	26	0	25	8	75
	Red Velvet Latte	Tall	Whole	12 fl.oz.	188	188	6.8	3.9	0	92	25	0	23	7	75
	Red Velvet Latte	Tall	Whole	12 fl.oz.	252	252	13.2	8	0	101	26	0	25	7	75
	Red Velvet Latte	Tall	Soy	12 fl.oz.	171	171	3.4	0.5	0	83	28	1	24	6	75
	Red Velvet Latte	Tall	Soy	12 fl.oz.	236	236	9.8	5	0	93	30	1	26	7	75
	Red Velvet Latte	Tall	Coconut	12 fl.oz.	142	142	5.1	4.5	0	108	23	0	21	1	75
	Red Velvet Latte	Tall	Coconut	12 fl.oz.	206	206	11.5	9	0	118	25	0	22	1	75
	Red Velvet Latte	Tall	Almond	12 fl.oz.	117	117	3.9	0.4	0	96	20	1	17	2	75
	Red Velvet Latte	Tall	Almond	12 fl.oz.	181	181	10.2	4	0	106	22	1	19	2	75
	Red Velvet Latte	Grande	Nonfat	16 fl.oz.	211	211	0.3	0.2	0	129	41	0	39	11	150
	Red Velvet Latte	Grande	Nonfat	16 fl.oz.	286	286	7.6	5	0	141	43	0	41	11	150
	Red Velvet Latte	Grande	0.02	16 fl.oz.	259	259	6.0	3.8	0	144	41	0	38	10	150
	Red Velvet Latte	Grande	0.02	16 fl.oz.	334	334	13.3	9	1	156	43	0	40	11	150
	Red Velvet Latte	Grande	Whole	16 fl.oz.	292	292	9.8	5.6	0	132	41	0	38	10	150
	Red Velvet Latte	Grande	Whole	16 fl.oz.	367	367	17.2	10	1	144	43	0	40	11	150
	Red Velvet Latte	Grande	Soy	16 fl.oz.	257	257	4.6	0.6	0	111	45	1	39	9	150
	Red Velvet Latte	Grande	Soy	16 fl.oz.	333	333	12.0	5	0	124	47	1	41	9	150
	Red Velvet Latte	Grande	Coconut	16 fl.oz.	213	213	6.5	5.7	0	138	37	1	33	1	150
	Red Velvet Latte	Grande	Coconut	16 fl.oz.	288	288	13.9	10	0	150	39	1	35	2	150
	Red Velvet Latte	Grande	Almond	16 fl.oz.	184	184	5.1	0.5	0	129	34	1	29	3	150
	Red Velvet Latte	Grande	Almond	16 fl.oz.	260	260	12.5	5	0	141	36	1	31	3	150
	Red Velvet Latte	Venti®	Nonfat	20 fl.oz.	267	267	0.4	0.2	0	168	52	0	49	14	150
	Red Velvet Latte	Venti®	Nonfat	20 fl.oz.	342	342	7.7	5	0	180	54	0	51	14	150
	Red Velvet Latte	Venti®	0.02	20 fl.oz.	330	330	7.8	5.0	0	188	52	0	49	14	150
	Red Velvet Latte	Venti®	0.02	20 fl.oz.	405	405	15.2	10	1	200	54	0	51	14	150
	Red Velvet Latte	Venti®	Whole	20 fl.oz.	373	373	12.8	7.3	0	172	52	0	49	13	150
	Red Velvet Latte	Venti®	Whole	20 fl.oz.	448	448	20.2	12	1	184	54	0	51	14	150
	Red Velvet Latte	Venti®	Soy	20 fl.oz.	341	341	6.4	0.9	0	155	58	2	50	12	150
	Red Velvet Latte	Venti®	Soy	20 fl.oz.	417	417	13.8	6	0	167	60	2	52	12	150
	Red Velvet Latte	Venti®	Coconut	20 fl.oz.	271	271	8.6	7.6	0	182	47	1	42	2	150
	Red Velvet Latte	Venti®	Coconut	20 fl.oz.	347	347	16.0	12	0	195	49	1	44	2	150
	Red Velvet Latte	Venti®	Almond	20 fl.oz.	234	234	6.8	0.6	0	170	43	2	37	3	150
	Red Velvet Latte	Venti®	Almond	20 fl.oz.	309	309	14.1	5	0	182	45	2	39	4	150
	Red Velvet Creme Frappuccino - Foxtail	Tall	Whole	12 fl.oz.	257	257	14.7	9.2	1	163	28	0	27	4	0
	Red Velvet Creme Frappuccino - Foxtail	Tall	Nonfat	12 fl.oz.	232	232	11.8	8	0	162	28	0	28	4	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Red Velvet Creme Frappuccino - Foxtail	Tall	0.02	12 fl.oz.	247	247	13.6	8.6	1	166	28	0	27	4	0
	Red Velvet Creme Frappuccino - Foxtail	Tall	Soy	12 fl.oz.	266	266	13.4	8	0	177	33	1	31	4	0
	Red Velvet Creme Frappuccino - Foxtail	Tall	Almond	12 fl.oz.	247	247	13.6	7.6	0	193	31	1	30	2	0
	Red Velvet Creme Frappuccino - Foxtail	Tall	Coconut	12 fl.oz.	231	231	13.6	9	0	162	26	0	26	1	0
	Red Velvet Creme Frappuccino - Foxtail	Grande	Whole	16 fl.oz.	357	357	20.6	12.9	1	225	39	0	38	5	0
	Red Velvet Creme Frappuccino - Foxtail	Grande	Nonfat	16 fl.oz.	326	326	16.8	11	1	223	39	0	38	5	0
	Red Velvet Creme Frappuccino - Foxtail	Grande	0.02	16 fl.oz.	345	345	19.1	12.2	1	229	39	0	38	5	0
	Red Velvet Creme Frappuccino - Foxtail	Grande	Soy	16 fl.oz.	368	368	18.9	11	1	243	45	1	43	5	0
	Red Velvet Creme Frappuccino - Foxtail	Grande	Almond	16 fl.oz.	334	334	18.9	10.9	1	249	40	1	39	2	0
	Red Velvet Creme Frappuccino - Foxtail	Grande	Coconut	16 fl.oz.	323	323	19.2	13	1	223	37	0	36	2	0
	Red Velvet Creme Frappuccino - Foxtail	Venti®	Whole	20 fl.oz.	399	399	20.3	12.7	1	281	49	0	48	6	0
	Red Velvet Creme Frappuccino - Foxtail	Venti®	Nonfat	20 fl.oz.	361	361	15.9	10	1	280	49	0	48	6	0
	Red Velvet Creme Frappuccino - Foxtail	Venti®	0.02	20 fl.oz.	383	383	18.5	11.8	1	287	49	0	48	6	0
	Red Velvet Creme Frappuccino - Foxtail	Venti®	Soy	20 fl.oz.	405	405	18.2	10	1	296	55	1	53	6	0
	Red Velvet Creme Frappuccino - Foxtail	Venti®	Almond	20 fl.oz.	370	370	18.3	10.3	1	308	50	1	49	2	0
	Red Velvet Creme Frappuccino - Foxtail	Venti®	Coconut	20 fl.oz.	358	358	18.6	13	1	279	46	0	45	2	0
	Red Velvet Frappuccino - Foxtail	Tall	Whole	12 fl.oz.	277	277	13.9	8.7	1	153	35	0	34	3	60
	Red Velvet Frappuccino - Foxtail	Tall	Nonfat	12 fl.oz.	259	259	11.8	8	0	152	35	0	35	3	60
	Red Velvet Frappuccino - Foxtail	Tall	0.02	12 fl.oz.	270	270	13.1	8.3	1	156	35	0	34	3	60
	Red Velvet Frappuccino - Foxtail	Tall	Soy	12 fl.oz.	292	292	13.0	8	0	168	41	0	39	3	65
	Red Velvet Frappuccino - Foxtail	Tall	Almond	12 fl.oz.	278	278	13.0	7.6	0	178	39	0	38	2	70
	Red Velvet Frappuccino - Foxtail	Tall	Coconut	12 fl.oz.	257	257	13.1	9	0	152	34	0	33	1	55
	Red Velvet Frappuccino - Foxtail	Grande	Whole	16 fl.oz.	391	391	19.5	12.3	1	215	50	0	49	4	85
	Red Velvet Frappuccino - Foxtail	Grande	Nonfat	16 fl.oz.	368	368	16.8	11	1	214	50	0	49	4	85
	Red Velvet Frappuccino - Foxtail	Grande	0.02	16 fl.oz.	381	381	18.4	11.8	1	219	50	0	49	4	85
	Red Velvet Frappuccino - Foxtail	Grande	Soy	16 fl.oz.	409	409	18.3	11	1	234	57	1	55	4	95
	Red Velvet Frappuccino - Foxtail	Grande	Almond	16 fl.oz.	386	386	18.3	10.8	1	240	54	0	53	2	95
	Red Velvet Frappuccino - Foxtail	Grande	Coconut	16 fl.oz.	365	365	18.5	12	1	213	49	0	47	2	85
	Red Velvet Frappuccino - Foxtail	Venti®	Whole	20 fl.oz.	442	442	18.9	11.8	1	269	64	0	63	5	110
	Red Velvet Frappuccino - Foxtail	Venti®	Nonfat	20 fl.oz.	416	416	15.8	10	1	268	64	0	63	5	110
	Red Velvet Frappuccino - Foxtail	Venti®	0.02	20 fl.oz.	432	432	17.7	11.3	1	273	64	0	63	5	110
	Red Velvet Frappuccino - Foxtail	Venti®	Soy	20 fl.oz.	457	457	17.4	10	1	285	71	1	68	5	120
	Red Velvet Frappuccino - Foxtail	Venti®	Almond	20 fl.oz.	437	437	17.5	10.2	1	296	69	0	66	2	125
	Red Velvet Frappuccino - Foxtail	Venti®	Coconut	20 fl.oz.	413	413	17.7	12	1	267	62	0	60	2	110
	Red Velvet Creme Frappuccino - N&A	Tall	Whole	12 fl.oz.	267	267	14.7	9.2	1	157	30	0	30	4	0
	Red Velvet Creme Frappuccino - N&A	Tall	Nonfat	12 fl.oz.	242	242	11.8	8	0	156	31	0	30	4	0
	Red Velvet Creme Frappuccino - N&A	Tall	0.02	12 fl.oz.	257	257	13.6	8.6	1	160	30	0	30	4	0
	Red Velvet Creme Frappuccino - N&A	Tall	Soy	12 fl.oz.	277	277	13.4	8	0	170	36	1	34	4	0
	Red Velvet Creme Frappuccino - N&A	Tall	Almond	12 fl.oz.	259	259	13.6	7.6	0	186	34	1	33	2	0
	Red Velvet Creme Frappuccino - N&A	Tall	Coconut	12 fl.oz.	241	241	13.6	9	0	156	29	0	28	1	0
	Red Velvet Creme Frappuccino - N&A	Grande	Whole	16 fl.oz.	372	372	20.6	12.9	1	216	42	0	42	5	0
	Red Velvet Creme Frappuccino - N&A	Grande	Nonfat	16 fl.oz.	340	340	16.8	11	1	215	43	0	42	5	0
	Red Velvet Creme Frappuccino - N&A	Grande	0.02	16 fl.oz.	359	359	19.1	12.2	1	221	42	0	42	5	0
	Red Velvet Creme Frappuccino - N&A	Grande	Soy	16 fl.oz.	384	384	18.9	11	1	233	49	1	47	5	0
	Red Velvet Creme Frappuccino - N&A	Grande	Almond	16 fl.oz.	351	351	18.9	10.9	1	240	45	1	43	2	0
	Red Velvet Creme Frappuccino - N&A	Grande	Coconut	16 fl.oz.	337	337	19.2	13	1	214	40	0	39	2	0
	Red Velvet Creme Frappuccino - N&A	Venti®	Whole	20 fl.oz.	417	417	20.3	12.7	1	270	54	0	53	6	0
	Red Velvet Creme Frappuccino - N&A	Venti®	Nonfat	20 fl.oz.	379	379	15.9	10	1	269	54	0	53	6	0
	Red Velvet Creme Frappuccino - N&A	Venti®	0.02	20 fl.oz.	402	402	18.5	11.8	1	276	54	0	53	6	0
	Red Velvet Creme Frappuccino - N&A	Venti®	Soy	20 fl.oz.	425	425	18.2	10	1	284	61	1	58	6	0
	Red Velvet Creme Frappuccino - N&A	Venti®	Almond	20 fl.oz.	390	390	18.3	10.3	1	296	56	1	54	2	0
	Red Velvet Creme Frappuccino - N&A	Venti®	Coconut	20 fl.oz.	376	376	18.6	13	1	268	51	0	50	2	0
	Red Velvet Frappuccino - N&A	Tall	Whole	12 fl.oz.	289	289	13.9	8.7	1	150	38	0	38	3	60
	Red Velvet Frappuccino - N&A	Tall	Nonfat	12 fl.oz.	271	271	11.8	8	0	149	38	0	38	3	60
	Red Velvet Frappuccino - N&A	Tall	0.02	12 fl.oz.	282	282	13.1	8.3	1	153	38	0	38	3	60
	Red Velvet Frappuccino - N&A	Tall	Soy	12 fl.oz.	306	306	13.0	8	0	165	44	0	43	3	65
	Red Velvet Frappuccino - N&A	Tall	Almond	12 fl.oz.	292	292	13.0	7.6	0	174	43	0	42	2	70
	Red Velvet Frappuccino - N&A	Tall	Coconut	12 fl.oz.	269	269	13.1	9	0	149	37	0	36	1	55
	Red Velvet Frappuccino - N&A	Grande	Whole	16 fl.oz.	408	408	19.5	12.3	1	211	55	0	54	4	85
	Red Velvet Frappuccino - N&A	Grande	Nonfat	16 fl.oz.	385	385	16.8	11	1	210	55	0	54	4	85
	Red Velvet Frappuccino - N&A	Grande	0.02	16 fl.oz.	399	399	18.4	11.8	1	214	55	0	54	4	85
	Red Velvet Frappuccino - N&A	Grande	Soy	16 fl.oz.	429	429	18.3	11	1	230	63	1	60	4	95
	Red Velvet Frappuccino - N&A	Grande	Almond	16 fl.oz.	406	406	18.3	10.8	1	235	60	1	58	2	95
	Red Velvet Frappuccino - N&A	Grande	Coconut	16 fl.oz.	383	383	18.5	12	1	209	53	0	52	2	85
	Red Velvet Frappuccino - N&A	Venti®	Whole	20 fl.oz.	465	465	18.9	11.8	1	263	70	0	69	5	110
	Red Velvet Frappuccino - N&A	Venti®	Nonfat	20 fl.oz.	439	439	15.8	10	1	262	70	0	69	5	110
	Red Velvet Frappuccino - N&A	Venti®	0.02	20 fl.oz.	455	455	17.7	11.3	1	267	70	0	69	5	110
	Red Velvet Frappuccino - N&A	Venti®	Soy	20 fl.oz.	483	483	17.4	10	1	279	77	1	75	5	120
	Red Velvet Frappuccino - N&A	Venti®	Almond	20 fl.oz.	463	463	17.5	10.2	1	290	75	1	74	2	125
	Red Velvet Frappuccino - N&A	Venti®	Coconut	20 fl.oz.	436	436	17.7	12	1	261	68	0	67	2	110
	Holiday Cinnamon Latte	Short	Nonfat	8 fl. oz.	95	95	0.1	0.1	0	53	19	0	18	4	75



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Holiday Cinnamon Latte	Short	Nonfat	8 fl. oz.	147	147	5.1	3	0	57	20	0	19	5	75
	Holiday Cinnamon Latte	Short	0.02	8 fl. oz.	115	115	2.5	1.6	0	59	19	0	17	4	75
	Holiday Cinnamon Latte	Short	0.02	8 fl. oz.	167	167	7.5	5	0	63	20	0	19	5	75
	Holiday Cinnamon Latte	Short	Whole	8 fl. oz.	129	129	4.1	2.3	0	54	19	0	17	4	75
	Holiday Cinnamon Latte	Short	Whole	8 fl. oz.	180	180	9.1	6	0	58	20	0	19	5	75
	Holiday Cinnamon Latte	Short	Soy	8 fl. oz.	121	121	2.1	0.3	0	51	21	1	18	4	75
	Holiday Cinnamon Latte	Short	Soy	8 fl. oz.	173	173	7.1	3	0	54	23	1	20	4	75
	Holiday Cinnamon Latte	Short	Coconut	8 fl. oz.	102	102	3.1	2.7	0	65	18	0	16	1	75
	Holiday Cinnamon Latte	Short	Coconut	8 fl. oz.	153	153	8.1	6	0	68	19	0	17	1	75
	Holiday Cinnamon Latte	Short	Almond	8 fl. oz.	85	85	2.2	0.2	0	54	16	1	14	1	75
	Holiday Cinnamon Latte	Short	Almond	8 fl. oz.	136	136	7.2	3	0	58	17	1	15	1	75
	Holiday Cinnamon Latte	Tall	Nonfat	12 fl. oz.	148	148	0.2	0.1	0	89	29	0	27	7	75
	Holiday Cinnamon Latte	Tall	Nonfat	12 fl. oz.	209	209	6.1	4	0	93	31	0	29	8	75
	Holiday Cinnamon Latte	Tall	0.02	12 fl. oz.	181	181	4.2	2.6	0	99	29	0	17	7	75
	Holiday Cinnamon Latte	Tall	0.02	12 fl. oz.	243	243	10.1	6	0	104	31	0	29	8	75
	Holiday Cinnamon Latte	Tall	Whole	12 fl. oz.	204	204	6.8	3.9	0	91	29	0	27	7	75
	Holiday Cinnamon Latte	Tall	Whole	12 fl. oz.	266	266	12.8	8	0	95	31	0	29	7	75
	Holiday Cinnamon Latte	Tall	Soy	12 fl. oz.	188	188	3.4	0.5	0	82	32	1	28	6	75
	Holiday Cinnamon Latte	Tall	Soy	12 fl. oz.	249	249	9.4	4	0	87	34	1	30	7	75
	Holiday Cinnamon Latte	Tall	Coconut	12 fl. oz.	159	159	5.1	4.5	0	107	27	0	25	1	75
	Holiday Cinnamon Latte	Tall	Coconut	12 fl. oz.	220	220	11.0	8	0	112	29	0	26	1	75
	Holiday Cinnamon Latte	Tall	Almond	12 fl. oz.	133	133	3.8	0.3	0	95	24	1	21	2	75
	Holiday Cinnamon Latte	Tall	Almond	12 fl. oz.	195	195	9.8	4	0	100	26	1	23	2	75
	Holiday Cinnamon Latte	Grande	Nonfat	16 fl. oz.	207	207	0.2	0.2	0	127	40	0	38	11	150
	Holiday Cinnamon Latte	Grande	Nonfat	16 fl. oz.	278	278	7.1	5	0	132	42	0	40	11	150
	Holiday Cinnamon Latte	Grande	0.02	16 fl. oz.	255	255	5.9	3.8	0	142	40	0	37	10	150
	Holiday Cinnamon Latte	Grande	0.02	16 fl. oz.	326	326	12.8	8	0	147	42	0	39	11	150
	Holiday Cinnamon Latte	Grande	Whole	16 fl. oz.	288	288	9.8	5.6	0	130	40	0	37	10	150
	Holiday Cinnamon Latte	Grande	Whole	16 fl. oz.	359	359	16.6	10	1	125	42	0	39	11	150
	Holiday Cinnamon Latte	Grande	Soy	16 fl. oz.	253	253	4.6	0.6	0	110	44	1	38	9	150
	Holiday Cinnamon Latte	Grande	Soy	16 fl. oz.	324	324	11.4	5	0	115	46	1	40	9	150
	Holiday Cinnamon Latte	Grande	Coconut	16 fl. oz.	209	209	6.5	5.7	0	136	36	0	32	1	150
	Holiday Cinnamon Latte	Grande	Coconut	16 fl. oz.	280	280	13.3	10	0	141	38	1	34	2	150
	Holiday Cinnamon Latte	Grande	Almond	16 fl. oz.	180	180	5.1	0.5	0	127	33	1	28	2	150
	Holiday Cinnamon Latte	Grande	Almond	16 fl. oz.	251	251	12.0	5	0	132	35	1	30	3	150
	Holiday Cinnamon Latte	Venti®	Nonfat	20 fl. oz.	262	262	0.3	0.2	0	166	51	0	48	14	150
	Holiday Cinnamon Latte	Venti®	Nonfat	20 fl. oz.	333	333	7.2	5	0	171	53	0	50	14	150
	Holiday Cinnamon Latte	Venti®	0.02	20 fl. oz.	325	325	7.8	4.9	0	185	50	0	47	13	150
	Holiday Cinnamon Latte	Venti®	0.02	20 fl. oz.	396	396	14.6	9	1	191	52	0	49	14	150
	Holiday Cinnamon Latte	Venti®	Whole	20 fl. oz.	368	368	12.8	7.3	0	170	50	0	47	13	150
	Holiday Cinnamon Latte	Venti®	Whole	20 fl. oz.	439	439	19.6	12	1	175	52	0	49	13	150
	Holiday Cinnamon Latte	Venti®	Soy	20 fl. oz.	336	336	6.4	0.8	0	153	57	2	49	12	150
	Holiday Cinnamon Latte	Venti®	Soy	20 fl. oz.	407	407	13.3	5	0	158	59	2	51	12	150
	Holiday Cinnamon Latte	Venti®	Coconut	20 fl. oz.	266	266	8.6	7.6	0	180	46	1	41	2	150
	Holiday Cinnamon Latte	Venti®	Coconut	20 fl. oz.	337	337	15.4	12	0	185	48	1	43	2	150
	Holiday Cinnamon Latte	Venti®	Almond	20 fl. oz.	229	229	6.7	0.6	0	168	41	2	36	3	150
	Holiday Cinnamon Latte	Venti®	Almond	20 fl. oz.	300	300	13.6	5	0	173	43	2	38	4	150
	Iced Holiday Cinnamon Latte	Tall	Nonfat	12 fl. oz.	133	133	0.1	0.1	0	76	27	0	25	6	75
	Iced Holiday Cinnamon Latte	Tall	Nonfat	12 fl. oz.	214	214	7.9	5	0	81	29	0	28	7	75
	Iced Holiday Cinnamon Latte	Tall	0.02	12 fl. oz.	160	160	3.3	2.1	0	84	27	0	25	6	75
	Iced Holiday Cinnamon Latte	Tall	0.02	12 fl. oz.	241	241	11.1	7	0	90	29	0	27	6	75
	Iced Holiday Cinnamon Latte	Tall	Whole	12 fl. oz.	178	178	5.4	3.1	0	77	27	0	25	6	75
	Iced Holiday Cinnamon Latte	Tall	Whole	12 fl. oz.	259	259	13.2	8	0	83	29	0	27	6	75
	Iced Holiday Cinnamon Latte	Tall	Soy	12 fl. oz.	163	163	2.7	0.4	0	69	29	1	26	5	75
	Iced Holiday Cinnamon Latte	Tall	Soy	12 fl. oz.	244	244	10.5	5	0	75	32	1	28	6	75
	Iced Holiday Cinnamon Latte	Tall	Coconut	12 fl. oz.	132	132	3.5	3.1	0	78	24	0	22	1	75
	Iced Holiday Cinnamon Latte	Tall	Coconut	12 fl. oz.	213	213	11.3	8	0	84	27	0	25	1	75
	Iced Holiday Cinnamon Latte	Tall	Almond	12 fl. oz.	117	117	2.7	0.2	0	73	23	1	20	1	75
	Iced Holiday Cinnamon Latte	Tall	Almond	12 fl. oz.	198	198	10.5	5	0	79	25	1	22	2	75
	Iced Holiday Cinnamon Latte	Grande	Nonfat	16 fl. oz.	178	178	0.2	0.1	0	97	36	0	33	8	150
	Iced Holiday Cinnamon Latte	Grande	Nonfat	16 fl. oz.	290	290	11.1	7	0	105	39	0	37	9	150
	Iced Holiday Cinnamon Latte	Grande	0.02	16 fl. oz.	212	212	4.2	2.7	0	108	36	0	33	8	150
	Iced Holiday Cinnamon Latte	Grande	0.02	16 fl. oz.	325	325	15.2	10	1	116	39	0	36	8	150
	Iced Holiday Cinnamon Latte	Grande	Whole	16 fl. oz.	235	235	7.0	4.0	0	99	36	0	33	7	150
	Iced Holiday Cinnamon Latte	Grande	Whole	16 fl. oz.	348	348	17.9	11	1	107	39	0	36	8	150
	Iced Holiday Cinnamon Latte	Grande	Soy	16 fl. oz.	216	216	3.4	0.5	0	88	39	1	34	7	150
	Iced Holiday Cinnamon Latte	Grande	Soy	16 fl. oz.	329	329	14.3	7	0	96	42	1	37	7	150
	Iced Holiday Cinnamon Latte	Grande	Coconut	16 fl. oz.	176	176	4.5	3.9	0	100	33	0	29	1	150
	Iced Holiday Cinnamon Latte	Grande	Coconut	16 fl. oz.	289	289	15.4	11	0	108	36	0	33	2	150
	Iced Holiday Cinnamon Latte	Grande	Almond	16 fl. oz.	157	157	3.5	0.3	0	93	31	1	27	2	150
	Iced Holiday Cinnamon Latte	Grande	Almond	16 fl. oz.	269	269	14.4	7	0	102	34	1	30	3	150



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Iced Holiday Cinnamon Latte	Venti®	Nonfat	20 fl.oz.	210	210	0.2	0.1	0	109	43	0	40	9	150
	Iced Holiday Cinnamon Latte	Venti®	Nonfat	20 fl.oz.	313	313	10.2	7	0	116	46	0	43	9	150
	Iced Holiday Cinnamon Latte	Venti®	0.02	20 fl.oz.	248	248	4.7	3.0	0	121	43	0	40	8	150
	Iced Holiday Cinnamon Latte	Venti®	0.02	20 fl.oz.	351	351	14.7	9	1	128	46	0	43	9	150
	Iced Holiday Cinnamon Latte	Venti®	Whole	20 fl.oz.	274	274	7.7	4.4	0	111	43	0	40	8	150
	Iced Holiday Cinnamon Latte	Venti®	Whole	20 fl.oz.	377	377	17.7	11	1	119	46	0	43	9	150
	Iced Holiday Cinnamon Latte	Venti®	Soy	20 fl.oz.	252	252	3.8	0.5	0	99	47	1	41	7	150
	Iced Holiday Cinnamon Latte	Venti®	Soy	20 fl.oz.	355	355	13.8	7	0	107	50	1	44	8	150
	Iced Holiday Cinnamon Latte	Venti®	Coconut	20 fl.oz.	208	208	4.9	4.4	0	112	40	0	36	1	150
	Iced Holiday Cinnamon Latte	Venti®	Coconut	20 fl.oz.	311	311	14.9	11	0	120	43	0	39	2	150
	Iced Holiday Cinnamon Latte	Venti®	Almond	20 fl.oz.	186	186	3.9	0.4	0	105	37	1	33	2	150
	Iced Holiday Cinnamon Latte	Venti®	Almond	20 fl.oz.	290	290	13.9	7	0	112	40	1	36	3	150
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Nonfat	12 fl.oz.	172	172	0.1	0.0	0	152	40	0	39	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Nonfat	12 fl.oz.	253	253	7.9	5	0	158	42	0	42	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	0.02	12 fl.oz.	184	184	1.5	1.0	0	156	40	0	39	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	0.02	12 fl.oz.	265	265	9.3	6	0	162	42	0	42	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Whole	12 fl.oz.	192	192	2.5	1.4	0	153	40	0	39	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Whole	12 fl.oz.	273	273	10.3	6	0	159	42	0	42	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Soy	12 fl.oz.	208	208	1.4	0.2	0	167	46	0	44	3	75
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Soy	12 fl.oz.	289	289	9.2	5	0	173	49	1	47	3	75
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Coconut	12 fl.oz.	192	192	1.8	1.6	0	172	44	0	43	0	75
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Coconut	12 fl.oz.	273	273	9.6	7	0	178	46	0	45	1	75
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Almond	12 fl.oz.	184	184	1.4	0.1	0	170	43	0	42	1	75
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Tall	Almond	12 fl.oz.	265	265	9.2	5	0	175	45	0	44	1	75
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Nonfat	16 fl.oz.	245	245	0.1	0.1	0	215	58	0	57	3	95
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Nonfat	16 fl.oz.	358	358	11.0	7	0	223	61	0	60	4	95
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	0.02	16 fl.oz.	260	260	1.9	1.2	0	220	57	0	56	3	95
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	0.02	16 fl.oz.	373	373	12.8	8	0	228	61	0	60	4	95
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Whole	16 fl.oz.	270	270	3.1	1.8	0	216	57	0	56	3	95
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Whole	16 fl.oz.	383	383	14.0	9	0	224	61	0	60	4	95
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Soy	16 fl.oz.	303	303	1.8	0.2	0	244	68	1	66	3	110
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Soy	16 fl.oz.	416	416	12.7	7	0	252	71	1	69	4	110
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Coconut	16 fl.oz.	282	282	2.3	2.0	0	250	65	0	63	1	110
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Coconut	16 fl.oz.	395	395	13.2	9	0	258	68	0	67	1	110
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Almond	16 fl.oz.	272	272	1.8	0.2	0	247	64	1	62	1	110
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Grande	Almond	16 fl.oz.	385	385	12.7	7	0	255	67	1	65	2	110
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Nonfat	20 fl.oz.	308	308	0.1	0.1	0	268	73	0	72	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Nonfat	20 fl.oz.	412	412	10.1	6	0	276	76	0	75	5	120
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	0.02	20 fl.oz.	325	325	2.1	1.3	0	273	73	0	72	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	0.02	20 fl.oz.	429	429	12.1	8	0	281	76	0	75	5	120
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Whole	20 fl.oz.	337	337	3.5	2.0	0	269	73	0	72	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Whole	20 fl.oz.	440	440	13.5	8	0	277	76	0	75	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Soy	20 fl.oz.	393	393	2.0	0.3	0	317	90	1	87	4	145
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Soy	20 fl.oz.	497	497	12.1	7	0	325	93	1	90	5	145
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Coconut	20 fl.oz.	370	370	2.7	2.3	0	324	86	0	84	1	145
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Coconut	20 fl.oz.	473	473	12.7	9	0	332	89	0	87	1	145
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Almond	20 fl.oz.	358	358	2.1	0.2	0	320	84	1	82	1	145
	Holiday Cinnamon Frappuccino® Blended Beverage (N&A)	Venti®	Almond	20 fl.oz.	462	462	12.1	7	0	328	87	1	85	2	145
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Nonfat	12 fl.oz.	140	140	0.1	0.1	0	160	31	0	31	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Nonfat	12 fl.oz.	221	221	7.9	5	0	166	34	0	33	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	0.02	12 fl.oz.	156	156	2.1	1.3	0	165	31	0	31	3	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	0.02	12 fl.oz.	237	237	9.9	6	0	171	33	0	33	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Whole	12 fl.oz.	168	168	3.4	2.0	0	161	31	0	31	3	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Whole	12 fl.oz.	249	249	11.2	7	0	167	33	0	33	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Soy	12 fl.oz.	172	172	1.8	0.2	0	169	36	1	34	3	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Soy	12 fl.oz.	253	253	9.6	5	0	175	38	1	36	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Coconut	12 fl.oz.	151	151	2.4	2.1	0	175	32	0	31	0	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Coconut	12 fl.oz.	232	232	10.2	7	0	181	35	0	34	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Almond	12 fl.oz.	140	140	1.9	0.2	0	171	31	1	30	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Almond	12 fl.oz.	221	221	9.7	5	0	177	33	1	32	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Nonfat	16 fl.oz.	199	199	0.1	0.1	0	227	45	0	44	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Nonfat	16 fl.oz.	312	312	11.1	7	0	235	48	0	48	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	0.02	16 fl.oz.	221	221	2.7	1.7	0	233	45	0	44	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	0.02	16 fl.oz.	334	334	13.6	9	0	242	48	0	47	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Whole	16 fl.oz.	236	236	4.4	2.6	0	228	45	0	44	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Whole	16 fl.oz.	349	349	15.4	10	1	236	48	0	47	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Soy	16 fl.oz.	248	248	2.4	0.3	0	246	52	1	50	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Soy	16 fl.oz.	361	361	13.4	7	0	254	55	1	53	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Coconut	16 fl.oz.	220	220	3.2	2.8	0	254	48	0	46	0	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Coconut	16 fl.oz.	333	333	14.1	10	0	262	51	0	50	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Almond	16 fl.oz.	206	206	2.5	0.2	0	250	46	1	44	1	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Almond	16 fl. oz.	319	319	13.4	7	0	258	49	1	48	2	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Nonfat	20 fl. oz.	246	246	0.1	0.1	0	280	56	0	55	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Nonfat	20 fl. oz.	350	350	10.1	6	0	288	59	0	58	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	0.02	20 fl. oz.	272	272	3.1	2.0	0	288	56	0	55	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	0.02	20 fl. oz.	375	375	13.1	8	0	295	59	0	58	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Whole	20 fl. oz.	289	289	5.1	2.9	0	282	56	0	55	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Whole	20 fl. oz.	392	392	15.1	9	0	289	59	0	58	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Soy	20 fl. oz.	321	321	2.9	0.4	0	320	68	1	65	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Soy	20 fl. oz.	424	424	12.9	7	0	327	71	1	68	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Coconut	20 fl. oz.	287	287	3.8	3.4	0	330	63	0	61	0	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Coconut	20 fl. oz.	390	390	13.8	10	0	337	66	0	64	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Almond	20 fl. oz.	270	270	3.0	0.3	0	324	61	1	59	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Almond	20 fl. oz.	374	374	13.0	7	0	332	64	1	62	2	0
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Nonfat	12 fl. oz.	158	158	0.1	0.0	0	156	37	0	36	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Nonfat	12 fl. oz.	239	239	7.9	5	0	162	39	0	38	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	0.02	12 fl. oz.	170	170	1.5	1.0	0	160	36	0	36	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	0.02	12 fl. oz.	251	251	9.3	6	0	165	39	0	38	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Whole	12 fl. oz.	179	179	2.5	1.4	0	157	36	0	36	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Whole	12 fl. oz.	260	260	10.3	6	0	162	39	0	38	3	65
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Soy	12 fl. oz.	193	193	1.4	0.2	0	171	42	0	40	3	75
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Soy	12 fl. oz.	274	274	9.2	5	0	177	45	0	43	3	75
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Coconut	12 fl. oz.	177	177	1.8	1.6	0	176	40	0	38	0	75
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Coconut	12 fl. oz.	258	258	9.6	7	0	182	42	0	41	1	75
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Almond	12 fl. oz.	169	169	1.4	0.1	0	173	39	0	37	1	75
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Tall	Almond	12 fl. oz.	250	250	9.2	5	0	179	41	0	40	1	75
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Nonfat	16 fl. oz.	225	225	0.1	0.1	0	220	52	0	51	3	95
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Nonfat	16 fl. oz.	338	338	11.0	7	0	228	56	0	54	4	95
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	0.02	16 fl. oz.	240	240	1.9	1.2	0	224	52	0	51	3	95
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	0.02	16 fl. oz.	353	353	12.8	8	0	233	56	0	54	4	95
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Whole	16 fl. oz.	250	250	3.1	1.8	0	221	52	0	51	3	95
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Whole	16 fl. oz.	364	364	14.0	9	0	229	56	0	54	4	95
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Soy	16 fl. oz.	280	280	1.8	0.2	0	249	62	1	59	3	110
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Soy	16 fl. oz.	393	393	12.7	7	0	258	65	1	63	4	110
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Coconut	16 fl. oz.	259	259	2.3	2.0	0	256	59	0	57	1	110
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Coconut	16 fl. oz.	372	372	13.2	9	0	264	62	0	60	1	110
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Almond	16 fl. oz.	249	249	1.8	0.2	0	252	58	0	56	1	110
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Grande	Almond	16 fl. oz.	362	362	12.7	7	0	260	61	0	59	2	110
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Nonfat	20 fl. oz.	283	283	0.1	0.1	0	274	66	0	65	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Nonfat	20 fl. oz.	386	386	10.1	6	0	282	69	0	68	5	120
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	0.02	20 fl. oz.	300	300	2.1	1.3	0	280	66	0	65	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	0.02	20 fl. oz.	403	403	12.1	8	0	287	69	0	68	5	120
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Whole	20 fl. oz.	311	311	3.5	2.0	0	275	66	0	65	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Whole	20 fl. oz.	415	415	13.5	8	0	283	69	0	68	4	120
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Soy	20 fl. oz.	363	363	2.0	0.3	0	325	82	1	78	4	145
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Soy	20 fl. oz.	466	466	12.1	7	0	332	85	1	81	5	145
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Coconut	20 fl. oz.	339	339	2.7	2.3	0	332	78	0	76	1	145
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Coconut	20 fl. oz.	443	443	12.7	9	0	339	81	0	78	1	145
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Almond	20 fl. oz.	328	328	2.1	0.2	0	328	77	1	74	1	145
	Holiday Cinnamon Frappuccino® Blended Beverage (Foxtail)	Venti®	Almond	20 fl. oz.	431	431	12.1	7	0	335	80	1	77	2	145
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Nonfat	12 fl. oz.	128	128	0.1	0.1	0	167	28	0	28	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Nonfat	12 fl. oz.	209	209	7.9	5	0	172	31	0	30	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	0.02	12 fl. oz.	145	145	2.1	1.3	0	172	28	0	28	3	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	0.02	12 fl. oz.	226	226	9.9	6	0	178	30	0	30	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Whole	12 fl. oz.	157	157	3.4	2.0	0	168	28	0	28	3	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Whole	12 fl. oz.	238	238	11.2	7	0	174	30	0	30	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Soy	12 fl. oz.	160	160	1.8	0.2	0	176	32	1	30	3	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Soy	12 fl. oz.	241	241	9.6	5	0	182	35	1	33	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Coconut	12 fl. oz.	139	139	2.4	2.1	0	182	29	0	28	0	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Coconut	12 fl. oz.	220	220	10.2	7	0	188	31	0	30	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Almond	12 fl. oz.	128	128	1.9	0.2	0	179	28	0	27	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Tall	Almond	12 fl. oz.	209	209	9.7	5	0	185	30	0	29	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Nonfat	16 fl. oz.	182	182	0.1	0.1	0	237	41	0	40	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Nonfat	16 fl. oz.	295	295	11.1	7	0	245	44	0	43	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	0.02	16 fl. oz.	204	204	2.7	1.7	0	243	40	0	40	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	0.02	16 fl. oz.	317	317	13.6	9	0	252	44	0	43	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Whole	16 fl. oz.	219	219	4.4	2.6	0	238	40	0	40	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Whole	16 fl. oz.	332	332	15.4	10	1	246	44	0	43	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Soy	16 fl. oz.	230	230	2.4	0.3	0	257	47	1	45	4	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Soy	16 fl. oz.	343	343	13.4	7	0	265	51	1	48	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Coconut	16 fl. oz.	202	202	3.2	2.8	0	265	43	0	42	0	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Coconut	16 fl. oz.	315	315	14.1	10	0	273	46	0	45	1	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calores from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Almond	16 fl. oz.	188	188	2.5	0.2	0	260	41	1	40	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Grande	Almond	16 fl. oz.	301	301	13.4	7	0	269	44	1	43	2	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Nonfat	20 fl. oz.	226	226	0.1	0.1	0	293	51	0	50	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Nonfat	20 fl. oz.	329	329	10.1	6	0	300	54	0	53	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	0.02	20 fl. oz.	251	251	3.1	2.0	0	300	50	0	50	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	0.02	20 fl. oz.	354	354	13.1	8	0	308	53	0	53	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Whole	20 fl. oz.	268	268	5.1	2.9	0	294	50	0	50	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Whole	20 fl. oz.	371	371	15.1	9	0	302	53	0	53	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Soy	20 fl. oz.	297	297	2.9	0.4	0	334	62	1	59	5	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Soy	20 fl. oz.	400	400	12.9	7	0	342	65	1	62	6	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Coconut	20 fl. oz.	263	263	3.8	3.4	0	345	56	0	55	0	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Coconut	20 fl. oz.	366	366	13.8	10	0	352	59	0	58	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Almond	20 fl. oz.	246	246	3.0	0.3	0	339	54	1	53	1	0
	Holiday Cinnamon Crème Frappuccino® Blended Beverage	Venti®	Almond	20 fl. oz.	349	349	13.0	7	0	346	57	1	55	2	0
	Iced Coquito Coconutmilk Latte	Grande	Coconut	150	40	5	4.0	0.0	190	27	0	24	1	170	