



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Caffè Americano	Short	N/A	8	5	0	0	0	0	5	1	0	0	0	75
Espresso	Caffè Americano	Tall	N/A	12	10	0	0	0	0	10	2	0	0	1	150
Espresso	Caffè Americano	Grande	N/A	16	15	0	0	0	0	15	3	0	0	1	225
Espresso	Caffè Americano	Venti	N/A	20	25	0	0	0	0	15	4	0	0	1	300
Espresso	Caffè Latte	Short	0.02	8	100	30	3.5	2.5	0	75	9	0	8	6	75
Espresso	Caffè Latte	Short	Almond	8	50	30	3	0	0	85	5	1	3	1	75
Espresso	Caffè Latte	Short	Coconut	8	70	40	4	4	0	75	7	0	6	1	75
Espresso	Caffè Latte	Short	Nonfat	8	70	0	0	0	0	75	10	0	9	6	75
Espresso	Caffè Latte	Short	Soy	8	90	20	2.5	0	0	65	12	1	9	4	75
Espresso	Caffè Latte	Short	Whole	8	110	50	6	3.5	0	70	9	0	8	6	75
Espresso	Caffè Latte	Tall	0.02	12	150	50	6	3.5	0	115	14	0	13	10	75
Espresso	Caffè Latte	Tall	Almond	12	80	45	5	0	0	130	7	1	4	2	75
Espresso	Caffè Latte	Tall	Coconut	12	110	60	7	6	0	120	11	0	10	1	75
Espresso	Caffè Latte	Tall	Nonfat	12	100	0	0	0	0	120	15	0	14	10	75
Espresso	Caffè Latte	Tall	Soy	12	130	35	4	0.5	0	100	18	1	14	7	75
Espresso	Caffè Latte	Tall	Whole	12	180	80	9	5	0	115	14	0	13	10	75
Espresso	Caffè Latte	Grande	0.02	16	190	60	7	4.5	0	150	18	0	17	12	150
Espresso	Caffè Latte	Grande	Almond	16	100	60	6	0.5	0	160	10	2	5	3	150
Espresso	Caffè Latte	Grande	Coconut	16	140	70	8	8	0	150	15	0	12	2	150
Espresso	Caffè Latte	Grande	Nonfat	16	130	5	0	0	0	150	19	0	18	13	150
Espresso	Caffè Latte	Grande	Soy	16	170	40	4.5	0.5	0	125	23	1	17	9	150
Espresso	Caffè Latte	Grande	Whole	16	220	100	11	7	0	140	18	0	16	12	150
Espresso	Caffè Latte	Venti	0.02	20	240	80	9	6	0	190	24	0	22	16	150
Espresso	Caffè Latte	Venti	Almond	20	130	70	8	0.5	0	210	11	2	7	4	150
Espresso	Caffè Latte	Venti	Coconut	20	180	100	11	10	0	200	18	0	16	2	150
Espresso	Caffè Latte	Venti	Nonfat	20	170	5	0	0	0	190	25	0	23	16	150
Espresso	Caffè Latte	Venti	Soy	20	220	50	6	1	0	170	30	2	23	11	150
Espresso	Caffè Latte	Venti	Whole	20	290	140	15	9	0	190	23	0	21	16	150
Espresso	Caffè Latte Flavored	Short	0.02	8	130	30	3.5	1.5	0	80	18	0	17	6	75
Espresso	Caffè Latte Flavored	Short	Almond	8	90	25	3	0	0	80	14	1	12	1	75
Espresso	Caffè Latte Flavored	Short	Coconut	8	100	35	4	3.5	0	70	16	0	15	1	75
Espresso	Caffè Latte Flavored	Short	Nonfat	8	100	0	0	0	0	70	19	0	18	6	75
Espresso	Caffè Latte Flavored	Short	Soy	8	130	25	2.5	0	0	60	21	1	18	5	75
Espresso	Caffè Latte Flavored	Short	Whole	8	140	50	5	3	0	70	18	0	17	6	75
Espresso	Caffè Latte Flavored	Tall	0.02	12	200	45	5	2.5	0	125	28	0	27	9	75
Espresso	Caffè Latte Flavored	Tall	Almond	12	130	40	4.5	0	0	120	21	1	18	2	75
Espresso	Caffè Latte Flavored	Tall	Coconut	12	160	60	6	6	0	110	25	0	23	1	75
Espresso	Caffè Latte Flavored	Tall	Nonfat	12	150	0	0	0	0	110	28	0	27	9	75
Espresso	Caffè Latte Flavored	Tall	Soy	12	190	35	4	0.5	0	95	31	1	27	7	75
Espresso	Caffè Latte Flavored	Tall	Whole	12	220	80	9	5	0	115	28	0	27	9	75
Espresso	Caffè Latte Flavored	Grande	0.02	16	250	60	6	3.5	0	150	37	0	35	12	150
Espresso	Caffè Latte Flavored	Grande	Almond	16	170	50	6	0	0	150	28	2	24	3	150
Espresso	Caffè Latte Flavored	Grande	Coconut	16	210	70	8	7	0	140	33	0	30	2	150
Espresso	Caffè Latte Flavored	Grande	Nonfat	16	200	0	0	0	0	140	37	0	35	12	150
Espresso	Caffè Latte Flavored	Grande	Soy	16	250	45	5	0.5	0	120	41	1	35	9	150
Espresso	Caffè Latte Flavored	Grande	Whole	16	290	100	11	6	0	140	37	0	35	11	150
Espresso	Caffè Latte Flavored	Venti	0.02	20	320	80	9	4.5	0	200	46	0	44	15	150
Espresso	Caffè Latte Flavored	Venti	Almond	20	220	70	7	0.5	0	200	35	2	30	4	150
Espresso	Caffè Latte Flavored	Venti	Coconut	20	260	90	10	9	0	180	41	0	38	2	150
Espresso	Caffè Latte Flavored	Venti	Nonfat	20	250	5	0	0	0	180	47	0	45	15	150
Espresso	Caffè Latte Flavored	Venti	Soy	20	320	60	7	1	0	160	52	2	45	12	150
Espresso	Caffè Latte Flavored	Venti	Whole	20	370	130	14	8	0	190	46	0	44	14	150
Espresso	Caffè Misto	Short	0.02	8	50	20	2	1	0	50	5	0	5	4	75
Espresso	Caffè Misto	Short	Coconut	8	40	20	2.5	2.5	0	45	4	0	3	0	75
Espresso	Caffè Misto	Short	Nonfat	8	35	0	0	0	0	45	5	0	5	4	75
Espresso	Caffè Misto	Short	Soy	8	50	15	1.5	0	0	40	6	0	5	3	75
Espresso	Caffè Misto	Short	Whole	8	70	30	3.5	2	0	50	5	0	5	3	75
Espresso	Caffè Misto	Tall	0.02	12	80	30	3	1.5	0	80	8	0	8	5	115
Espresso	Caffè Misto	Tall	Coconut	12	60	35	3.5	3.5	0	70	6	0	5	1	115
Espresso	Caffè Misto	Tall	Nonfat	12	60	0	0	0	0	70	8	0	8	6	115
Espresso	Caffè Misto	Tall	Soy	12	80	20	2.5	0	0	60	10	1	8	4	115
Espresso	Caffè Misto	Tall	Whole	12	100	45	5	3	0	70	8	0	8	5	115
Espresso	Caffè Misto	Grande	0.02	16	110	35	4	2	0	100	10	0	10	7	150
Espresso	Caffè Misto	Grande	Coconut	16	70	40	4.5	4.5	0	90	7	0	7	1	150
Espresso	Caffè Misto	Grande	Nonfat	16	70	0	0	0	0	90	10	0	10	7	150
Espresso	Caffè Misto	Grande	Soy	16	100	30	3	0	0	80	13	1	10	6	150
Espresso	Caffè Misto	Grande	Whole	16	130	60	7	4	0	95	10	0	10	7	150
Espresso	Caffè Misto	Venti	0.02	20	130	45	5	2.5	0	130	13	0	13	9	195
Espresso	Caffè Misto	Venti	Coconut	20	80	45	5	4.5	0	90	7	0	7	1	195
Espresso	Caffè Misto	Venti	Nonfat	20	90	0	0	0	0	115	13	0	13	9	195
Espresso	Caffè Misto	Venti	Soy	20	130	35	4	0.5	0	100	16	1	13	7	195
Espresso	Caffè Misto	Venti	Whole	20	160	80	9	5	0	120	13	0	13	9	195
Espresso	Caffè Mocha	Short	0.02	8	200	80	9	6	0	75	22	2	18	7	90
Espresso	Caffè Mocha	Short	Almond	8	160	80	9	4	0	75	19	3	14	3	90
Espresso	Caffè Mocha	Short	Coconut	8	180	90	10	7	0	70	21	2	16	2	90
Espresso	Caffè Mocha	Short	Nonfat	8	180	60	6	4	0	70	23	2	18	7	90
Espresso	Caffè Mocha	Short	Soy	8	200	80	9	4	0	60	24	3	18	6	90
Espresso	Caffè Mocha	Short	Whole	8	210	100	11	7	0	70	22	2	18	7	90
Espresso	Caffè Mocha	Tall	0.02	12	290	110	13	8	0	120	34	3	28	11	95
Espresso	Caffè Mocha	Tall	Almond	12	230	110	12	5	0	120	27	4	20	4	95
Espresso	Caffè Mocha	Tall	Coconut	12	250	120	13	10	0	110	31	3	25	3	95
Espresso	Caffè Mocha	Tall	Nonfat	12	250	70	8	5	0	110	34	3	28	11	95



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Espresso	Caffè Mocha	Tall	Soy	12	290	100	11	5	0	95	37	4	28	9	95
Espresso	Caffè Mocha	Tall	Whole	12	310	140	16	9	0	110	34	3	28	10	95
Espresso	Caffè Mocha	Grande	0.02	16	360	140	15	9	0	150	44	4	35	13	175
Espresso	Caffè Mocha	Grande	Almond	16	300	130	15	6	0	150	36	5	26	6	175
Espresso	Caffè Mocha	Grande	Coconut	16	330	150	16	12	0	135	41	4	32	5	175
Espresso	Caffè Mocha	Grande	Nonfat	16	320	90	10	6	0	135	44	4	36	14	175
Espresso	Caffè Mocha	Grande	Soy	16	360	120	14	6	0	115	48	5	36	12	175
Espresso	Caffè Mocha	Grande	Whole	16	400	170	19	11	0	135	44	4	35	13	175
Espresso	Caffè Mocha	Venti	0.02	20	450	160	18	11	0	190	55	5	45	17	185
Espresso	Caffè Mocha	Venti	Almond	20	350	150	17	7	0	190	45	7	33	7	185
Espresso	Caffè Mocha	Venti	Coconut	20	390	170	19	15	0	180	50	5	40	5	185
Espresso	Caffè Mocha	Venti	Nonfat	20	390	90	10	6	0	170	56	5	45	18	185
Espresso	Caffè Mocha	Venti	Soy	20	450	140	16	7	0	150	60	6	45	15	185
Espresso	Caffè Mocha	Venti	Whole	20	490	200	23	13	0	180	55	5	45	17	185
Espresso	Cappuccino	Short	0.02	8	80	25	3	1.5	0	70	8	0	7	5	75
Espresso	Cappuccino	Short	Almond	8	50	25	3	0	0	80	5	1	3	1	75
Espresso	Cappuccino	Short	Coconut	8	70	35	4	4	0	75	7	0	6	1	75
Espresso	Cappuccino	Short	Nonfat	8	50	0	0	0	0	60	8	0	7	5	75
Espresso	Cappuccino	Short	Soy	8	60	15	1.5	0	0	40	8	0	6	3	75
Espresso	Cappuccino	Short	Whole	8	90	40	4.5	2.5	0	60	8	0	7	5	75
Espresso	Cappuccino	Tall	0.02	12	90	30	3.5	1.5	0	80	9	0	8	6	75
Espresso	Cappuccino	Tall	Almond	12	80	45	5	0	0	125	7	1	4	2	75
Espresso	Cappuccino	Tall	Coconut	12	100	60	6	6	0	115	11	0	9	1	75
Espresso	Cappuccino	Tall	Nonfat	12	60	0	0	0	0	70	9	0	8	6	75
Espresso	Cappuccino	Tall	Soy	12	100	25	3	0	0	65	12	1	9	5	75
Espresso	Cappuccino	Tall	Whole	12	110	50	6	3	0	75	9	0	8	6	75
Espresso	Cappuccino	Grande	0.02	16	120	35	4	2	0	100	12	0	10	8	150
Espresso	Cappuccino	Grande	Almond	16	100	50	6	0.5	0	160	9	2	5	3	150
Espresso	Cappuccino	Grande	Coconut	16	140	70	8	8	0	150	14	0	12	2	150
Espresso	Cappuccino	Grande	Nonfat	16	80	0	0	0	0	90	12	0	10	8	150
Espresso	Cappuccino	Grande	Soy	16	120	30	3.5	0	0	80	16	1	11	7	150
Espresso	Cappuccino	Grande	Whole	16	140	60	7	4	0	90	12	0	10	7	150
Espresso	Cappuccino	Venti	0.02	20	150	50	6	3	0	135	16	0	14	10	150
Espresso	Cappuccino	Venti	Almond	20	130	70	8	0.5	0	210	12	2	7	4	150
Espresso	Cappuccino	Venti	Coconut	20	170	90	10	10	0	190	18	0	15	2	150
Espresso	Cappuccino	Venti	Nonfat	20	110	0	0	0	0	120	16	0	14	10	150
Espresso	Cappuccino	Venti	Soy	20	160	40	4.5	0.5	0	110	20	1	15	9	150
Espresso	Cappuccino	Venti	Whole	20	190	80	9	5	0	125	16	0	14	10	150
Espresso	Caramel Macchiato	Short	0.02	8	124		3.8	2.4	0	78	17	0	16	5	75
Espresso	Caramel Macchiato	Short	0.02	8	120	35	4	2.5	0	80	16	0	15	5	75
Espresso	Caramel Macchiato	Short	Almond	8	80	30	3.5	0.5	0	75	12	1	10	1	75
Espresso	Caramel Macchiato	Short	Coconut	8	100		4.17	3.7	0	69	15	0	13	1	75
Espresso	Caramel Macchiato	Short	Coconut	8	100	40	4	3.5	0	70	14	0	13	1	75
Espresso	Caramel Macchiato	Short	Nonfat	8	99		0.92	0.58	0	71	17	0	16	6	75
Espresso	Caramel Macchiato	Short	Nonfat	8	100	10	1	0.5	0	70	16	0	15	5	75
Espresso	Caramel Macchiato	Short	Soy	8	122		3.09	0.8	0	62	19	1	16	4	75
Espresso	Caramel Macchiato	Short	Soy	8	120	30	3	1	0	60	18	1	15	4	75
Espresso	Caramel Macchiato	Short	Whole	8	140		5.72	3.32	0	72	17	0	16	5	75
Espresso	Caramel Macchiato	Short	Whole	8	140	50	6	3.5	0	70	16	0	15	5	75
Espresso	Caramel Macchiato	Tall	0.02	12	194		5.74	3.63	0	118	28	0	26	8	75
Espresso	Caramel Macchiato	Tall	0.02	12	190	50	6	3.5	0	120	26	0	25	8	75
Espresso	Caramel Macchiato	Tall	Almond	12	130	45	5	1	0	115	20	1	17	2	75
Espresso	Caramel Macchiato	Tall	Coconut	12	159		6.34	5.63	0	104	25	0	23	1	75
Espresso	Caramel Macchiato	Tall	Coconut	12	150	60	6	6	0	105	23	0	21	1	75
Espresso	Caramel Macchiato	Tall	Nonfat	12	158		1.4	0.89	0	106	28	0	26	8	75
Espresso	Caramel Macchiato	Tall	Nonfat	12	150	15	1.5	1	0	105	27	0	25	8	75
Espresso	Caramel Macchiato	Tall	Soy	12	194		4.7	1.21	0	94	31	1	26	7	75
Espresso	Caramel Macchiato	Tall	Soy	12	190	40	4.5	1	0	95	29	1	25	6	75
Espresso	Caramel Macchiato	Tall	Whole	12	219		8.63	5.01	0	109	28	0	26	8	75
Espresso	Caramel Macchiato	Tall	Whole	12	210	80	9	5	0	110	26	0	25	8	75
Espresso	Caramel Macchiato	Grande	0.02	16	257		7.12	4.51	0	150	38	0	35	10	150
Espresso	Caramel Macchiato	Grande	0.02	16	250	60	7	4.5	0	150	35	0	33	10	150
Espresso	Caramel Macchiato	Grande	Almond	16	170	60	6	1	0	140	27	1	23	2	150
Espresso	Caramel Macchiato	Grande	Coconut	16	212		7.89	7.07	0	132	34	0	30	1	150
Espresso	Caramel Macchiato	Grande	Coconut	16	200	70	8	7	0	130	32	0	29	1	150
Espresso	Caramel Macchiato	Grande	Nonfat	16	210		1.54	0.98	0	135	38	0	35	11	150
Espresso	Caramel Macchiato	Grande	Nonfat	16	200	15	1.5	1	0	135	36	0	34	11	150
Espresso	Caramel Macchiato	Grande	Soy	16	256		5.78	1.4	0	118	42	1	35	9	150
Espresso	Caramel Macchiato	Grande	Soy	16	250	50	6	1.5	0	120	39	1	34	9	150
Espresso	Caramel Macchiato	Grande	Whole	16	289		10.85	6.29	0	138	38	0	35	10	150
Espresso	Caramel Macchiato	Grande	Whole	16	280	100	11	6	0	140	35	0	33	10	150
Espresso	Caramel Macchiato	Venti	0.02	20	319		8.72	5.52	0	188	47	0	44	13	150
Espresso	Caramel Macchiato	Venti	0.02	20	310	80	9	6	0	190	44	0	42	13	150
Espresso	Caramel Macchiato	Venti	Almond	20	210	70	8	1.5	0	180	34	2	29	3	150
Espresso	Caramel Macchiato	Venti	Coconut	20	261		9.65	8.74	0	164	42	0	38	2	150
Espresso	Caramel Macchiato	Venti	Coconut	20	250	90	10	9	0	170	39	0	36	1	150
Espresso	Caramel Macchiato	Venti	Nonfat	20	259		1.61	1.02	0	169	48	0	45	13	150
Espresso	Caramel Macchiato	Venti	Nonfat	20	250	15	1.5	1	0	170	45	0	42	13	150
Espresso	Caramel Macchiato	Venti	Soy	20	316		6.97	1.55	0	147	52	1	45	11	150
Espresso	Caramel Macchiato	Venti	Soy	20	310	60	7	1.5	0	150	49	1	43	11	150
Espresso	Caramel Macchiato	Venti	Whole	20	360		13.48	7.8	0	173	47	0	44	13	150
Espresso	Caramel Macchiato	Venti	Whole	20	350	120	13	8	0	170	44	0	42	12	150



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Espresso	Espresso	Doppio	N/A	2	10	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso	Solo	N/A	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Con Panna	Doppio	N/A	2	35	20	2.5	1.5	0	0	3	0	1	1	150
Espresso	Espresso Con Panna	Solo	N/A	1	30	20	2.5	1.5	0	0	2	0	1	0	75
Espresso	Espresso Macchiato	Doppio	0.02	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Almond	2	10	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Coconut	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Nonfat	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Soy	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Doppio	Whole	2	15	0	0	0	0	0	2	0	0	1	150
Espresso	Espresso Macchiato	Solo	0.02	1	10	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Almond	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Coconut	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Nonfat	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Soy	1	5	0	0	0	0	0	1	0	0	0	75
Espresso	Espresso Macchiato	Solo	Whole	1	10	0	0	0	0	0	1	0	0	0	75
Espresso	Flat White	Short	0.02	8	90	30	3.5	2	0	80	9	0	8	6	130
Espresso	Flat White	Short	Almond	8	50	25	3	0	0	75	5	1	2	1	130
Espresso	Flat White	Short	Coconut	8	60	35	4	3.5	0	70	7	0	5	1	130
Espresso	Flat White	Short	Nonfat	8	60	0	0	0	0	70	9	0	8	6	130
Espresso	Flat White	Short	Soy	8	90	25	2.5	0	0	65	12	1	9	5	130
Espresso	Flat White	Short	Whole	8	110	50	5	3	0	70	9	0	8	6	130
Espresso	Flat White	Tall	0.02	12	140	50	5	3.5	0	130	14	0	13	9	130
Espresso	Flat White	Tall	Almond	12	70	40	4.5	0	0	120	7	1	4	2	130
Espresso	Flat White	Tall	Coconut	12	100	60	6	6	0	110	11	0	9	1	130
Espresso	Flat White	Tall	Nonfat	12	100	0	0	0	0	115	15	0	13	10	130
Espresso	Flat White	Tall	Soy	12	140	40	4	0.5	0	100	18	1	14	8	130
Espresso	Flat White	Tall	Whole	12	170	80	9	5	0	115	14	0	13	9	130
Espresso	Flat White	Grande	0.02	16	180	60	7	4.5	0	160	18	0	17	12	195
Espresso	Flat White	Grande	Almond	16	100	50	6	0	0	160	9	2	5	3	195
Espresso	Flat White	Grande	Coconut	16	130	70	8	7	0	140	14	0	11	1	195
Espresso	Flat White	Grande	Nonfat	16	130	5	0	0	0	150	19	0	17	12	195
Espresso	Flat White	Grande	Soy	16	190	50	5	0.5	0	130	24	1	18	10	195
Espresso	Flat White	Grande	Whole	16	220	100	11	7	0	150	18	0	17	12	195
Espresso	Flat White	Venti	0.02	20	240	80	9	6	0	220	24	0	22	16	195
Espresso	Flat White	Venti	Almond	20	120	70	8	0.5	0	210	11	2	7	4	195
Espresso	Flat White	Venti	Coconut	20	170	90	10	10	0	190	18	0	15	2	195
Espresso	Flat White	Venti	Nonfat	20	170	5	0	0	0	190	24	0	23	16	195
Espresso	Flat White	Venti	Soy	20	240	60	7	1	0	170	30	2	23	13	195
Espresso	Flat White	Venti	Whole	20	290	130	15	9	0	200	24	0	22	15	195
Espresso	Iced Caffè Americano	Tall	N/A	12	10	0	0	0	0	10	2	0	0	1	150
Espresso	Iced Caffè Americano	Grande	N/A	16	15	0	0	0	0	15	3	0	0	1	225
Espresso	Iced Caffè Americano	Venti	N/A	20	25	0	0	0	0	20	4	0	0	1	300
Espresso	Iced Caffè Latte	Tall	0.02	12	100	35	3.5	2	0	90	10	0	9	6	75
Espresso	Iced Caffè Latte	Tall	Coconut	12	70	35	4	4	0	80	7	0	6	1	75
Espresso	Iced Caffè Latte	Tall	Nonfat	12	70	0	0	0	0	80	10	0	9	6	75
Espresso	Iced Caffè Latte	Tall	Soy	12	100	25	3	0	0	75	13	1	9	5	75
Espresso	Iced Caffè Latte	Tall	Whole	12	120	50	6	3.5	0	85	10	0	9	6	75
Espresso	Iced Caffè Latte	Grande	0.02	16	130	40	4.5	2.5	0	115	13	0	11	8	150
Espresso	Iced Caffè Latte	Grande	Coconut	16	90	50	5	5	0	105	10	0	8	1	150
Espresso	Iced Caffè Latte	Grande	Nonfat	16	90	0	0	0	0	105	13	0	11	8	150
Espresso	Iced Caffè Latte	Grande	Soy	16	130	35	3.5	0	0	95	17	1	12	7	150
Espresso	Iced Caffè Latte	Grande	Whole	16	150	70	7	4.5	0	105	13	0	11	8	150
Espresso	Iced Caffè Latte	Venti	0.02	20	180	60	6	3	0	160	18	0	15	12	225
Espresso	Iced Caffè Latte	Venti	Coconut	20	130	70	7	7	0	150	14	0	11	2	225
Espresso	Iced Caffè Latte	Venti	Nonfat	20	130	0	0	0	0	140	19	0	16	12	225
Espresso	Iced Caffè Latte	Venti	Soy	20	180	45	5	0.5	0	130	23	1	17	10	225
Espresso	Iced Caffè Latte	Venti	Whole	20	210	90	10	6	0	150	18	0	15	11	225
Espresso	Iced Caffè Mocha	Tall	0.02	12	260	110	12	8	0	80	29	3	23	7	95
Espresso	Iced Caffè Mocha	Tall	Almond	12	220	110	12	6	0	80	26	4	19	4	95
Espresso	Iced Caffè Mocha	Tall	Coconut	12	240	120	13	9	0	70	28	3	22	3	95
Espresso	Iced Caffè Mocha	Tall	Nonfat	12	240	90	10	6	0	75	30	3	23	7	95
Espresso	Iced Caffè Mocha	Tall	Soy	12	260	110	12	6	0	65	32	3	24	7	95
Espresso	Iced Caffè Mocha	Tall	Whole	12	270	130	14	9	0	75	29	3	23	7	95
Espresso	Iced Caffè Mocha	Grande	0.02	16	350	150	17	11	0	100	39	4	30	10	175
Espresso	Iced Caffè Mocha	Grande	Almond	16	310	150	17	9	0	100	35	5	26	5	175
Espresso	Iced Caffè Mocha	Grande	Coconut	16	320	160	18	12	0	95	37	4	29	4	175
Espresso	Iced Caffè Mocha	Grande	Nonfat	16	320	120	14	8	0	90	40	4	30	10	175
Espresso	Iced Caffè Mocha	Grande	Soy	16	350	150	16	9	0	85	42	5	31	9	175
Espresso	Iced Caffè Mocha	Grande	Whole	16	360	170	19	12	0	95	39	4	30	9	175
Espresso	Iced Caffè Mocha	Venti	0.02	20	450	170	19	12	0	130	56	6	43	13	265
Espresso	Iced Caffè Mocha	Venti	Almond	20	400	170	19	9	0	135	50	7	36	7	265
Espresso	Iced Caffè Mocha	Venti	Coconut	20	420	180	20	14	0	125	54	6	41	6	265
Espresso	Iced Caffè Mocha	Venti	Nonfat	20	410	130	15	9	0	120	57	6	43	14	265
Espresso	Iced Caffè Mocha	Venti	Soy	20	450	170	18	10	0	110	60	7	44	12	265
Espresso	Iced Caffè Mocha	Venti	Whole	20	470	200	22	13	0	125	56	6	43	13	265
Espresso	Iced Caramel Macchiato	Tall	0.02	12	183		5.28	3.34	0	110	27	0	25	7	75
Espresso	Iced Caramel Macchiato	Tall	0.02	12	180	50	5	3.5	0	110	26	0	24	7	75
Espresso	Iced Caramel Macchiato	Tall	Almond	12	130	40	4.5	1	0	100	20	1	17	2	75
Espresso	Iced Caramel Macchiato	Tall	Coconut	12	150		5.67	4.94	0	95	24	0	22	1	75
Espresso	Iced Caramel Macchiato	Tall	Coconut	12	140	50	6	5	0	95	23	0	21	1	75
Espresso	Iced Caramel Macchiato	Tall	Nonfat	12	151		1.53	0.96	0	100	27	0	25	7	75



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Iced Caramel Macchiato	Tall	Nonfat	12	140	15	1.5	1	0	100	26	0	24	7	75
Espresso	Iced Caramel Macchiato	Tall	Soy	12	187		4.52	1.26	0	92	30	1	26	6	75
Espresso	Iced Caramel Macchiato	Tall	Soy	12	180	40	4.5	1.5	0	90	29	1	25	6	75
Espresso	Iced Caramel Macchiato	Tall	Whole	12	205		7.8	5.45	0	102	27	0	25	7	75
Espresso	Iced Caramel Macchiato	Tall	Whole	12	200	70	8	4.5	0	100	26	0	24	7	75
Espresso	Iced Caramel Macchiato	Grande	0.02	16	260		7.23	4.56	0	149	39	0	36	10	150
Espresso	Iced Caramel Macchiato	Grande	0.02	16	250	70	7	4.5	0	150	37	0	34	10	150
Espresso	Iced Caramel Macchiato	Grande	Almond	16	180	60	6	1.5	0	140	29	1	25	2	150
Espresso	Iced Caramel Macchiato	Grande	Coconut	16	216		7.75	6.73	0	129	35	0	31	1	150
Espresso	Iced Caramel Macchiato	Grande	Coconut	16	210	70	8	7	0	130	33	0	30	1	150
Espresso	Iced Caramel Macchiato	Grande	Nonfat	16	217		2.14	1.34	0	136	40	0	36	10	150
Espresso	Iced Caramel Macchiato	Grande	Nonfat	16	210	20	2	1.5	0	135	37	0	35	10	150
Espresso	Iced Caramel Macchiato	Grande	Soy	16	265		6.2	1.75	0	125	43	1	37	8	150
Espresso	Iced Caramel Macchiato	Grande	Soy	16	250	60	6	2	0	125	41	1	35	8	150
Espresso	Iced Caramel Macchiato	Grande	Whole	16	289		10.64	6.19	0	138	39	0	36	9	150
Espresso	Iced Caramel Macchiato	Grande	Whole	16	280	100	11	6	0	140	37	0	34	9	150
Espresso	Iced Caramel Macchiato	Venti	0.02	20	293		7.7	4.86	0	162	46	0	42	10	150
Espresso	Iced Caramel Macchiato	Venti	0.02	20	350	80	9	6	0	200	53	0	49	13	225
Espresso	Iced Caramel Macchiato	Venti	Almond	20	250	70	8	2	0	190	42	2	36	3	225
Espresso	Iced Caramel Macchiato	Venti	Coconut	20	245		8.26	7.22	0	141	41	0	38	2	150
Espresso	Iced Caramel Macchiato	Venti	Coconut	20	290	90	10	9	0	170	47	0	43	2	225
Espresso	Iced Caramel Macchiato	Venti	Nonfat	20	246		2.15	1.35	0	147	46	0	43	11	150
Espresso	Iced Caramel Macchiato	Venti	Nonfat	20	290	20	2.5	1.5	0	180	53	0	50	14	225
Espresso	Iced Caramel Macchiato	Venti	Soy	20	299		6.57	1.8	0	136	50	1	44	9	150
Espresso	Iced Caramel Macchiato	Venti	Soy	20	350	70	8	2	0	170	59	1	51	11	225
Espresso	Iced Caramel Macchiato	Venti	Whole	20	325		11.4	6.63	0	150	46	0	42	10	150
Espresso	Iced Caramel Macchiato	Venti	Whole	20	390	130	14	8	0	190	53	0	49	13	225
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	0.02	12	106		2.7	1.7	0	51	16	2	12	5	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Almond	12	82		2.4	0.7	0	45	14	2	9	2	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Coconut	12	91		2.8	2.2	0	48	14	2	10	2	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Nonfat	12	91		1	0.6	0	47	16	2	12	5	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Oat	12	112		3.6	0.7	0	44	17	2	10	3	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Soy	12	108		2.4	0.7	0	43	17	2	12	4	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Tall	Whole	12	116		3.9	2.3	0	48	16	2	12	4	160
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	0.02	16	143		3.6	2.3	0	68	21	2	16	6	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Almond	16	111		3.2	0.9	0	60	18	3	12	3	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Coconut	16	122		3.8	3	0	64	20	2	14	2	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Nonfat	16	123		1.3	0.8	0	62	21	2	16	6	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Oat	16	150		4.7	1	0	59	23	3	13	4	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Soy	16	145		3.2	1	0	57	23	3	16	6	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Grande	Whole	16	157		5.2	3	0	63	21	2	16	6	240
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	0.02	20	186		4.8	3	0	91	27	3	20	8	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Almond	20	143		4.2	1.1	0	80	23	3	15	4	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Coconut	20	158		4.9	4	0	85	25	3	18	3	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Nonfat	20	159		1.6	1	0	82	28	3	21	8	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Oat	20	196		6.3	1.2	0	77	29	4	17	5	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Soy	20	189		4.1	1.2	0	76	30	3	21	8	315
Espresso	Iced Chocolate Oatmilk Shaken Espresso	Venti	Whole	20	204		6.9	4	0	84	27	3	20	8	315
Espresso	Iced Flat White	Tall	0.02	12	100	30	3.5	2	0	90	10	0	8	6	130
Espresso	Iced Flat White	Tall	Almond	12	50	25	3	0	0	80	5	1	2	1	130
Espresso	Iced Flat White	Tall	Coconut	12	60	35	3.5	3.5	0	75	7	0	5	1	130
Espresso	Iced Flat White	Tall	Nonfat	12	70	0	0	0	0	80	10	0	9	6	130
Espresso	Iced Flat White	Tall	Soy	12	100	25	3	0	0	70	12	1	9	5	130
Espresso	Iced Flat White	Tall	Whole	12	110	50	6	3.5	0	80	10	0	8	6	130
Espresso	Iced Flat White	Grande	0.02	16	130	40	4.5	3	0	120	13	0	11	8	195
Espresso	Iced Flat White	Grande	Almond	16	70	35	3.5	0	0	105	6	1	3	2	195
Espresso	Iced Flat White	Grande	Coconut	16	90	45	5	4.5	0	95	9	0	7	1	195
Espresso	Iced Flat White	Grande	Nonfat	16	90	0	0	0	0	105	13	0	12	9	195
Espresso	Iced Flat White	Grande	Soy	16	130	35	4	0	0	95	17	1	12	7	195
Espresso	Iced Flat White	Grande	Whole	16	150	70	8	4.5	0	110	13	0	11	8	195
Espresso	Iced Flat White	Venti	0.02	20	180	60	7	4.5	0	170	19	0	16	12	260
Espresso	Iced Flat White	Venti	Almond	20	90	50	5	0	0	150	9	1	5	3	260
Espresso	Iced Flat White	Venti	Coconut	20	120	60	7	7	0	140	13	0	10	2	260
Espresso	Iced Flat White	Venti	Nonfat	20	130	0	0	0	0	150	19	0	17	12	260
Espresso	Iced Flat White	Venti	Soy	20	190	50	5	0.5	0	140	24	1	18	10	260
Espresso	Iced Flat White	Venti	Whole	20	220	100	11	6	0	160	19	0	16	12	260
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	0.02	12	89		2.1	1.3	0	55	14	0	12	4	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Almond	12	62		1.7	0.2	0	48	11	0	9	1	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Coconut	12	72		2.2	1.9	0	51	12	0	10	1	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Nonfat	12	73		0.1	0.1	0	50	14	0	12	4	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Oat	12	97		3.1	0.2	0	48	15	1	10	2	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Soy	12	91		1.7	0.2	0	46	15	1	13	3	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Tall	Whole	12	101		3.4	1.9	0	51	14	0	12	4	150
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	0.02	16	118		2.6	1.7	0	71	18	0	16	5	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Almond	16	83		2.2	0.2	0	62	15	1	12	2	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Coconut	16	96		2.8	2.5	0	66	16	0	14	1	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Nonfat	16	96		0.1	0.1	0	64	18	0	16	5	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Oat	16	127		3.9	0.3	0	62	20	1	13	2	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Soy	16	120		2.1	0.3	0	59	20	1	17	4	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Grande	Whole	16	132		4.3	2.5	0	66	18	0	16	5	225
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	0.02	20	159		3.7	2.4	0	98	24	0	21	7	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Almond	20	111		3.1	0.3	0	86	19	1	15	2	300



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Coconut	20	128		3.9	3.5	0	91	21	0	18	2	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Nonfat	20	129		0.2	0.1	0	89	24	0	21	7	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Oat	20	172		5.5	0.4	0	85	27	1	17	3	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Soy	20	162		3	0.4	0	81	27	1	22	6	300
Espresso	Iced Hazelnut Oatmilk Shaken Espresso	Venti	Whole	20	179		6.1	3.5	0	90	24	0	21	7	300
Espresso	Iced Skinny Vanilla Latte	Tall	Nonfat	12	60	0	0	0	0	85	9	0	8	6	75
Espresso	Iced Skinny Vanilla Latte	Grande	Nonfat	16	80	0	0	0	0	110	12	0	10	7	150
Espresso	Iced Skinny Vanilla Latte	Venti	Nonfat	20	110	0	0	0	0	150	17	0	14	10	225
Espresso	Iced Vanilla Latte	Tall	0.02	12	140	30	3	1.5	0	75	23	0	22	6	75
Espresso	Iced Vanilla Latte	Tall	Almond	12	100	25	2.5	0	0	75	19	1	17	1	75
Espresso	Iced Vanilla Latte	Tall	Coconut	12	120	35	3.5	3.5	0	70	21	0	19	1	75
Espresso	Iced Vanilla Latte	Tall	Nonfat	12	120	0	0	0	0	90	24	0	22	6	75
Espresso	Iced Vanilla Latte	Tall	Soy	12	150	25	2.5	0	0	65	25	1	22	5	75
Espresso	Iced Vanilla Latte	Tall	Whole	12	160	45	5	3	0	75	23	0	22	5	75
Espresso	Iced Vanilla Latte	Grande	0.02	16	190	35	4	2	0	100	30	0	28	7	150
Espresso	Iced Vanilla Latte	Grande	Almond	16	140	30	3.5	0	0	100	26	1	22	2	150
Espresso	Iced Vanilla Latte	Grande	Coconut	16	160	40	4.5	4.5	0	90	28	0	26	1	150
Espresso	Iced Vanilla Latte	Grande	Nonfat	16	160	0	0	0	0	90	31	0	29	7	150
Espresso	Iced Vanilla Latte	Grande	Soy	16	190	30	3	0	0	80	34	1	29	6	150
Espresso	Iced Vanilla Latte	Grande	Whole	16	210	60	6	3.5	0	90	30	0	28	7	150
Espresso	Iced Vanilla Latte	Venti	0.02	20	270	50	5	3	0	130	45	0	41	10	225
Espresso	Iced Vanilla Latte	Venti	Almond	20	200	45	5	0	0	140	38	1	33	3	225
Espresso	Iced Vanilla Latte	Venti	Coconut	20	230	60	6	6	0	130	41	0	38	2	225
Espresso	Iced Vanilla Latte	Venti	Nonfat	20	220	0	0	0	0	125	45	0	42	10	225
Espresso	Iced Vanilla Latte	Venti	Soy	20	270	40	4.5	0.5	0	115	49	1	43	9	225
Espresso	Iced Vanilla Latte	Venti	Whole	20	300	80	9	5	0	130	45	0	41	10	225
Espresso	Iced White Chocolate Mocha	Tall	0.02	12	330	130	15	10	0	150	43	0	41	8	75
Espresso	Iced White Chocolate Mocha	Tall	0.02	12	310	130	14	10	0	150	38	0	37	8	75
Espresso	Iced White Chocolate Mocha	Tall	Almond	12	300	130	14	9	0	150	39	1	37	5	75
Espresso	Iced White Chocolate Mocha	Tall	Coconut	12	310	140	15	11	0	140	41	0	39	4	75
Espresso	Iced White Chocolate Mocha	Tall	Coconut	12	280	130	15	11	0	140	35	0	34	3	75
Espresso	Iced White Chocolate Mocha	Tall	Nonfat	12	310	110	12	8	0	150	43	0	41	8	75
Espresso	Iced White Chocolate Mocha	Tall	Nonfat	12	280	100	12	8	0	150	38	0	37	8	75
Espresso	Iced White Chocolate Mocha	Tall	Soy	12	340	130	14	9	0	140	45	1	42	7	75
Espresso	Iced White Chocolate Mocha	Tall	Soy	12	310	120	14	8	0	140	40	1	37	7	75
Espresso	Iced White Chocolate Mocha	Tall	Whole	12	350	150	17	11	0	150	43	0	41	8	75
Espresso	Iced White Chocolate Mocha	Tall	Whole	12	330	150	16	11	0	150	38	0	37	8	75
Espresso	Iced White Chocolate Mocha	Grande	0.02	16	450	180	20	13	0	200	57	0	54	11	150
Espresso	Iced White Chocolate Mocha	Grande	0.02	16	420	180	20	13	0	200	50	0	49	11	150
Espresso	Iced White Chocolate Mocha	Grande	Almond	16	400	170	19	12	0	200	53	1	50	6	150
Espresso	Iced White Chocolate Mocha	Grande	Coconut	16	420	180	20	15	0	180	55	0	52	5	150
Espresso	Iced White Chocolate Mocha	Grande	Coconut	16	380	180	20	15	0	190	48	0	46	5	150
Espresso	Iced White Chocolate Mocha	Grande	Nonfat	16	420	150	17	12	0	190	58	0	55	11	150
Espresso	Iced White Chocolate Mocha	Grande	Nonfat	16	380	140	16	11	0	190	51	0	49	11	150
Espresso	Iced White Chocolate Mocha	Grande	Soy	16	450	180	19	12	0	180	60	1	55	10	150
Espresso	Iced White Chocolate Mocha	Grande	Soy	16	420	170	19	11	0	180	54	1	50	10	150
Espresso	Iced White Chocolate Mocha	Grande	Whole	16	470	200	22	15	0	190	57	0	54	10	150
Espresso	Iced White Chocolate Mocha	Grande	Whole	16	440	200	22	14	0	190	50	0	49	10	150
Espresso	Iced White Chocolate Mocha	Venti	0.02	20	600	220	24	16	0	280	84	0	79	15	225
Espresso	Iced White Chocolate Mocha	Venti	0.02	20	560	210	23	16	0	280	73	0	71	15	225
Espresso	Iced White Chocolate Mocha	Venti	Almond	20	540	210	23	14	0	290	77	1	73	9	225
Espresso	Iced White Chocolate Mocha	Venti	Coconut	20	570	220	25	19	0	260	80	0	76	8	225
Espresso	Iced White Chocolate Mocha	Venti	Coconut	20	510	210	24	18	0	260	69	0	66	7	225
Espresso	Iced White Chocolate Mocha	Venti	Nonfat	20	570	180	20	14	0	270	84	0	80	15	225
Espresso	Iced White Chocolate Mocha	Venti	Nonfat	20	510	160	18	13	0	270	73	0	71	15	225
Espresso	Iced White Chocolate Mocha	Venti	Soy	20	610	210	23	14	0	260	87	1	80	14	225
Espresso	Iced White Chocolate Mocha	Venti	Soy	20	560	200	22	13	0	260	77	1	72	14	225
Espresso	Iced White Chocolate Mocha	Venti	Whole	20	630	240	27	18	0	270	84	0	79	15	225
Espresso	Iced White Chocolate Mocha	Venti	Whole	20	580	240	27	17	0	270	73	0	71	15	225
Espresso	Latte Macchiato	Short	0.02	8	91		3.28	2.08	0	78	9	0	8	6	150
Espresso	Latte Macchiato	Short	0.02	8	90	30	3.5	2	0	80	9	0	8	6	150
Espresso	Latte Macchiato	Short	Almond	8	50	25	3	0	0	75	5	1	2	2	150
Espresso	Latte Macchiato	Short	Coconut	8	70	35	3.5	3.5	0	70	7	0	5	1	150
Espresso	Latte Macchiato	Short	Nonfat	8	65		0.13	0.09	0	70	10	0	8	6	150
Espresso	Latte Macchiato	Short	Nonfat	8	60	0	0	0	0	70	10	0	8	6	150
Espresso	Latte Macchiato	Short	Soy	8	72		2.52	0.33	0	61	7	1	4	5	150
Espresso	Latte Macchiato	Short	Soy	8	90	25	2.5	0	0	60	12	1	8	5	150
Espresso	Latte Macchiato	Short	Whole	8	110		5.39	3.09	0	72	9	0	8	6	150
Espresso	Latte Macchiato	Short	Whole	8	110	50	5	3	0	70	9	0	8	6	150
Espresso	Latte Macchiato	Tall	0.02	12	144		5.37	3.41	0	128	15	0	13	10	150
Espresso	Latte Macchiato	Tall	0.02	12	140	50	5	3.5	0	130	15	0	13	9	150
Espresso	Latte Macchiato	Tall	Almond	12	80	40	4.5	0	0	120	7	1	4	2	150
Espresso	Latte Macchiato	Tall	Coconut	12	100	50	6	6	0	110	11	0	9	1	150
Espresso	Latte Macchiato	Tall	Nonfat	12	101		0.22	0.15	0	115	15	0	13	10	150
Espresso	Latte Macchiato	Tall	Nonfat	12	100	0	0	0	0	115	15	0	13	10	150
Espresso	Latte Macchiato	Tall	Soy	12	112		4.12	0.54	0	99	10	1	6	8	150
Espresso	Latte Macchiato	Tall	Soy	12	140	35	4	0.5	0	100	18	1	13	8	150
Espresso	Latte Macchiato	Tall	Whole	12	174		8.82	5.06	0	117	15	0	13	9	150
Espresso	Latte Macchiato	Tall	Whole	12	170	80	9	5	0	115	15	0	13	9	150
Espresso	Latte Macchiato	Grande	0.02	16	186		6.86	4.35	0	164	19	0	17	12	225
Espresso	Latte Macchiato	Grande	0.02	16	190	60	7	4.5	0	160	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Almond	16	100	50	6	0	0	160	9	2	5	3	225



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	Latte Macchiato	Grande	Coconut	16	130	70	8	7	0	140	14	0	11	2	225
Espresso	Latte Macchiato	Grande	Nonfat	16	131		0.28	0.19	0	146	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Nonfat	16	130	0	0	0	0	150	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Soy	16	144		5.25	0.69	0	126	13	1	8	10	225
Espresso	Latte Macchiato	Grande	Soy	16	180	45	5	0.5	0	125	23	1	17	10	225
Espresso	Latte Macchiato	Grande	Whole	16	224		11.26	6.46	0	150	19	0	17	12	225
Espresso	Latte Macchiato	Grande	Whole	16	220	100	11	6	0	150	19	0	17	12	225
Espresso	Latte Macchiato	Venti	0.02	20	241		9.02	5.73	0	215	24	0	22	16	225
Espresso	Latte Macchiato	Venti	0.02	20	240	80	9	6	0	210	24	0	22	16	225
Espresso	Latte Macchiato	Venti	Almond	20	130	70	8	0.5	0	200	12	2	7	4	225
Espresso	Latte Macchiato	Venti	Coconut	20	170	90	10	10	0	190	18	0	15	2	225
Espresso	Latte Macchiato	Venti	Nonfat	20	168		0.36	0.25	0	192	25	0	23	16	225
Espresso	Latte Macchiato	Venti	Nonfat	20	170	5	0	0	0	190	25	0	23	16	225
Espresso	Latte Macchiato	Venti	Soy	20	186		6.92	0.9	0	165	16	2	10	13	225
Espresso	Latte Macchiato	Venti	Soy	20	240	60	7	1	0	170	30	2	23	13	225
Espresso	Latte Macchiato	Venti	Whole	20	291		14.8	8.5	0	197	24	0	22	15	225
Espresso	Latte Macchiato	Venti	Whole	20	290	130	15	8	0	200	24	0	22	15	225
Espresso	Skinny Vanilla Latte	Short	Nonfat	8	60	0	0	0	0	80	9	0	8	6	75
Espresso	Skinny Vanilla Latte	Tall	Nonfat	12	100	0	0	0	0	125	14	0	13	9	75
Espresso	Skinny Vanilla Latte	Grande	Nonfat	16	120	0	0	0	0	160	18	0	16	12	150
Espresso	Skinny Vanilla Latte	Venti	Nonfat	20	160	5	0	0	0	200	24	0	21	15	150
Espresso	Vanilla Latte	Short	0.02	8	130	30	3.5	1.5	0	80	18	0	17	6	75
Espresso	Vanilla Latte	Short	Almond	8	90	25	3	0	0	80	14	1	12	1	75
Espresso	Vanilla Latte	Short	Coconut	8	100	35	4	3.5	0	70	16	0	15	1	75
Espresso	Vanilla Latte	Short	Nonfat	8	100	0	0	0	0	70	19	0	18	6	75
Espresso	Vanilla Latte	Short	Soy	8	130	25	2.5	0	0	60	21	1	18	5	75
Espresso	Vanilla Latte	Short	Whole	8	140	50	5	3	0	70	18	0	17	6	75
Espresso	Vanilla Latte	Tall	0.02	12	200	45	5	2.5	0	125	28	0	27	9	75
Espresso	Vanilla Latte	Tall	Almond	12	130	40	4.5	0	0	120	21	1	18	2	75
Espresso	Vanilla Latte	Tall	Coconut	12	160	60	6	6	0	110	25	0	23	1	75
Espresso	Vanilla Latte	Tall	Nonfat	12	150	0	0	0	0	110	28	0	27	9	75
Espresso	Vanilla Latte	Tall	Soy	12	190	35	4	0.5	0	95	31	1	27	7	75
Espresso	Vanilla Latte	Tall	Whole	12	220	80	9	5	0	115	28	0	27	9	75
Espresso	Vanilla Latte	Grande	0.02	16	250	60	6	3.5	0	150	37	0	35	12	150
Espresso	Vanilla Latte	Grande	Almond	16	170	50	6	0	0	150	28	2	24	3	150
Espresso	Vanilla Latte	Grande	Coconut	16	210	70	8	7	0	140	33	0	30	2	150
Espresso	Vanilla Latte	Grande	Nonfat	16	200	0	0	0	0	140	37	0	35	12	150
Espresso	Vanilla Latte	Grande	Soy	16	250	45	5	0.5	0	120	41	1	35	9	150
Espresso	Vanilla Latte	Grande	Whole	16	290	100	11	6	0	140	37	0	35	11	150
Espresso	Vanilla Latte	Venti	0.02	20	320	80	9	4.5	0	200	46	0	44	15	150
Espresso	Vanilla Latte	Venti	Almond	20	220	70	7	0.5	0	200	35	2	30	4	150
Espresso	Vanilla Latte	Venti	Coconut	20	260	90	10	9	0	180	41	0	38	2	150
Espresso	Vanilla Latte	Venti	Nonfat	20	250	5	0	0	0	180	47	0	45	15	150
Espresso	Vanilla Latte	Venti	Soy	20	320	60	7	1	0	160	52	2	45	12	150
Espresso	Vanilla Latte	Venti	Whole	20	370	130	14	8	0	190	46	0	44	14	150
Espresso	White Chocolate Mocha	Short	0.02	8	250	100	11	7	0	125	32	0	30	7	75
Espresso	White Chocolate Mocha	Short	0.02	8	230	90	10	7	0	125	28	0	27	7	75
Espresso	White Chocolate Mocha	Short	Almond	8	210	90	10	6	0	125	28	1	26	4	75
Espresso	White Chocolate Mocha	Short	Coconut	8	230	100	11	9	0	120	30	0	28	3	75
Espresso	White Chocolate Mocha	Short	Coconut	8	210	100	11	8	0	115	26	0	25	3	75
Espresso	White Chocolate Mocha	Short	Nonfat	8	230	70	8	6	0	120	32	0	30	7	75
Espresso	White Chocolate Mocha	Short	Nonfat	8	210	70	8	5	0	115	28	0	27	7	75
Espresso	White Chocolate Mocha	Short	Soy	8	250	90	10	6	0	110	34	1	30	6	75
Espresso	White Chocolate Mocha	Short	Soy	8	230	90	10	5	0	110	30	1	27	6	75
Espresso	White Chocolate Mocha	Short	Whole	8	270	110	13	8	0	120	32	0	30	7	75
Espresso	White Chocolate Mocha	Short	Whole	8	250	110	12	8	0	120	28	0	27	7	75
Espresso	White Chocolate Mocha	Tall	0.02	12	370	140	15	10	0	200	47	0	46	11	75
Espresso	White Chocolate Mocha	Tall	0.02	12	340	130	14	10	0	190	42	0	41	11	75
Espresso	White Chocolate Mocha	Tall	Almond	12	310	130	14	7	0	200	41	1	38	5	75
Espresso	White Chocolate Mocha	Tall	Coconut	12	330	140	16	12	0	180	44	0	43	4	75
Espresso	White Chocolate Mocha	Tall	Coconut	12	300	140	15	12	0	180	39	0	37	4	75
Espresso	White Chocolate Mocha	Tall	Nonfat	12	330	90	10	7	0	190	48	0	46	12	75
Espresso	White Chocolate Mocha	Tall	Nonfat	12	300	90	10	7	0	180	42	0	41	11	75
Espresso	White Chocolate Mocha	Tall	Soy	12	370	130	14	8	0	170	50	1	46	10	75
Espresso	White Chocolate Mocha	Tall	Soy	12	340	120	13	7	0	170	45	1	41	10	75
Espresso	White Chocolate Mocha	Tall	Whole	12	390	160	18	12	0	190	47	0	46	11	75
Espresso	White Chocolate Mocha	Tall	Whole	12	370	160	18	11	0	180	42	0	41	11	75
Espresso	White Chocolate Mocha	Grande	0.02	16	470	170	18	12	0	250	62	0	59	14	150
Espresso	White Chocolate Mocha	Grande	0.02	16	430	160	18	12	0	250	55	0	53	14	150
Espresso	White Chocolate Mocha	Grande	Almond	16	390	160	17	9	0	250	54	1	50	7	150
Espresso	White Chocolate Mocha	Grande	Coconut	16	420	170	19	15	0	230	58	0	56	6	150
Espresso	White Chocolate Mocha	Grande	Coconut	16	390	170	19	15	0	230	51	0	49	5	150
Espresso	White Chocolate Mocha	Grande	Nonfat	16	420	120	13	9	0	240	63	0	60	15	150
Espresso	White Chocolate Mocha	Grande	Nonfat	16	380	110	12	8	0	230	55	0	54	15	150
Espresso	White Chocolate Mocha	Grande	Soy	16	470	150	17	10	0	220	66	1	60	13	150
Espresso	White Chocolate Mocha	Grande	Soy	16	430	150	16	9	0	210	59	1	54	12	150
Espresso	White Chocolate Mocha	Grande	Whole	16	500	200	22	14	0	240	62	0	59	14	150
Espresso	White Chocolate Mocha	Grande	Whole	16	470	200	22	14	0	230	55	0	53	14	150
Espresso	White Chocolate Mocha	Venti	0.02	20	580	200	22	14	0	320	78	0	75	19	150
Espresso	White Chocolate Mocha	Venti	0.02	20	530	190	21	14	0	320	69	0	67	19	150
Espresso	White Chocolate Mocha	Venti	Almond	20	480	180	20	11	0	320	67	2	63	8	150
Espresso	White Chocolate Mocha	Venti	Coconut	20	520	210	23	18	0	300	73	0	70	7	150



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Espresso	White Chocolate Mocha	Venti	Coconut	20	470	200	22	18	0	290	63	0	61	6	150
Espresso	White Chocolate Mocha	Venti	Nonfat	20	510	130	14	10	0	300	79	0	76	19	150
Espresso	White Chocolate Mocha	Venti	Nonfat	20	470	120	13	9	0	290	69	0	68	19	150
Espresso	White Chocolate Mocha	Venti	Soy	20	580	180	20	11	0	280	83	1	76	16	150
Espresso	White Chocolate Mocha	Venti	Soy	20	530	170	19	10	0	270	74	2	68	16	150
Espresso	White Chocolate Mocha	Venti	Whole	20	620	240	27	17	0	310	78	0	75	18	150
Espresso	White Chocolate Mocha	Venti	Whole	20	580	240	26	17	0	300	69	0	67	18	150
Blended	Blended Strawberry Lemonade	Tall	N/A	12	160	0	0	0	0	120	40	0	39	0	0
Blended	Blended Strawberry Lemonade	Grande	N/A	16	200	0	0	0	0	160	52	1	50	0	0
Blended	Blended Strawberry Lemonade	Venti	N/A	20	280	0	0	0	0	210	71	1	69	0	0
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	0.02	12	290	90	10	6	0	170	50	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Almond	12	270	80	9	5	0	160	48	1	46	1	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Coconut	12	280	90	10	7	0	160	49	0	47	1	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Nonfat	12	280	70	8	5	0	160	50	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Soy	12	300	80	9	5	0	160	51	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Tall	Whole	12	300	90	11	6	0	160	50	0	48	3	65
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	0.02	16	420	120	13	8	0	230	72	0	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Almond	16	390	110	13	7	0	230	69	1	67	1	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Coconut	16	400	120	13	9	0	220	71	0	69	1	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Nonfat	16	400	100	11	7	0	230	72	0	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Soy	16	420	120	13	7	0	220	73	1	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Grande	Whole	16	430	130	14	9	0	230	72	0	69	4	95
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	0.02	20	510	130	14	8	0	300	91	0	88	6	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Almond	20	470	120	14	7	0	300	88	1	85	2	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Coconut	20	490	130	14	10	0	290	90	0	87	1	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Nonfat	20	490	100	11	7	0	300	92	0	88	6	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Soy	20	510	120	14	7	0	290	94	1	89	5	125
Blended	Caffè Vanilla Frappuccino® Blended Beverage	Venti	Whole	20	530	140	16	10	0	300	91	0	88	6	125
Blended	Caramel Frappuccino® Blended Beverage	Tall	0.02	12	290	90	10	6	0	180	47	0	46	3	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Almond	12	270	90	10	5	0	180	45	0	44	1	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Coconut	12	280	90	10	7	0	170	46	0	45	1	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Nonfat	12	280	80	9	5	0	180	47	0	47	3	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Soy	12	290	90	10	6	0	170	49	0	47	3	70
Blended	Caramel Frappuccino® Blended Beverage	Tall	Whole	12	300	100	11	7	0	180	47	0	46	3	70
Blended	Caramel Frappuccino® Blended Beverage	Grande	0.02	16	410	130	14	9	0	250	67	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Almond	16	380	120	14	8	0	250	64	1	62	2	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Coconut	16	390	130	14	10	0	240	65	0	64	1	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Nonfat	16	390	110	12	8	0	240	67	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Soy	16	410	120	14	8	0	240	68	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Grande	Whole	16	420	140	15	9	0	250	67	0	66	4	100
Blended	Caramel Frappuccino® Blended Beverage	Venti	0.02	20	500	140	15	9	0	330	85	0	84	6	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Almond	20	460	130	14	8	0	320	81	1	79	2	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Coconut	20	470	140	15	11	0	320	83	0	81	1	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Nonfat	20	470	110	12	8	0	320	85	0	84	6	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Soy	20	500	130	14	8	0	310	88	1	84	5	130
Blended	Caramel Frappuccino® Blended Beverage	Venti	Whole	20	510	150	17	10	0	320	85	0	84	6	130
Blended	Caramel Ribbon Crunch Frapp	Tall	0.02	12	323		14.5	9.2	0	200	45	0	42	4	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Almond	12	312		14.3	8.5	0	203	45	0	41	2	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Coconut	12	314		14.6	9.7	0	200	44	0	41	2	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Nonfat	12	312		13.2	8.4	0	197	45	0	42	4	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Oat	12	352		15.5	8.5	0	218	51	1	45	2	70
Blended	Caramel Ribbon Crunch Frapp	Tall	Soy	12	325		14.2	8.5	0	194	46	0	42	3	60
Blended	Caramel Ribbon Crunch Frapp	Tall	Whole	12	331		15.4	9.6	0	197	45	0	42	4	60
Blended	Caramel Ribbon Crunch Frapp	Grande	0.02	16	461		20.5	13	1	287	65	0	60	5	85
Blended	Caramel Ribbon Crunch Frapp	Grande	Almond	16	442		20.2	12.1	1	284	63	0	58	3	90
Blended	Caramel Ribbon Crunch Frapp	Grande	Coconut	16	452		20.6	13.6	1	289	65	0	60	2	90
Blended	Caramel Ribbon Crunch Frapp	Grande	Nonfat	16	448		18.8	12	1	283	65	0	60	5	85
Blended	Caramel Ribbon Crunch Frapp	Grande	Oat	16	495		21.7	12.2	1	308	72	1	64	3	95
Blended	Caramel Ribbon Crunch Frapp	Grande	Soy	16	471		20.2	12.1	1	287	68	0	62	5	90
Blended	Caramel Ribbon Crunch Frapp	Grande	Whole	16	471		21.6	13.6	1	284	65	0	60	5	85
Blended	Caramel Ribbon Crunch Frapp	Venti	0.02	20	528		21	13.3	1	354	80	0	74	6	115
Blended	Caramel Ribbon Crunch Frapp	Venti	Almond	20	533		20.9	12.3	1	381	84	0	78	3	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Coconut	20	548		21.5	14.2	1	389	86	0	80	3	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Nonfat	20	513		19.1	12.2	1	349	80	0	75	6	115
Blended	Caramel Ribbon Crunch Frapp	Venti	Oat	20	570		22.4	12.4	1	381	89	1	79	4	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Soy	20	560		20.9	12.4	1	375	88	0	81	5	125
Blended	Caramel Ribbon Crunch Frapp	Venti	Whole	20	539		22.3	13.9	1	350	80	0	74	6	115
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	0.02	12	240	90	10	6	0	170	35	0	34	4	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Almond	12	210	90	10	5	0	170	32	1	31	1	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Coconut	12	220	90	10	7	0	160	33	0	32	1	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	230	70	8	5	0	160	35	0	34	4	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Soy	12	240	90	10	5	0	160	36	1	34	3	20
Blended	Chai Crème Frappuccino® Blended Beverage	Tall	Whole	12	250	100	11	7	0	160	35	0	34	4	20
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	0.02	16	350	120	14	8	0	230	52	0	50	5	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Almond	16	310	120	13	7	0	230	49	1	47	2	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Coconut	16	330	130	14	10	0	220	50	0	49	1	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	330	100	11	7	0	220	53	0	50	5	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Soy	16	350	120	13	7	0	220	54	1	51	4	40
Blended	Chai Crème Frappuccino® Blended Beverage	Grande	Whole	16	360	140	15	9	0	220	52	0	51	5	40
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	0.02	20	440	140	15	9	0	330	69	0	67	8	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Almond	20	380	130	14	7	0	330	63	1	61	2	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Coconut	20	400	140	16	11	0	310	66	0	64	1	45



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	410	100	11	7	0	320	70	0	67	8	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Soy	20	440	130	14	7	0	310	72	1	68	7	45
Blended	Chai Crème Frappuccino® Blended Beverage	Venti	Whole	20	460	160	18	11	0	320	69	0	67	7	45
Blended	Coffee Frappuccino® Blended Beverage	Tall	0.02	12	170	15	1.5	1	0	160	36	0	36	3	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Almond	12	150	10	1.5	0	0	160	34	0	33	1	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Coconut	12	160	15	2	1.5	0	150	36	0	35	0	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Nonfat	12	160	0	0	0	0	160	36	0	36	3	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Soy	12	170	10	1.5	0	0	150	37	0	36	2	70
Blended	Coffee Frappuccino® Blended Beverage	Tall	Whole	12	180	25	2.5	1.5	0	160	36	0	36	3	70
Blended	Coffee Frappuccino® Blended Beverage	Grande	0.02	16	230	15	2	1	0	220	50	0	50	3	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Almond	16	210	15	1.5	0	0	220	48	1	47	1	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Coconut	16	220	20	2	2	0	210	50	0	49	0	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Nonfat	16	220	0	0	0	0	210	51	0	50	4	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Soy	16	230	15	1.5	0	0	210	52	0	50	3	95
Blended	Coffee Frappuccino® Blended Beverage	Grande	Whole	16	240	30	3	2	0	220	50	0	50	3	95
Blended	Coffee Frappuccino® Blended Beverage	Venti	0.02	20	330	30	3	1.5	0	310	70	0	69	5	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Almond	20	290	25	2.5	0	0	310	67	1	65	1	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Coconut	20	310	30	3.5	3	0	300	69	0	68	1	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Nonfat	20	310	0	0	0	0	300	70	0	69	6	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Soy	20	330	20	2.5	0	0	300	73	1	70	5	130
Blended	Coffee Frappuccino® Blended Beverage	Venti	Whole	20	350	45	5	3	0	300	70	0	69	5	130
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	0.02	12	333		14.8	10.12	0	231	47	1	45	5	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Coconut	12	316		15	10.95	0	223	45	1	43	2	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	316		12.85	8.88	0	226	47	1	45	6	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Soy	12	335		14.41	9.04	0	222	48	1	45	5	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Tall	Whole	12	344		16.11	10.74	0	227	47	1	45	5	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	0.02	16	457		20.1	13.74	0	307	65	1	62	7	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Coconut	16	437		20.34	14.73	0	298	63	1	60	3	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	438		17.78	12.28	0	300	65	1	62	7	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Soy	16	460		19.63	12.46	0	296	67	2	63	6	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Grande	Whole	16	471		21.65	14.49	0	302	65	1	62	7	5
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	0.02	20	514		20.63	14.26	0	377	77	2	74	8	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Coconut	20	490		20.91	15.44	0	366	75	2	72	4	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	490		17.84	12.49	0	370	78	2	74	8	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Soy	20	517		20.06	12.71	0	364	80	2	75	7	10
Blended	Cookies & Crème Frappuccino® Blended Beverage	Venti	Whole	20	530		22.49	15.15	0	371	77	2	74	8	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Tall	0.02	12	300	120	13	9	0	200	42	2	38	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Tall	Almond	12	270	110	13	7	0	200	39	2	35	2	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Tall	Coconut	12	280	120	13	9	0	190	41	2	37	2	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	280	100	11	7	0	200	42	2	39	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Tall	Soy	12	300	110	13	7	0	190	44	2	39	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Tall	Whole	12	310	130	14	9	0	200	42	2	38	5	10
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	0.02	16	410	160	18	12	0	270	57	2	52	7	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Almond	16	380	160	18	10	0	270	54	3	49	3	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Coconut	16	390	160	18	13	0	260	56	3	51	3	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	390	140	15	10	0	270	58	2	52	7	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Soy	16	410	160	17	10	0	260	60	3	53	6	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Grande	Whole	16	420	180	20	13	0	270	57	2	52	7	15
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti	0.02	20	510	180	21	14	0	370	76	3	69	9	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti	Almond	20	460	180	20	11	0	360	70	4	63	4	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti	Coconut	20	480	190	21	15	0	350	73	3	67	3	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	480	150	17	11	0	360	76	3	69	9	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti	Soy	20	520	180	20	12	0	350	79	4	70	8	20
Blended	Double Chocolate Chip Crème Frappuccino® Blended Beverage	Venti	Whole	20	540	210	23	15	0	360	76	3	69	9	20
Blended	Espresso Frappuccino® Blended Beverage	Tall	0.02	12	150	10	1	0	0	140	34	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Almond	12	140	5	1	0	0	140	33	0	31	1	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Coconut	12	150	10	1	1	0	135	34	0	32	1	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Nonfat	12	150	0	0	0	0	135	34	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Soy	12	150	5	1	0	0	135	35	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Tall	Whole	12	160	15	1.5	1	0	140	34	0	33	2	130
Blended	Espresso Frappuccino® Blended Beverage	Grande	0.02	16	220	15	1.5	0.5	0	210	50	0	48	3	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Almond	16	210	10	1	0	0	210	48	0	47	1	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Coconut	16	220	15	1.5	1.5	0	200	50	0	48	1	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Nonfat	16	210	0	0	0	0	200	50	0	49	3	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Soy	16	230	10	1	0	0	200	51	0	49	3	165
Blended	Espresso Frappuccino® Blended Beverage	Grande	Whole	16	230	20	2.5	1.5	0	200	50	0	48	3	165
Blended	Espresso Frappuccino® Blended Beverage	Venti	0.02	20	300	20	2.5	1	0	280	65	0	63	5	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Almond	20	270	15	2	0	0	280	62	1	60	1	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Coconut	20	280	25	2.5	2.5	0	270	64	0	62	1	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Nonfat	20	280	0	0	0	0	270	65	0	63	5	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Soy	20	300	15	2	0	0	270	67	1	64	4	185
Blended	Espresso Frappuccino® Blended Beverage	Venti	Whole	20	310	35	4	2	0	270	65	0	63	4	185
Blended	Java Chip Frappuccino® Blended Beverage	Tall	0.02	12	330	110	12	6	0	190	51	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Almond	12	310	110	12	7	0	190	49	2	45	2	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Coconut	12	320	110	13	9	0	180	50	2	46	2	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Nonfat	12	320	100	11	7	0	190	51	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Soy	12	330	110	12	7	0	180	52	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Tall	Whole	12	340	120	13	9	0	190	51	2	47	4	75
Blended	Java Chip Frappuccino® Blended Beverage	Grande	0.02	16	460	160	17	11	0	270	72	2	66	6	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Almond	16	430	150	17	10	0	260	69	3	64	3	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Coconut	16	440	160	17	12	0	260	71	3	66	3	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Nonfat	16	440	140	15	10	0	260	72	2	67	6	110



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Soy	16	460	150	17	10	0	260	74	3	67	5	110
Blended	Java Chip Frappuccino® Blended Beverage	Grande	Whole	16	470	170	18	12	0	260	72	2	66	6	110
Blended	Java Chip Frappuccino® Blended Beverage	Venti	0.02	20	580	180	20	13	0	360	96	3	88	8	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Almond	20	540	170	19	11	0	360	91	4	84	4	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Coconut	20	560	180	20	14	0	350	94	3	87	4	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Nonfat	20	560	150	17	11	0	350	96	3	89	8	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Soy	20	590	170	19	11	0	350	98	4	89	7	145
Blended	Java Chip Frappuccino® Blended Beverage	Venti	Whole	20	600	190	22	14	0	360	96	3	88	8	145
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	0.02	12	310	90	10	6	0	180	50	1	48	5	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Almond	12	280	90	10	5	0	180	47	1	45	2	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Coconut	12	290	90	10	7	0	170	48	1	47	1	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Nonfat	12	290	70	8	5	0	170	50	1	48	5	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Soy	12	310	90	10	5	0	170	51	1	48	4	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Tall	Whole	12	320	100	12	7	0	180	50	1	48	5	50
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	0.02	16	420	130	14	9	0	240	68	1	65	6	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Almond	16	380	120	14	7	0	230	64	2	62	2	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Coconut	16	390	130	14	10	0	230	66	1	64	2	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Nonfat	16	400	100	11	7	0	230	68	1	65	5	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Soy	16	420	120	13	7	0	230	70	2	66	5	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Grande	Whole	16	430	140	16	9	0	230	68	1	65	6	70
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	0.02	20	530	140	15	10	0	330	91	2	88	8	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Almond	20	480	130	15	7	0	320	85	2	82	3	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Coconut	20	500	140	16	11	0	310	88	2	85	2	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Nonfat	20	500	100	12	7	0	320	91	2	88	9	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Soy	20	540	130	15	7	0	310	94	2	89	7	95
Blended	Matcha Green Tea Frappuccino® Blended Crème	Venti	Whole	20	550	160	18	11	0	320	91	2	88	8	95
Blended	Mocha Frappuccino® Blended Beverage	Tall	0.02	12	280	90	10	6	0	170	44	1	42	4	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Almond	12	260	90	10	5	0	170	42	1	40	2	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Coconut	12	270	90	10	7	0	160	43	1	41	1	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Nonfat	12	270	80	9	5	0	170	45	1	42	4	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Soy	12	280	90	10	5	0	160	46	1	42	3	75
Blended	Mocha Frappuccino® Blended Beverage	Tall	Whole	12	290	100	11	7	0	170	44	1	42	4	75
Blended	Mocha Frappuccino® Blended Beverage	Grande	0.02	16	400	130	14	9	0	240	65	1	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Almond	16	370	120	14	8	0	240	61	2	58	2	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Coconut	16	390	130	14	9	0	230	63	1	60	2	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Nonfat	16	390	110	12	8	0	240	65	1	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Soy	16	400	120	14	8	0	230	66	2	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Grande	Whole	16	410	140	15	9	0	240	65	1	61	5	110
Blended	Mocha Frappuccino® Blended Beverage	Venti	0.02	20	500	140	15	9	0	320	84	2	80	7	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Almond	20	460	130	15	8	0	310	80	2	75	3	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Coconut	20	470	140	15	11	0	310	82	2	78	2	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Nonfat	20	480	110	12	8	0	320	84	2	80	7	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Soy	20	500	130	15	8	0	310	87	2	80	6	140
Blended	Mocha Frappuccino® Blended Beverage	Venti	Whole	20	520	150	17	10	0	320	84	2	80	7	140
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	0.02	12	260	90	10	6	0	160	40	0	39	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Almond	12	240	90	9	5	0	150	38	1	36	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Coconut	12	250	90	10	7	0	150	39	0	38	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	250	70	8	5	0	150	41	0	39	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Soy	12	260	90	9	5	0	150	42	1	39	3	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Tall	Whole	12	270	100	11	7	0	150	40	0	39	3	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	0.02	16	360	120	14	8	0	210	56	0	54	5	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Almond	16	330	120	13	7	0	210	53	1	51	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Coconut	16	340	120	14	9	0	200	54	0	53	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	340	100	11	7	0	210	56	0	54	5	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Soy	16	360	120	13	7	0	200	58	1	54	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Grande	Whole	16	370	130	15	9	0	210	56	0	54	4	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	0.02	20	450	130	15	9	0	290	73	0	70	7	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Almond	20	400	130	14	7	0	280	68	1	65	2	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Coconut	20	420	130	15	10	0	270	70	1	68	1	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	420	100	11	7	0	280	73	0	70	7	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Soy	20	450	130	14	7	0	270	75	1	71	6	0
Blended	Strawberries & Crème Frappuccino® Blended Beverage	Venti	Whole	20	460	150	17	10	0	280	73	0	70	6	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	0.02	12	270	90	10	6	0	170	41	0	39	4	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Almond	12	240	90	10	5	0	170	38	1	36	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Coconut	12	250	90	10	7	0	160	39	0	38	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	250	70	8	5	0	170	41	0	40	4	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Soy	12	270	90	10	5	0	160	43	1	40	3	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Tall	Whole	12	280	100	11	7	0	170	41	0	39	4	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	0.02	16	380	130	14	8	0	250	59	0	57	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Almond	16	340	120	13	7	0	250	55	1	53	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Coconut	16	360	130	14	10	0	240	57	0	56	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	360	100	11	7	0	240	60	0	57	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Soy	16	380	120	13	7	0	230	62	1	58	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Grande	Whole	16	400	140	16	10	0	240	59	0	57	5	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	0.02	20	460	140	15	9	0	320	76	0	73	7	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Almond	20	410	130	14	7	0	320	70	1	67	2	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Coconut	20	430	140	15	11	0	300	73	0	70	1	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	430	100	11	7	0	310	76	0	73	7	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Soy	20	470	130	14	7	0	300	79	1	74	6	0
Blended	Vanilla Bean Crème Frappuccino® Blended Beverage	Venti	Whole	20	490	160	18	11	0	310	76	0	73	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	0.02	12	270	100	11	7	0	200	39	0	38	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	0.02	12	260	100	11	7	0	200	37	0	37	5	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Almond	12	250	100	11	6	0	200	36	1	35	2	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Coconut	12	260	100	12	8	0	190	37	0	37	2	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Coconut	12	250	100	11	8	0	190	35	0	35	1	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	260	80	9	6	0	190	39	0	38	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Nonfat	12	250	80	9	6	0	190	37	0	37	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Soy	12	280	100	11	6	0	190	40	0	38	4	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Soy	12	270	100	11	6	0	190	39	0	37	4	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Whole	12	290	110	13	8	0	190	39	0	38	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Tall	Whole	12	280	110	13	8	0	190	37	0	37	5	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	0.02	16	410	150	16	10	0	280	59	0	58	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	0.02	16	390	140	16	10	0	280	56	0	55	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Almond	16	370	140	16	9	0	280	55	1	54	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Coconut	16	380	150	17	12	0	270	57	0	56	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Coconut	16	370	150	16	11	0	270	54	0	53	2	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	380	120	14	9	0	280	59	0	58	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Nonfat	16	370	120	13	9	0	280	56	0	56	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Soy	16	410	140	16	9	0	270	61	1	58	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Soy	16	390	140	15	9	0	270	58	1	56	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Whole	16	420	160	18	11	0	280	59	0	58	7	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Grande	Whole	16	400	160	18	11	0	280	56	0	55	6	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	0.02	20	490	160	18	11	0	380	74	0	72	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	0.02	20	460	160	17	11	0	370	70	0	69	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Almond	20	430	150	17	9	0	380	68	1	66	4	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Coconut	20	450	160	18	13	0	360	71	0	70	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Coconut	20	430	160	18	13	0	360	67	0	66	3	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	450	130	14	9	0	370	74	0	73	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Nonfat	20	430	120	13	9	0	360	70	0	70	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Soy	20	490	150	17	9	0	360	77	1	73	8	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Soy	20	470	150	16	9	0	360	73	1	70	8	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Whole	20	510	180	20	13	0	370	74	0	72	9	0
Blended	White Chocolate Mocha Crème Frappuccino® Blended Beverage	Venti	Whole	20	490	180	20	12	0	370	70	0	69	8	0
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	0.02	12	310	100	11	7	0	200	50	0	48	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	0.02	12	290	90	11	7	0	180	45	0	44	4	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Almond	12	290	100	11	6	0	200	48	0	47	2	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Coconut	12	300	100	11	8	0	190	49	0	48	2	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Coconut	12	270	100	11	7	0	180	44	0	43	1	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Nonfat	12	300	80	9	6	0	190	50	0	49	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Nonfat	12	270	80	9	6	0	180	45	0	45	4	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Soy	12	310	100	11	6	0	190	51	0	49	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Soy	12	290	90	10	6	0	180	46	0	45	3	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Whole	12	320	110	12	8	0	190	50	0	48	4	70
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Tall	Whole	12	300	100	11	7	0	180	45	0	44	4	65
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	0.02	16	430	140	15	10	0	260	68	0	67	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	0.02	16	410	130	15	10	0	250	65	0	64	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Almond	16	410	130	15	9	0	260	66	0	65	3	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Coconut	16	420	140	15	11	0	250	68	0	67	3	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Coconut	16	390	130	15	10	0	250	63	0	63	2	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Nonfat	16	410	120	14	9	0	250	68	0	67	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Nonfat	16	390	120	13	9	0	250	65	0	64	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Soy	16	430	130	15	9	0	250	70	0	67	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Soy	16	410	130	14	9	0	250	66	0	65	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Whole	16	440	150	16	11	0	260	68	0	67	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Grande	Whole	16	520	140	16	10	0	250	65	0	64	5	90
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	0.02	20	530	150	17	10	0	350	89	0	87	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	0.02	20	510	140	16	10	0	350	86	0	85	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Almond	20	490	140	16	9	0	350	85	1	84	3	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Coconut	20	510	150	17	12	0	340	88	0	86	3	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Coconut	20	490	150	16	12	0	340	84	0	83	3	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Nonfat	20	510	120	14	9	0	350	89	0	87	8	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Nonfat	20	490	120	13	9	0	340	86	0	86	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Soy	20	530	140	16	9	0	340	91	1	88	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Soy	20	520	140	16	9	0	340	88	1	86	6	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Whole	20	550	170	18	12	0	350	89	0	87	7	125
Blended	White Chocolate Mocha Frappuccino® Blended Beverage	Venti	Whole	20	530	160	18	11	0	350	86	0	85	7	125
Refreshers	Dragon Drink	Tall	Coconut	12	104		2.21	1.79	0	48	20	1	18	1	
Refreshers	Dragon Drink	Grande	Coconut	16	132		2.83	2.34	0	64	26	1	23	1	
Refreshers	Dragon Drink	Venti	Coconut	20	161		3.48	2.92	0	80	31	1	28	1	
Refreshers	Mango Dragonfruit Refresher	Tall	N/A	12	73		0.2	0.08	0	11	17	0	15	0	
Refreshers	Mango Dragonfruit Refresher	Grande	N/A	16	91		0.2	0.08	0	14	21	0	19	0	
Refreshers	Mango Dragonfruit Refresher	Venti	N/A	20	110		0.25	0.08	0	17	26	0	23	0	
Refreshers	Mango Dragonfruit Refresher Lemonade	Tall	N/A	12	110		0.2	0.08	0	10	26	0	23	0	
Refreshers	Mango Dragonfruit Refresher Lemonade	Grande	N/A	16	140		0.2	0.08	0	13	33	1	30	1	
Refreshers	Mango Dragonfruit Refresher Lemonade	Venti	N/A	20	171		0.25	0.08	0	16	41	1	37	1	
Refreshers	Pink Drink	Tall	Coconut	12	106		1.96	1.71	0	49	21	1	20	0	
Refreshers	Pink Drink	Grande	Coconut	16	136		2.59	2.26	0	64	27	1	24	1	
Refreshers	Pink Drink	Venti	Coconut	20	166		3.23	2.83	0	80	33	1	30	1	
Refreshers	Strawberry Acai Frozen Refresher	Tall	N/A	12	163		0.1	0	0	92	40	0	37	0	30
Refreshers	Strawberry Acai Frozen Refresher	Grande	N/A	16	208		0.1	0	0	134	51	0	48	0	40
Refreshers	Strawberry Acai Frozen Refresher	Venti	N/A	20	249		0.1	0	0	178	61	0	58	0	50
Refreshers	Strawberry Acai Refresher	Tall	N/A	12	75		0.04	0	0	11	18	1	16	0	
Refreshers	Strawberry Acai Refresher	Grande	N/A	16	95		0.04	0	0	15	23	1	20	0	
Refreshers	Strawberry Acai Refresher	Venti	N/A	20	115		0.04	0	0	20	28	1	25	0	



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Refreshers	Strawberry Acai Refresher Lemonade	Tall	N/A	12	112		0.08	0.01	0	10	27	1	24	0	
Refreshers	Strawberry Acai Refresher Lemonade	Grande	N/A	16	143		0.1	0.01	0	13	35	1	32	0	
Refreshers	Strawberry Acai Refresher Lemonade	Venti	N/A	20	172		0.09	0.02	0	19	43	1	39	0	
Tea	Chai Tea Latte	Short	0.02	8	120	20	2	1	0	55	22	0	21	4	50
Tea	Chai Tea Latte	Short	Almond	8	90	15	2	0	0	55	19	1	17	1	50
Tea	Chai Tea Latte	Short	Coconut	8	100	20	2.5	2.5	0	50	21	0	19	1	50
Tea	Chai Tea Latte	Short	Nonfat	8	100	0	0	0	0	50	22	0	21	4	50
Tea	Chai Tea Latte	Short	Soy	8	120	15	1.5	0	0	45	24	0	21	3	50
Tea	Chai Tea Latte	Short	Whole	8	130	30	3.5	2	0	55	22	0	21	4	50
Tea	Chai Tea Latte	Tall	0.02	12	190	30	3.5	1.5	0	90	34	0	32	6	70
Tea	Chai Tea Latte	Tall	Almond	12	140	25	2.5	0	0	80	29	1	26	1	70
Tea	Chai Tea Latte	Tall	Coconut	12	160	35	3.5	3.5	0	75	31	0	29	1	70
Tea	Chai Tea Latte	Tall	Nonfat	12	160	0	0	0	0	80	34	0	32	6	70
Tea	Chai Tea Latte	Tall	Soy	12	180	25	2.5	0	0	70	36	1	32	5	70
Tea	Chai Tea Latte	Tall	Whole	12	200	50	6	3	0	80	34	0	32	6	70
Tea	Chai Tea Latte	Grande	0.02	16	240	40	4.5	2	0	115	45	0	42	8	95
Tea	Chai Tea Latte	Grande	Almond	16	190	30	3.5	0	0	105	38	1	35	2	95
Tea	Chai Tea Latte	Grande	Coconut	16	210	45	4.5	4.5	0	95	41	0	39	1	95
Tea	Chai Tea Latte	Grande	Nonfat	16	210	0	0	0	0	105	45	0	43	8	95
Tea	Chai Tea Latte	Grande	Soy	16	240	30	3.5	0	0	90	47	1	43	6	95
Tea	Chai Tea Latte	Grande	Whole	16	270	60	7	4	0	105	45	0	42	7	95
Tea	Chai Tea Latte	Venti	0.02	20	310	50	6	3	0	150	56	0	53	10	120
Tea	Chai Tea Latte	Venti	Almond	20	230	40	4.5	0	0	130	48	1	43	2	120
Tea	Chai Tea Latte	Venti	Coconut	20	260	50	6	6	0	120	52	0	48	1	120
Tea	Chai Tea Latte	Venti	Nonfat	20	260	5	0	0	0	135	57	0	54	10	120
Tea	Chai Tea Latte	Venti	Soy	20	310	40	4.5	0.5	0	115	60	1	54	8	120
Tea	Chai Tea Latte	Venti	Whole	20	340	80	9	5	0	135	56	0	53	10	120
Tea	Custom Tea Latte	Short	0.02	8	100	20	2	1.5	0	55	15	0	15	4	
Tea	Custom Tea Latte	Short	Almond	8	70	15	2	0	0	50	12	0	11	1	
Tea	Custom Tea Latte	Short	Coconut	8	80	20	2.5	2.5	0	45	14	0	13	0	
Tea	Custom Tea Latte	Short	Nonfat	8	80	0	0	0	0	50	15	0	15	4	
Tea	Custom Tea Latte	Short	Soy	8	90	15	1.5	0	0	40	16	0	15	3	
Tea	Custom Tea Latte	Short	Whole	8	110	35	3.5	2	0	50	15	0	15	4	
Tea	Custom Tea Latte	Tall	0.02	12	140	30	3	2	0	80	23	0	23	5	
Tea	Custom Tea Latte	Tall	Almond	12	100	25	2.5	0	0	75	18	1	17	1	
Tea	Custom Tea Latte	Tall	Coconut	12	120	30	3.5	3.5	0	70	20	0	20	0	
Tea	Custom Tea Latte	Tall	Nonfat	12	110	0	0	0	0	70	23	0	23	5	
Tea	Custom Tea Latte	Tall	Soy	12	140	20	2.5	0	0	60	25	1	23	4	
Tea	Custom Tea Latte	Tall	Whole	12	160	45	5	3	0	75	23	0	23	5	
Tea	Custom Tea Latte	Grande	0.02	16	180	40	4	2.5	0	105	30	0	30	7	
Tea	Custom Tea Latte	Grande	Almond	16	130	30	3.5	0	0	100	24	1	23	1	
Tea	Custom Tea Latte	Grande	Coconut	16	150	40	4.5	4.5	0	90	27	0	26	0	
Tea	Custom Tea Latte	Grande	Nonfat	16	150	0	0	0	0	95	30	0	30	7	
Tea	Custom Tea Latte	Grande	Soy	16	180	30	3	0	0	80	33	1	30	6	
Tea	Custom Tea Latte	Grande	Whole	16	210	60	7	4	0	95	30	0	30	7	
Tea	Custom Tea Latte	Venti	0.02	20	230	50	5	3.5	0	135	38	0	38	9	
Tea	Custom Tea Latte	Venti	Almond	20	160	40	4.5	0	0	125	30	1	28	2	
Tea	Custom Tea Latte	Venti	Coconut	20	190	50	6	6	0	115	34	0	33	1	
Tea	Custom Tea Latte	Venti	Nonfat	20	190	0	0	0	0	120	38	0	38	9	
Tea	Custom Tea Latte	Venti	Soy	20	230	35	4	0.5	0	105	41	1	38	7	
Tea	Custom Tea Latte	Venti	Whole	20	260	80	9	5	0	125	38	0	38	8	
Tea	Iced Chai Tea Latte	Tall	0.02	12	180	25	3	1.5	0	80	33	0	31	5	70
Tea	Iced Chai Tea Latte	Tall	Almond	12	140	20	2.5	0	0	75	29	1	26	1	70
Tea	Iced Chai Tea Latte	Tall	Coconut	12	150	30	3.5	3	0	70	31	0	29	1	70
Tea	Iced Chai Tea Latte	Tall	Nonfat	12	150	0	0	0	0	75	33	0	31	6	70
Tea	Iced Chai Tea Latte	Tall	Soy	12	180	20	2.5	0	0	70	35	1	32	5	70
Tea	Iced Chai Tea Latte	Tall	Whole	12	190	45	5	3	0	75	33	0	31	5	70
Tea	Iced Chai Tea Latte	Grande	0.02	16	240	40	4	2	0	110	44	0	42	7	95
Tea	Iced Chai Tea Latte	Grande	Almond	16	180	30	3.5	0	0	105	38	1	35	2	95
Tea	Iced Chai Tea Latte	Grande	Coconut	16	200	40	4.5	4.5	0	95	41	0	38	1	95
Tea	Iced Chai Tea Latte	Grande	Nonfat	16	200	0	0	0	0	100	44	0	42	8	95
Tea	Iced Chai Tea Latte	Grande	Soy	16	240	30	3.5	0	0	90	47	1	43	6	95
Tea	Iced Chai Tea Latte	Grande	Whole	16	260	60	7	4	0	105	44	0	42	7	95
Tea	Iced Chai Tea Latte	Venti	0.02	20	350	50	6	3	0	160	65	0	61	10	145
Tea	Iced Chai Tea Latte	Venti	Almond	20	270	45	5	0	0	140	57	2	52	3	145
Tea	Iced Chai Tea Latte	Venti	Coconut	20	300	60	6	6	0	135	61	0	57	1	145
Tea	Iced Chai Tea Latte	Venti	Nonfat	20	300	5	0	0	0	140	65	0	62	11	145
Tea	Iced Chai Tea Latte	Venti	Soy	20	350	40	4.5	0.5	0	130	70	1	63	9	145
Tea	Iced Chai Tea Latte	Venti	Whole	20	380	90	9	5	0	140	65	0	61	10	145
Tea	Iced Matcha Green Tea Latte	Tall	0.02	12	93		2.23	1.39	0	59	14	1	13	4	50
Tea	Iced Matcha Green Tea Latte	Tall	0.02	12	160	40	4.5	2.5	0	105	22	1	21	8	55
Tea	Iced Matcha Green Tea Latte	Tall	Almond	12	65		1.85	0.17	0	52	12	1	10	1	50
Tea	Iced Matcha Green Tea Latte	Tall	Almond	12	100	30	3.5	0	0	95	16	2	14	2	55
Tea	Iced Matcha Green Tea Latte	Tall	Coconut	12	75		2.33	2.02	0	55	13	1	11	1	50
Tea	Iced Matcha Green Tea Latte	Tall	Coconut	12	120	45	4.5	4.5	0	90	19	1	18	1	55
Tea	Iced Matcha Green Tea Latte	Tall	Nonfat	12	75		0.16	0.08	0	54	14	1	13	4	50
Tea	Iced Matcha Green Tea Latte	Tall	Nonfat	12	120	5	0	0	0	95	22	1	21	8	55
Tea	Iced Matcha Green Tea Latte	Tall	Soy	12	95		1.81	0.24	0	49	16	1	14	4	50
Tea	Iced Matcha Green Tea Latte	Tall	Soy	12	160	30	3.5	0	0	85	25	2	22	7	55
Tea	Iced Matcha Green Tea Latte	Tall	Whole	12	105		3.62	2.05	0	55	14	1	13	4	50
Tea	Iced Matcha Green Tea Latte	Tall	Whole	12	180	60	7	4	0	95	22	1	21	7	55
Tea	Iced Matcha Green Tea Latte	Grande	0.02	16	144		3.77	2.35	0	97	21	1	20	7	75



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Tea	Iced Matcha Green Tea Latte	Grande	0.02	16	220	50	6	3.5	0	140	31	1	30	11	80
Tea	Iced Matcha Green Tea Latte	Grande	Almond	16	97		3.13	0.29	0	85	17	2	14	2	75
Tea	Iced Matcha Green Tea Latte	Grande	Almond	16	150	45	5	0	0	130	23	3	20	3	80
Tea	Iced Matcha Green Tea Latte	Grande	Coconut	16	114		3.94	3.43	0	90	18	1	16	1	75
Tea	Iced Matcha Green Tea Latte	Grande	Coconut	16	170	60	7	6	0	120	27	1	25	2	80
Tea	Iced Matcha Green Tea Latte	Grande	Nonfat	16	115		0.25	0.12	0	88	21	1	20	7	75
Tea	Iced Matcha Green Tea Latte	Grande	Nonfat	16	170	5	0	0	0	130	32	1	31	11	80
Tea	Iced Matcha Green Tea Latte	Grande	Soy	16	148		3.05	0.41	0	80	24	2	20	6	75
Tea	Iced Matcha Green Tea Latte	Grande	Soy	16	230	45	5	0.5	0	115	36	2	31	9	80
Tea	Iced Matcha Green Tea Latte	Grande	Whole	16	165		6.12	3.47	0	90	21	1	20	7	75
Tea	Iced Matcha Green Tea Latte	Grande	Whole	16	250	90	10	5	0	130	31	1	30	10	80
Tea	Iced Matcha Green Tea Latte	Venti	0.02	20	169		4.23	2.63	0	109	25	1	23	8	95
Tea	Iced Matcha Green Tea Latte	Venti	0.02	20	310	80	8	5	0	200	43	2	41	15	110
Tea	Iced Matcha Green Tea Latte	Venti	Almond	20	116		3.52	0.33	0	96	20	2	17	2	95
Tea	Iced Matcha Green Tea Latte	Venti	Almond	20	200	60	7	0.5	0	190	32	4	27	4	110
Tea	Iced Matcha Green Tea Latte	Venti	Coconut	20	135		4.43	3.84	0	102	22	2	20	1	95
Tea	Iced Matcha Green Tea Latte	Venti	Coconut	20	240	80	9	9	0	170	37	2	35	2	110
Tea	Iced Matcha Green Tea Latte	Venti	Nonfat	20	136		0.3	0.14	0	99	25	1	24	8	95
Tea	Iced Matcha Green Tea Latte	Venti	Nonfat	20	240	5	0.5	0	0	180	44	2	42	15	110
Tea	Iced Matcha Green Tea Latte	Venti	Soy	20	173		3.44	0.46	0	90	28	2	24	7	95
Tea	Iced Matcha Green Tea Latte	Venti	Soy	20	320	60	7	1	0	170	50	3	43	13	110
Tea	Iced Matcha Green Tea Latte	Venti	Whole	20	192		6.86	3.89	0	101	25	1	23	7	95
Tea	Iced Matcha Green Tea Latte	Venti	Whole	20	350	120	14	8	0	190	43	2	41	14	110
Tea	Matcha Green Tea Latte	Short	0.02	8	101		3.09	1.95	0	73	13	0	13	5	20
Tea	Matcha Green Tea Latte	Short	0.02	8	110	30	3.5	2	0	80	14	0	14	6	30
Tea	Matcha Green Tea Latte	Short	Almond	8	62		2.55	0.23	0	63	9	1	8	1	20
Tea	Matcha Green Tea Latte	Short	Almond	8	70	25	3	0	0	75	9	1	8	1	30
Tea	Matcha Green Tea Latte	Short	Coconut	8	76		3.23	2.85	0	67	11	1	10	1	20
Tea	Matcha Green Tea Latte	Short	Coconut	8	80	35	3.5	3.5	0	65	11	0	11	1	30
Tea	Matcha Green Tea Latte	Short	Nonfat	8	77		0.15	0.09	0	65	13	0	13	5	20
Tea	Matcha Green Tea Latte	Short	Nonfat	8	80	0	0	0	0	70	14	0	14	6	30
Tea	Matcha Green Tea Latte	Short	Soy	8	104		2.49	0.33	0	59	16	1	13	5	20
Tea	Matcha Green Tea Latte	Short	Soy	8	110	25	3	0	0	65	17	1	14	5	30
Tea	Matcha Green Tea Latte	Short	Whole	8	118		5.05	2.88	0	66	13	0	13	5	20
Tea	Matcha Green Tea Latte	Short	Whole	8	130	50	6	3	0	75	14	0	14	6	30
Tea	Matcha Green Tea Latte	Tall	0.02	12	162		4.98	3.14	0	117	21	1	20	8	45
Tea	Matcha Green Tea Latte	Tall	0.02	12	190	50	5	3.5	0	125	25	1	24	10	55
Tea	Matcha Green Tea Latte	Tall	Almond	12	98		4.12	0.38	0	101	15	2	13	2	45
Tea	Matcha Green Tea Latte	Tall	Almond	12	120	40	4.5	0	0	115	17	2	15	2	55
Tea	Matcha Green Tea Latte	Tall	Coconut	12	121		5.22	4.59	0	108	17	1	16	1	45
Tea	Matcha Green Tea Latte	Tall	Coconut	12	140	50	6	6	0	105	21	1	19	1	55
Tea	Matcha Green Tea Latte	Tall	Nonfat	12	122		0.26	0.15	0	104	21	1	20	9	45
Tea	Matcha Green Tea Latte	Tall	Nonfat	12	140	5	0	0	0	115	25	1	24	10	55
Tea	Matcha Green Tea Latte	Tall	Soy	12	167		4.02	0.53	0	94	25	2	21	7	45
Tea	Matcha Green Tea Latte	Tall	Soy	12	190	40	4.5	0.5	0	105	29	2	25	8	55
Tea	Matcha Green Tea Latte	Tall	Whole	12	189		8.14	4.65	0	107	21	1	20	8	45
Tea	Matcha Green Tea Latte	Tall	Whole	12	220	80	9	5	0	115	25	1	24	9	55
Tea	Matcha Green Tea Latte	Grande	0.02	16	218		6.69	4.21	0	157	28	1	27	12	70
Tea	Matcha Green Tea Latte	Grande	0.02	16	240	60	7	4.5	0	160	34	1	32	12	80
Tea	Matcha Green Tea Latte	Grande	Almond	16	133		5.54	0.51	0	135	20	2	17	3	70
Tea	Matcha Green Tea Latte	Grande	Almond	16	160	50	6	0	0	150	24	3	21	3	80
Tea	Matcha Green Tea Latte	Grande	Coconut	16	163		7.01	6.15	0	145	23	1	21	2	70
Tea	Matcha Green Tea Latte	Grande	Coconut	16	190	70	8	7	0	135	29	1	27	2	80
Tea	Matcha Green Tea Latte	Grande	Nonfat	16	165		0.37	0.21	0	140	29	1	27	12	70
Tea	Matcha Green Tea Latte	Grande	Nonfat	16	190	5	0	0	0	140	34	1	33	12	80
Tea	Matcha Green Tea Latte	Grande	Soy	16	225		5.41	0.71	0	126	33	3	28	10	70
Tea	Matcha Green Tea Latte	Grande	Soy	16	250	50	6	0.5	0	130	39	3	34	10	80
Tea	Matcha Green Tea Latte	Grande	Whole	16	255		10.92	6.23	0	143	28	1	27	11	70
Tea	Matcha Green Tea Latte	Grande	Whole	16	280	100	11	6	0	150	34	1	32	12	80
Tea	Matcha Green Tea Latte	Venti	0.02	20	285		8.82	5.54	0	206	36	1	35	15	95
Tea	Matcha Green Tea Latte	Venti	0.02	20	320	80	9	6	0	210	45	2	43	16	110
Tea	Matcha Green Tea Latte	Venti	Almond	20	172		7.31	0.67	0	178	26	3	21	4	95
Tea	Matcha Green Tea Latte	Venti	Almond	20	210	70	7	0.5	0	190	32	4	28	4	110
Tea	Matcha Green Tea Latte	Venti	Coconut	20	212		9.24	8.1	0	191	30	2	27	2	95
Tea	Matcha Green Tea Latte	Venti	Coconut	20	250	90	10	9	0	180	38	2	36	2	110
Tea	Matcha Green Tea Latte	Venti	Nonfat	20	215		0.49	0.27	0	184	37	1	35	16	95
Tea	Matcha Green Tea Latte	Venti	Nonfat	20	250	5	0.5	0	0	190	45	2	44	16	110
Tea	Matcha Green Tea Latte	Venti	Soy	20	293		7.13	0.94	0	166	43	3	36	13	95
Tea	Matcha Green Tea Latte	Venti	Soy	20	330	70	7	1	0	170	52	3	45	14	110
Tea	Matcha Green Tea Latte	Venti	Whole	20	333		14.39	8.21	0	189	36	1	35	15	95
Tea	Matcha Green Tea Latte	Venti	Whole	20	370	130	15	8	0	190	45	2	43	15	110
Tea	Shaken Iced Black Tea	Tall	N/A	12	32		0	0	0	7	8	0	8	0	
Tea	Shaken Iced Black Tea Unsweetened	Tall	N/A	12	0	0	0	0	0	5	0	0	0	0	
Tea	Shaken Iced Black Tea Sweetened	Tall	N/A	12	60	0	0	0	0	5	15	0	15	0	
Tea	Shaken Iced Black Tea Sweetened	Tall	N/A	12	30	0	0	0	0	5	8	0	8	0	
Tea	Shaken Iced Black Tea	Grande	N/A	16	43		0	0	0	10	11	0	11	0	
Tea	Shaken Iced Black Tea Unsweetened	Grande	N/A	16	0	0	0	0	0	10	0	0	0	0	
Tea	Shaken Iced Black Tea Sweetened	Grande	N/A	16	80	0	0	0	0	10	20	0	20	0	
Tea	Shaken Iced Black Tea Sweetened	Grande	N/A	16	45	0	0	0	0	10	11	0	11	0	
Tea	Shaken Iced Black Tea	Venti	N/A	20	53		0	0	0	14	13	0	13	0	
Tea	Shaken Iced Black Tea Unsweetened	Venti	N/A	20	0	0	0	0	0	15	0	0	0	0	
Tea	Shaken Iced Black Tea Sweetened	Venti	N/A	20	120	0	0	0	0	15	30	0	30	0	



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Tea	Shaken Iced Black Tea Sweetened	Venti	N/A	20	60	0	0	0	0	15	16	0	16	0	
Tea	Shaken Iced Black Tea Lemonade	Tall	N/A	12	66		0.03	0.01	0	7	17	0	16	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Tall	N/A	12	90	0	0	0	0	0	24	0	24	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Tall	N/A	12	70	0	0	0	0	5	17	0	16	0	
Tea	Shaken Iced Black Tea Lemonade Unsweetened	Tall	N/A	12	35	0	0	0	0	0	9	0	9	0	
Tea	Shaken Iced Black Tea Lemonade	Grande	N/A	16	88		0.04	0.01	0	9	23	0	22	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Grande	N/A	16	120	0	0	0	0	5	32	0	32	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Grande	N/A	16	90	0	0	0	0	10	23	0	22	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Grande	N/A	16	45	0	0	0	0	5	12	0	12	0	
Tea	Shaken Iced Black Tea Lemonade	Venti	N/A	20	110		0.05	0.02	0	13	28	0	27	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Venti	N/A	20	190	0	0	0	0	10	48	0	47	0	
Tea	Shaken Iced Black Tea Lemonade Sweetened	Venti	N/A	20	130	0	0	0	0	15	34	0	33	0	
Tea	Shaken Iced Black Tea Lemonade Unsweetened	Venti	N/A	20	70	0	0	0	0	10	18	0	18	0	
Tea	Shaken Iced Green Tea	Tall	N/A	12	32		0	0	0	7	8	0	8	0	
Tea	Shaken Iced Green Tea Unsweetened	Tall	N/A	12	0	0	0	0	0	5	0	0	0	0	
Tea	Shaken Iced Green Tea Sweetened	Tall	N/A	12	60	0	0	0	0	5	15	0	15	0	
Tea	Shaken Iced Green Tea Sweetened	Tall	N/A	12	30	0	0	0	0	5	8	0	8	0	
Tea	Shaken Iced Green Tea	Grande	N/A	16	43		0	0	0	10	11	0	11	0	
Tea	Shaken Iced Green Tea Unsweetened	Grande	N/A	16	0	0	0	0	0	10	0	0	0	0	
Tea	Shaken Iced Green Tea Sweetened	Grande	N/A	16	80	0	0	0	0	10	20	0	20	0	
Tea	Shaken Iced Green Tea Sweetened	Grande	N/A	16	45	0	0	0	0	10	11	0	11	0	
Tea	Shaken Iced Green Tea	Venti	N/A	20	53		0	0	0	14	13	0	13	0	
Tea	Shaken Iced Green Tea Unsweetened	Venti	N/A	20	0	0	0	0	0	15	0	0	0	0	
Tea	Shaken Iced Green Tea Sweetened	Venti	N/A	20	120	0	0	0	0	15	30	0	30	0	
Tea	Shaken Iced Green Tea Sweetened	Venti	N/A	20	60	0	0	0	0	15	16	0	16	0	
Tea	Shaken Iced Green Tea Lemonade	Tall	N/A	12	66		0.03	0.01	0	7	17	0	16	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Tall	N/A	12	90	0	0	0	0	0	24	0	24	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Tall	N/A	12	70	0	0	0	0	5	17	0	16	0	
Tea	Shaken Iced Green Tea Lemonade Unsweetened	Tall	N/A	12	35	0	0	0	0	0	9	0	9	0	
Tea	Shaken Iced Green Tea Lemonade	Grande	N/A	16	88		0.04	0.01	0	9	23	0	22	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Grande	N/A	16	120	0	0	0	0	5	32	0	32	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Grande	N/A	16	90	0	0	0	0	10	23	0	22	0	
Tea	Shaken Iced Green Tea Lemonade Unsweetened	Grande	N/A	16	45	0	0	0	0	5	12	0	12	0	
Tea	Shaken Iced Green Tea Lemonade	Venti	N/A	20	110		0.05	0.02	0	13	28	0	27	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Venti	N/A	20	190	0	0	0	0	10	48	0	47	0	
Tea	Shaken Iced Green Tea Lemonade Sweetened	Venti	N/A	20	130	0	0	0	0	15	34	0	33	0	
Tea	Shaken Iced Green Tea Lemonade Unsweetened	Venti	N/A	20	70	0	0	0	0	10	18	0	18	0	
Tea	Shaken Iced Passion Tea	Tall	N/A	12	32		0	0	0	7	8	0	8	0	0
Tea	Shaken Iced Passion Tea	Grande	N/A	16	43		0	0	0	10	11	0	11	0	0
Tea	Shaken Iced Passion Tea	Venti	N/A	20	53		0	0	0	14	13	0	13	0	0
Tea	Shaken Iced Passion Tea Lemonade	Tall	N/A	12	66		0.03	0.01	0	7	17	0	16	0	0
Tea	Shaken Iced Passion Tea Lemonade	Grande	N/A	16	88		0.04	0.01	0	9	23	0	22	0	0
Tea	Shaken Iced Passion Tea Lemonade	Venti	N/A	20	110		0.05	0.02	0	13	28	0	27	0	0
Tea	Shaken Iced Strawberry Green Tea	Tall	N/A	12	71		0	0	0	9	18	0	18	0	
Tea	Shaken Iced Strawberry Green Tea	Grande	N/A	16	106		0	0	0	13	27	0	27	0	
Tea	Shaken Iced Strawberry Green Tea	Venti	N/A	20	141		0	0	0	16	36	0	35	0	
Tea	Strawberry Green Tea Infusion	Tall	N/A	12	32		0	0	0	7	8	0	8	0	
Tea	Strawberry Green Tea Infusion	Grande	N/A	16	43		0	0	0	10	11	0	11	0	
Tea	Strawberry Green Tea Infusion	Venti	N/A	20	53		0	0	0	14	13	0	13	0	
Tea	Strawberry Green Tea Infusion Lemonade	Tall	N/A	12	49		0.01	0	0	7	13	0	12	0	
Tea	Strawberry Green Tea Infusion Lemonade	Grande	N/A	16	65		0.02	0.01	0	10	17	0	16	0	
Tea	Strawberry Green Tea Infusion Lemonade	Venti	N/A	20	82		0.02	0.01	0	13	21	0	20	0	
Brewed	Clover® Brewed Coffee - Dark Roast	Short	N/A	8	10	0	0	0	0	5	0	0	0	0	190
Brewed	Clover® Brewed Coffee - Dark Roast	Tall	N/A	12	10	0	0	0	0	10	0	0	0	0	280
Brewed	Clover® Brewed Coffee - Dark Roast	Grande	N/A	16	10	0	0	0	0	10	0	0	0	1	380
Brewed	Clover® Brewed Coffee - Dark Roast	Venti	N/A	20	10	0	0	0	0	10	0	0	0	1	470
Brewed	Clover® Brewed Coffee - Medium Roast	Short	N/A	8	10	0	0	0	0	5	0	0	0	0	170
Brewed	Clover® Brewed Coffee - Medium Roast	Tall	N/A	12	10	0	0	0	0	10	0	0	0	0	280
Brewed	Clover® Brewed Coffee - Medium Roast	Grande	N/A	16	10	0	0	0	0	10	0	0	0	1	375
Brewed	Clover® Brewed Coffee - Medium Roast	Venti	N/A	20	10	0	0	0	0	10	0	0	0	1	445
Brewed	Cold Brew	Tall	N/A	12	3		0.02	0	0	10	0	0	0	0	155
Brewed	Cold Brew	Grande	N/A	16	3		0.03	0	0	13	0	0	0	0	205
Brewed	Cold Brew	Venti	N/A	20	4		0.04	0	0	16	0	0	0	1	250
Brewed	Cold Brewed Coffee	Tall	N/A	12	0	0	0	0	0	10	0	0	0	0	150
Brewed	Cold Brewed Coffee	Grande	N/A	16	5	0	0	0	0	15	0	0	0	0	200
Brewed	Cold Brewed Coffee	Venti	N/A	20	5	0	0	0	0	20	0	0	0	0	300
Brewed	Cold Brewed Coffee + Classic Syrup	Tall	N/A	12	60	0	0	0	0	10	15	0	15	0	95
Brewed	Cold Brewed Coffee + Classic Syrup	Grande	N/A	16	80	0	0	0	0	15	20	0	20	0	165
Brewed	Cold Brewed Coffee + Classic Syrup	Venti	N/A	20	120	0	0	0	0	20	30	0	30	0	240
Brewed	Cold Brewed Coffee W/ Milk	Tall	0.02	12	25	10	1	0.5	0	30	2	0	2	2	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Almond	12	10	5	0.5	0	0	25	1	0	1	0	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Coconut	12	15	10	1	1	0	25	1	0	1	0	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Nonfat	12	15	0	0	0	0	25	2	0	2	2	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Soy	12	20	5	0.5	0	0	20	2	0	2	1	150
Brewed	Cold Brewed Coffee W/ Milk	Tall	Whole	12	30	10	1.5	1	0	25	2	0	2	1	150
Brewed	Cold Brewed Coffee W/ Milk	Grande	0.02	16	35	10	1	0.5	0	40	3	0	3	2	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Almond	16	15	10	1	0	0	35	1	0	1	1	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Coconut	16	25	10	1.5	1	0	35	2	0	2	0	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Nonfat	16	25	0	0	0	0	35	3	0	3	2	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Soy	16	30	10	1	0	0	30	3	0	3	2	200
Brewed	Cold Brewed Coffee W/ Milk	Grande	Whole	16	40	20	2	1	0	35	3	0	3	2	200
Brewed	Cold Brewed Coffee W/ Milk	Venti	0.02	20	50	20	2	1.5	0	65	5	0	5	4	300



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Brewed	Cold Brewed Coffee W/ Milk	Venti	Almond	20	30	15	1.5	0	0	55	2	0	1	1	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Coconut	20	35	20	2	2	0	55	3	0	3	0	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Nonfat	20	40	0	0	0	0	60	5	0	5	4	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Soy	20	50	15	1.5	0	0	50	6	0	5	3	300
Brewed	Cold Brewed Coffee W/ Milk	Venti	Whole	20	70	30	3.5	2	0	60	5	0	5	3	300
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	0.02	12	80	10	1	0.5	0	25	17	0	17	1	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Almond	12	70	5	0.5	0	0	25	16	0	15	0	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Coconut	12	70	10	1	1	0	25	16	0	16	0	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Nonfat	12	80	0	0	0	0	25	17	0	17	2	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Soy	12	80	5	0.5	0	0	20	17	0	17	1	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Tall	Whole	12	90	10	1.5	1	0	25	17	0	17	1	95
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	0.02	16	110	10	1	0.5	0	40	23	0	23	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Almond	16	100	10	1	0	0	35	21	0	20	0	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Coconut	16	100	10	1.5	1	0	35	22	0	21	0	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Nonfat	16	100	0	0	0	0	35	23	0	23	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Soy	16	110	10	1	0	0	30	23	0	22	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Grande	Whole	16	120	20	2	1	0	35	23	0	23	2	165
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	0.02	20	170	20	2	1.5	0	60	35	0	34	3	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Almond	20	150	15	1.5	0	0	55	32	0	31	1	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Coconut	20	160	20	2	2	0	55	33	0	33	0	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Nonfat	20	160	0	0	0	0	55	35	0	34	4	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Soy	20	170	15	1.5	0	0	50	35	0	34	3	240
Brewed	Cold Brewed Coffee W/ Milk + Classic Syrup	Venti	Whole	20	180	30	3.5	2	0	60	35	0	34	3	240
Brewed	Dark Roast Brewed Coffee Traveler	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	130
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	130
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Tall	N/A	12	5	0	0	0	0	10	0	0	0	0	195
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Grande	N/A	16	5	0	0	0	0	10	0	0	0	1	260
Brewed	Dark Roast Brewed Coffee/Bold Pick Of The Day	Venti	N/A	20	5	0	0	0	0	10	0	0	0	1	340
Brewed	Decaf Clover® Brewed Coffee	Short	N/A	8	10	0	0	0	0	5	0	0	0	0	15
Brewed	Decaf Clover® Brewed Coffee	Tall	N/A	12	10	0	0	0	0	10	0	0	0	0	20
Brewed	Decaf Clover® Brewed Coffee	Grande	N/A	16	10	0	0	0	0	10	0	0	0	1	25
Brewed	Decaf Clover® Brewed Coffee	Venti	N/A	20	10	0	0	0	0	10	0	0	0	1	30
Brewed	Decaf Pike Place® Roast Brewed Coffee	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	15
Brewed	Decaf Pike Place® Roast Brewed Coffee	Tall	N/A	12	5	0	0	0	0	5	0	0	0	0	20
Brewed	Decaf Pike Place® Roast Brewed Coffee	Grande	N/A	16	5	0	0	0	0	10	0	0	0	1	25
Brewed	Decaf Pike Place® Roast Brewed Coffee	Venti	N/A	20	5	0	0	0	0	10	0	0	0	1	30
Brewed	Decaf Pike Place® Roast Brewed Coffee Traveler	Short	N/A	8	5	0	0	0	0	10	0	0	0	1	15
Brewed	Iced Coffee Sweetened	Tall	N/A	12	60	0	0	0	0	10	15	0	15	0	120
Brewed	Iced Coffee Unsweetened	Tall	N/A	12	0	0	0	0	0	0	0	0	0	0	140
Brewed	Iced Coffee Sweetened	Grande	N/A	16	80	0	0	0	0	10	20	0	20	0	165
Brewed	Iced Coffee Unsweetened	Grande	N/A	16	5	0	0	0	0	5	0	0	0	0	190
Brewed	Iced Coffee Sweetened	Venti	N/A	20	120	0	0	0	0	15	30	0	30	0	235
Brewed	Iced Coffee Unsweetened	Venti	N/A	20	5	0	0	0	0	10	0	0	0	0	275
Brewed	Iced Coffee With Milk Sweetened	Tall	0.02	12	80	10	1	0.5	0	30	17	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	0.02	12	25	10	1	0	0	25	2	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Almond	12	70	5	1	0	0	30	16	0	15	0	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Almond	12	15	5	1	0	0	30	1	0	1	0	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Coconut	12	80	10	1	1	0	25	17	0	16	0	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Coconut	12	20	10	1	1	0	20	2	0	2	0	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Nonfat	12	80	0	0	0	0	30	17	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Nonfat	12	20	0	0	0	0	25	2	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Soy	12	90	5	1	0	0	25	18	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Soy	12	25	5	1	0	0	20	3	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Tall	Whole	12	90	15	1.5	1	0	30	17	0	17	2	90
Brewed	Iced Coffee With Milk Unsweetened	Tall	Whole	12	30	15	1.5	1	0	25	2	0	2	2	110
Brewed	Iced Coffee With Milk Sweetened	Grande	0.02	16	110	10	1.5	1	0	40	23	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	0.02	16	35	10	1.5	0.5	0	35	3	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Almond	16	100	10	1	0	0	35	21	0	21	1	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Almond	16	20	10	1	0	0	40	1	0	1	1	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Coconut	16	100	15	1.5	1.5	0	35	22	0	22	0	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Coconut	16	25	15	1.5	1.5	0	30	2	0	2	0	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Nonfat	16	100	0	0	0	0	35	23	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Nonfat	16	25	0	0	0	0	30	3	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Soy	16	110	10	1	0	0	35	24	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Soy	16	35	10	1	0	0	30	4	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Grande	Whole	16	120	20	2	1	0	35	23	0	23	2	125
Brewed	Iced Coffee With Milk Unsweetened	Grande	Whole	16	40	20	2	1	0	30	3	0	3	2	150
Brewed	Iced Coffee With Milk Sweetened	Venti	0.02	20	170	20	2	1.5	0	65	35	0	35	4	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	0.02	20	60	20	2	1	0	55	5	0	5	4	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Almond	20	150	15	1.5	0	0	60	32	0	31	1	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Almond	20	30	15	1.5	0	0	60	2	0	1	1	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Coconut	20	160	20	2.5	2	0	55	33	0	33	1	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Coconut	20	40	20	2.5	2	0	45	3	0	3	1	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Nonfat	20	160	0	0	0	0	60	35	0	35	4	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Nonfat	20	40	0	0	0	0	50	5	0	5	4	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Soy	20	180	15	1.5	0	0	55	36	0	35	3	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Soy	20	60	15	1.5	0	0	45	7	0	5	3	205
Brewed	Iced Coffee With Milk Sweetened	Venti	Whole	20	190	30	3.5	2	0	60	35	0	35	4	170
Brewed	Iced Coffee With Milk Unsweetened	Venti	Whole	20	70	30	3.5	2	0	50	5	0	5	4	205
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed Coffee	Short	N/A	8	5	0	0	0	0	5	0	0	0	0	155
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed Coffee	Tall	N/A	12	5	0	0	0	0	10	0	0	0	0	235
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed Coffee	Grande	N/A	16	5	0	0	0	0	10	0	0	0	1	310



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed Coffee	Venti	N/A	20	5	0	0	0	0	10	0	0	0	1	410
Brewed	Medium Roast Brewed Coffee/Pike Place® Roast Brewed Coffee Traveler	Short	N/A	8	5	0	0	0	0	10	0	0	0	1	155
Brewed	Nitro Cold Brewed Coffee	Tall	N/A	12	5	0	0	0	0	10	0	0	0	0	245
Brewed	Nitro Cold Brewed Coffee	Grande	N/A	16	5	0	0	0	0	10	0	0	0	0	335
Brewed	Nitro Cold Brewed Coffee	Venti	N/A	20	10	0	0	0	0	15	0	0	0	0	470
Brewed	Vanilla Sweet Cream Cold Brew	Tall	N/A	12	100		5.45	3.47	0	18	12	0	12	1	140
Brewed	Vanilla Sweet Cream Cold Brew	Tall	N/A	12	100	50	6	3.5	0	20	12	0	12	1	140
Brewed	Vanilla Sweet Cream Cold Brew	Grande	N/A	16	111		5.46	3.47	0	22	14	0	14	1	185
Brewed	Vanilla Sweet Cream Cold Brew	Grande	N/A	16	110	50	6	3.5	0	25	14	0	14	1	185
Brewed	Vanilla Sweet Cream Cold Brew	Venti	N/A	20	190		10.9	6.94	0	34	21	0	21	2	225
Brewed	Vanilla Sweet Cream Cold Brew	Venti	N/A	20	200	100	11	7	0	40	24	0	24	1	275
Other	Hot Chocolate	Short	0.02	8	230	90	10	6	0	85	28	2	24	7	15
Other	Hot Chocolate	Short	Almond	8	190	80	9	4	0	80	24	3	19	3	15
Other	Hot Chocolate	Short	Coconut	8	200	90	10	8	0	75	26	2	22	2	15
Other	Hot Chocolate	Short	Nonfat	8	200	60	6	4	0	95	29	2	24	8	15
Other	Hot Chocolate	Short	Soy	8	230	80	9	4.5	0	95	30	3	25	6	15
Other	Hot Chocolate	Short	Whole	8	250	110	12	7	0	80	28	2	24	7	15
Other	Hot Chocolate	Tall	0.02	12	320	120	13	8	0	130	39	3	34	11	20
Other	Hot Chocolate	Tall	Almond	12	250	110	12	5	0	125	33	4	26	4	20
Other	Hot Chocolate	Tall	Coconut	12	280	120	14	10	0	115	36	3	31	3	20
Other	Hot Chocolate	Tall	Nonfat	12	280	70	8	5	0	115	40	3	34	11	20
Other	Hot Chocolate	Tall	Soy	12	320	110	12	5	0	100	43	4	34	9	20
Other	Hot Chocolate	Tall	Whole	12	350	150	16	10	0	120	39	3	34	11	20
Other	Hot Chocolate	Grande	0.02	16	400	150	16	10	0	170	50	4	43	14	25
Other	Hot Chocolate	Grande	Almond	16	320	140	15	6	0	160	41	6	32	5	25
Other	Hot Chocolate	Grande	Coconut	16	350	150	17	13	0	150	46	4	38	4	25
Other	Hot Chocolate	Grande	Nonfat	16	350	90	10	6	0	150	51	4	43	15	25
Other	Hot Chocolate	Grande	Soy	16	400	130	15	7	0	130	54	5	44	12	25
Other	Hot Chocolate	Grande	Whole	16	440	180	20	12	0	150	50	4	43	14	25
Other	Hot Chocolate	Venti	0.02	20	500	170	19	12	0	210	66	5	57	18	35
Other	Hot Chocolate	Venti	Almond	20	390	160	17	7	0	200	54	7	43	7	35
Other	Hot Chocolate	Venti	Coconut	20	430	180	20	15	0	190	60	5	51	5	35
Other	Hot Chocolate	Venti	Nonfat	20	430	90	10	6	0	190	66	5	58	18	35
Other	Hot Chocolate	Venti	Soy	20	500	150	17	7	0	170	71	7	58	15	35
Other	Hot Chocolate	Venti	Whole	20	550	220	24	14	0	190	66	5	57	17	35
Other	Lemonade	Tall	N/A	12	80	0	0	0	0	0	21	0	21	0	0
Other	Lemonade	Grande	N/A	16	110	0	0	0	0	0	29	0	29	0	0
Other	Lemonade	Venti	N/A	20	150	0	0	0	0	0	41	0	41	0	0
Other	Milk	Tall	0.02	12	200	70	8	4	0	190	19	0	19	13	0
Other	Milk	Tall	Almond	12	100	60	7	0.5	0	170	8	2	6	2	0
Other	Milk	Tall	Coconut	12	130	80	9	8	0	160	13	0	13	1	0
Other	Milk	Tall	Nonfat	12	140	5	0	0	0	170	20	0	20	14	0
Other	Milk	Tall	Soy	12	210	60	6	1	0	150	26	2	21	11	0
Other	Milk	Tall	Whole	12	240	120	13	7	0	170	19	0	19	13	0
Other	Milk	Grande	0.02	16	260	90	10	5	0	250	25	0	25	17	0
Other	Milk	Grande	Almond	16	130	80	9	0.5	0	230	11	2	7	3	0
Other	Milk	Grande	Coconut	16	180	100	11	11	0	210	18	0	17	1	0
Other	Milk	Grande	Nonfat	16	180	5	0	0	0	220	26	0	26	18	0
Other	Milk	Grande	Soy	16	270	80	8	1	0	200	34	2	27	15	0
Other	Milk	Grande	Whole	16	320	150	17	10	0	230	25	0	25	17	0
Other	Milk	Venti	0.02	20	370	130	15	7	0	350	36	0	36	24	0
Other	Milk	Venti	Almond	20	180	110	12	1	0	320	15	3	10	5	0
Other	Milk	Venti	Coconut	20	250	140	16	15	0	290	25	0	23	2	0
Other	Milk	Venti	Nonfat	20	250	5	0.5	0	0	310	37	0	37	25	0
Other	Milk	Venti	Soy	20	380	110	12	1.5	0	280	47	3	38	21	0
Other	Milk	Venti	Whole	20	450	220	24	14	0	320	36	0	36	23	0
Other	Steamed Milk	Short	0.02	8	100	35	4	2	0	95	10	0	10	7	0
Other	Steamed Milk	Short	Almond	8	50	30	3.5	0%	0	95	4	1	3	1	0
Other	Steamed Milk	Short	Coconut	8	70	45	5	4.5	0	85	7	0	7	0	0
Other	Steamed Milk	Short	Nonfat	8	70	0	0	0	0	85	10	0	10	7	0
Other	Steamed Milk	Short	Soy	8	100	30	3	0	0	75	12	1	10	5	0
Other	Steamed Milk	Short	Whole	8	120	60	7	4	0	90	10	0	10	6	0
Other	Steamed Milk	Tall	0.02	12	160	60	6	3	0	150	15	0	15	10	0
Other	Steamed Milk	Tall	Almond	12	80	50	5	0	0	140	7	1	5	2	0
Other	Steamed Milk	Tall	Coconut	12	110	60	7	7	0	130	11	0	11	1	0
Other	Steamed Milk	Tall	Nonfat	12	110	0	0	0	0	130	15	0	15	10	0
Other	Steamed Milk	Tall	Soy	12	150	40	4.5	0.5	0	110	19	1	15	8	0
Other	Steamed Milk	Tall	Whole	12	190	90	10	6	0	135	15	0	15	10	0
Other	Steamed Milk	Grande	0.02	16	200	70	8	4	0	190	19	0	19	13	0
Other	Steamed Milk	Grande	Almond	16	100	60	7	0.5	0	190	9	2	6	3	0
Other	Steamed Milk	Grande	Coconut	16	150	80	9	9	0	170	15	0	14	1	0
Other	Steamed Milk	Grande	Nonfat	16	140	5	0	0	0	170	20	0	20	14	0
Other	Steamed Milk	Grande	Soy	16	200	60	6	1	0	150	25	2	20	11	0
Other	Steamed Milk	Grande	Whole	16	250	120	13	8	0	170	19	0	19	13	0
Other	Steamed Milk	Venti	0.02	20	260	90	10	5	0	240	25	0	25	17	0
Other	Steamed Milk	Venti	Almond	20	130	80	9	0.5	0	240	11	2	8	3	0
Other	Steamed Milk	Venti	Coconut	20	180	110	12	11	0	220	18	0	17	1	0
Other	Steamed Milk	Venti	Nonfat	20	170	5	0	0	0	220	25	0	25	17	0
Other	Steamed Milk	Venti	Soy	20	250	70	8	1	0	190	31	2	25	14	0
Other	Steamed Milk	Venti	Whole	20	310	150	17	10	0	220	25	0	25	16	0
Other	Vanilla Steamer	Short	0.02	8	130	35	4	2	0	90	19	0	19	6	0
Other	Vanilla Steamer	Short	Almond	8	50	30	3.5	0	0	95	4	1	3	1	0



Category	Product	Size	Milk	Serving Size (fl oz)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Caffeine (mg)
Other	Vanilla Steamer	Short	Coconut	8	110	40	4.5	4	0	80	16	0	16	0	0
Other	Vanilla Steamer	Short	Nonfat	8	100	0	0	0	0	80	19	0	19	6	0
Other	Vanilla Steamer	Short	Soy	8	130	25	3	0	0	70	21	1	19	5	0
Other	Vanilla Steamer	Short	Whole	8	150	60	6	3.5	0	80	19	0	19	6	0
Other	Vanilla Steamer	Tall	0.02	12	200	50	6	3	0	135	28	0	28	10	0
Other	Vanilla Steamer	Tall	Almond	12	80	50	5	0	0	140	7	1	5	2	0
Other	Vanilla Steamer	Tall	Coconut	12	160	60	7	6	0	125	25	0	24	1	0
Other	Vanilla Steamer	Tall	Nonfat	12	160	0	0	0	0	120	29	0	29	10	0
Other	Vanilla Steamer	Tall	Soy	12	200	40	4.5	0.5	0	105	32	1	29	8	0
Other	Vanilla Steamer	Tall	Whole	12	230	90	9	5	0	125	28	0	28	9	0
Other	Vanilla Steamer	Grande	0.02	16	270	70	7	4	0	180	37	0	37	12	0
Other	Vanilla Steamer	Grande	Almond	16	100	60	7	0.5	0	190	9	2	6	3	0
Other	Vanilla Steamer	Grande	Coconut	16	210	80	9	8	0	160	32	0	32	1	0
Other	Vanilla Steamer	Grande	Nonfat	16	200	5	0	0	0	160	38	0	38	13	0
Other	Vanilla Steamer	Grande	Soy	16	260	50	6	0.5	0	135	42	1	38	10	0
Other	Vanilla Steamer	Grande	Whole	16	310	110	12	7	0	160	37	0	37	12	0
Other	Vanilla Steamer	Venti	0.02	20	340	90	10	5	0	230	47	0	47	16	0
Other	Vanilla Steamer	Venti	Almond	20	130	80	9	0.5	0	240	11	2	8	3	0
Other	Vanilla Steamer	Venti	Coconut	20	270	100	11	11	0	200	41	0	40	1	0
Other	Vanilla Steamer	Venti	Nonfat	20	260	5	0	0	0	200	48	0	47	16	0
Other	Vanilla Steamer	Venti	Soy	20	330	70	7	1	0	170	53	2	47	13	0
Other	Vanilla Steamer	Venti	Whole	20	390	140	16	9	0	210	47	0	47	15	0
Other	White Hot Chocolate	Short	0.02	8	260	100	11	7	0	140	32	0	31	8	0
Other	White Hot Chocolate	Short	0.02	8	240	100	11	7	0	135	28	0	28	8	0
Other	White Hot Chocolate	Short	Almond	8	210	100	11	6	0	135	27	1	26	3	0
Other	White Hot Chocolate	Short	Coconut	8	230	110	12	9	0	130	30	0	29	3	0
Other	White Hot Chocolate	Short	Coconut	8	210	100	11	9	0	125	26	0	25	2	0
Other	White Hot Chocolate	Short	Nonfat	8	230	70	8	6	0	130	32	0	32	8	0
Other	White Hot Chocolate	Short	Nonfat	8	210	70	8	5	0	125	28	0	28	8	0
Other	White Hot Chocolate	Short	Soy	8	260	90	11	6	0	120	34	1	32	7	0
Other	White Hot Chocolate	Short	Soy	8	240	90	10	5	0	115	30	1	28	7	0
Other	White Hot Chocolate	Short	Whole	8	280	120	14	9	0	130	32	0	31	8	0
Other	White Hot Chocolate	Short	Whole	8	260	120	13	8	0	125	28	0	28	7	0
Other	White Hot Chocolate	Tall	0.02	12	370	140	16	10	0	210	48	0	47	12	0
Other	White Hot Chocolate	Tall	0.02	12	340	130	15	10	0	200	42	0	42	12	0
Other	White Hot Chocolate	Tall	Almond	12	310	130	15	8	0	210	40	1	39	5	0
Other	White Hot Chocolate	Tall	Coconut	12	330	150	16	13	0	190	44	0	43	4	0
Other	White Hot Chocolate	Tall	Coconut	12	300	140	16	12	0	190	38	0	38	3	0
Other	White Hot Chocolate	Tall	Nonfat	12	330	90	11	7	0	200	48	0	47	12	0
Other	White Hot Chocolate	Tall	Nonfat	12	300	90	10	7	0	190	42	0	42	12	0
Other	White Hot Chocolate	Tall	Soy	12	370	130	14	8	0	180	51	1	47	10	0
Other	White Hot Chocolate	Tall	Soy	12	340	120	14	7	0	170	46	1	42	10	0
Other	White Hot Chocolate	Tall	Whole	12	400	170	19	12	0	200	48	0	47	11	0
Other	White Hot Chocolate	Tall	Whole	12	370	160	18	12	0	190	42	0	42	11	0
Other	White Hot Chocolate	Grande	0.02	16	480	180	19	12	0	270	63	0	62	15	0
Other	White Hot Chocolate	Grande	0.02	16	440	170	19	12	0	260	55	0	55	15	0
Other	White Hot Chocolate	Grande	Almond	16	400	170	18	9	0	270	53	2	51	6	0
Other	White Hot Chocolate	Grande	Coconut	16	430	180	20	16	0	250	58	0	57	5	0
Other	White Hot Chocolate	Grande	Coconut	16	390	180	20	16	0	240	51	0	50	4	0
Other	White Hot Chocolate	Grande	Nonfat	16	430	120	13	9	0	260	63	0	62	16	0
Other	White Hot Chocolate	Grande	Nonfat	16	390	110	12	8	0	250	56	0	56	15	0
Other	White Hot Chocolate	Grande	Soy	16	480	160	18	10	0	240	67	1	63	13	0
Other	White Hot Chocolate	Grande	Soy	16	440	150	17	9	0	230	60	1	56	13	0
Other	White Hot Chocolate	Grande	Whole	16	520	210	24	15	0	260	63	0	62	15	0
Other	White Hot Chocolate	Grande	Whole	16	480	210	23	15	0	250	55	0	55	15	0
Other	White Hot Chocolate	Venti	0.02	20	590	210	23	15	0	350	78	0	78	20	0
Other	White Hot Chocolate	Venti	0.02	20	540	190	22	15	0	330	69	0	69	19	0
Other	White Hot Chocolate	Venti	Almond	20	480	190	21	11	0	340	67	2	64	8	0
Other	White Hot Chocolate	Venti	Coconut	20	520	220	24	20	0	320	73	0	71	6	0
Other	White Hot Chocolate	Venti	Coconut	20	470	210	23	19	0	310	63	0	62	5	0
Other	White Hot Chocolate	Venti	Nonfat	20	520	130	14	10	0	320	79	0	78	20	0
Other	White Hot Chocolate	Venti	Nonfat	20	470	120	13	9	0	310	70	0	70	20	0
Other	White Hot Chocolate	Venti	Soy	20	590	190	21	11	0	300	84	2	78	17	0
Other	White Hot Chocolate	Venti	Soy	20	540	180	20	10	0	280	75	2	70	16	0
Other	White Hot Chocolate	Venti	Whole	20	640	260	28	18	0	330	78	0	78	19	0
Other	White Hot Chocolate	Venti	Whole	20	590	250	27	17	0	310	69	0	69	19	0